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Editor's Letter



Power is often defined as the capacity to influence the behaviour of others, or course of events. We thought it a rather fitting theme for this issue, as the machinations of power, and the people who possess it, have acutely consumed our political, social and cultural conscience this year.

Now, I'm with Plato when he wrote that, 'the measure of a man is what he does with power.' Sadly, I'm thinking this quote-spiration didn't show up in Tony Abbott's Twitter feed back in January when he made the captain's call to anoint Prince Philip a knighthood, under a newly-reinstated honours system meant to bestow the highest recognition of the nation. Following the announcement, social media erupted with outrage. And a lot of the vitriol came from within Abbott's own party, described as "total craziness", "pathetically stupid", and a "joke and

embarrassment".
Mainstream media also went crazy.
The Guardian offered a succinct analysis of the situation, saying what most were

thinking. To paraphrase, 'Australia Day was supposed to be an easy day for the Prime Minister, a day on which he needed to earn brownie points with Australians after a series of terrible poll results.'

How could he a) undo the good of announcing domestic violence campaigner Rosie Batty as Australian of the Year the previous evening b) award the old Prince who's as gaffe prone as Abbott – same royal who in 2002 asked an Indigenous Australian if they still threw spears, and c) be so totally out of touch with the Australian people?

I'm pretty sure Abbott's chief of staff, Peta Credlin, would have instant messaged him in bold-caps that morning. Something like, 'TONY WTF?' Even she, for so long criticised for wielding too much power within his office, was left powerless, claiming she was none-the-wiser on the knighthood fiasco. It's fair to say Australia was in the midst of its own *House of Cards* episode. And over the next week, the ire, exasperation and ill feelings towards the PM from his backbench became apparent – Prince Philip's appointment the catalyst to put a leadership spill motion into play. But where was our Frank Underwood?

I must admit the weekend of February 7/8 was better than any Netflix marathon session, as digital news sites ran rolling blogs on the impending spill and the potential toppling of Abbott's position of power. I spent much of Sunday afternoon in front of my laptop, index finger firmly positioned on the refresh button.

Though neither officially put their hand up to challenge, Julie Bishop and Malcolm Turnbull were popular in the polls and likely contenders in the event of a



MALCOLM TURNBULL AND TONY ABBOTT IN PARLIAMENT.



inside



THE POWER ISSUE: ALAN JONES, MARK BOURIS AND RICHARD BRANSON. successful motion. Bishop, in her wonderful way, kept everything tight-lipped. With her, the walking emoji, we were left to decipher her intentions by the raise of an eyebrow or the purse of her lips. After all, as deputy leader, she was obliged to support the Prime Minister through this.

So it was over to Turnbull, who for the most part was stalked by media that weekend, be it outside his house when trying to go for a morning stroll with wife Lucy, on social media, or when entering a Liberal party fundraising event. The closest Turnbull came to an affirmation of a potential power play was this statement made in the dusk of that memorable Sunday: "If for whatever reason the leadership of a political party is vacant then anyone, any member of the party

can stand, whether they be a minister or a backbencher, without any disloyalty to the person whose leadership has been declared vacant."

A careful choice of words that really said, "Tone, mate, if the spill goes through, can you blame me?"

A further 'captain's call' saw the spill motion brought forward to the Monday morning, either an indication the numbers were still firmly on Abbott's side or that they were quickly rising against him. Of that we won't know for sure, but a result of 61 to 39 indicated that this power story is definitely not over.

Following our (OK, my) obsession with the story, we tracked down Malcolm Turnbull this month to get our own measure of the man who many are hailing as Australia's next Prime Minister.

We sent our intrepid journalist Angus Fontaine to follow the communications minister as he attended to his civil duties. and to set the record straight on those lingering questions. Would he have put his hand up for the top job if the spill had been successful? And more importantly, does he want to be the next PM? Find out the answers, and a whole lot more, on p140.

Other powerful surprises abound in this issue. Broadcaster Alan Jones allows guest 'GQ&A' interviewer Karl Stefanovic into his Sydney Harbour apartment, to scratch the surface of this powerful voice in Australian media (p68). (And I think we even get an apology to Julia Gillard.) GQ staffer Mike Christensen takes you on a ride at the Monaco Grand Prix (p154) and in a special edition of GQInc, we round up the most powerful men in the world (p191), uncovering their secrets to success and the lessons to take from them in climbing the ladder of power yourself.

So enjoy, and see you next issue.



"IT'S FAIR TO SAY AUSTRALIA WAS IN THE MIDST OF ITS OWN HOUSE OF CARDS EPISODE."



POWERFUL Thank goodness that with the passing of time, things get better. This year St Vincent's Hospital in Sydney commemorates 30 years of treating HIV/AIDS. In the mid-1980s the hospital set up Ward 17 South, the first dedicated HIV/AIDS unit in Australia, which not only became the healthcare epicentre for the virus in this country but, through its compassionate response, helped breakdown the associated stigma and led the way in HIV screening, treatment and prevention. Thankfully, there's no

longer a need for Ward 17 South to exist and HIV can be managed for thousands of Australians. Our story on p166 attests to that. You can help St Vincent's HIV prevention and research by donating to the HIV Future Fund. Your support will help fund rapid HIV testing for those at risk, provide antiretroviral treatments for those who are not eligible for Medicare, as well as deliver screening services for older Australians living with HIV. To donate, visit supportstvincents. com.au or call 1800 800 595.







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Charlie Pickering i Carrie Picke

or the 'Power' issue, I've been thinking about the uncomfortable relationship power has with truth. A lot of what gets said by powerful people reminds me of this.

You see, I once had an enlightening conversation with Noel Gallagher. I asked how he managed to keep a straight face when he claimed Oasis was the greatest band the world had ever known. He said while it was, "demonstrably not the case, if you say it enough times maybe half the world will believe it. And if half the world believes it, it could well become true."

This kind of self-manifesting fabrication is all well and good when the stakes are those of rock'n'roll. When all that's on the line are record sales and concert tickets, some level of nonsense is acceptable. But when the stakes are the futures of nations, global health, our very existence and other annoying grown-up concerns, then accuracy becomes significantly more important.

Despite that (or probably because of it), it's in these realms where facts can be even harder to come by. And it seems once power becomes the top priority, accuracy falls by the wayside. Some call this the 'post-truth' world, where provided you never admit defeat, you can get by just pretending you're right.

An example is the dispute around climate change. (Don't worry, I'm not going to start debating carbon pricing.) Ninety seven per cent of scientists believe in human-made climate change. Yet there is still a vocal and

powerful contingent that ignores it – and their active avoidance of reliable evidence is increasingly bizarre. Where once they used to say the science was wrong, they now

say, 'I'm not a scientist. So I'll just leave it to the scientists.' And then promptly ignore the scientists. The infuriating thing is that to admit the facts needn't affect a policy position. A person in power can acknowledge and accept the science of climate change without supporting any particular strategy for solving it.

The problem is that to admit error might erode one's power-base. And if that happens, some of these people might have to go and get a real job.

Another area is health. Though it's clear no link exists between vaccination and neurodevelopmental disorders, some people still peddle it as truth. As long as they do, some will believe it. And when those who remain unconvinced, either way, go looking on the internet for answers, there exists a huge number of official-looking sites repeating the spurious information. And that leads to outbreaks of preventable diseases, just because someone wouldn't accept they're wrong.

Part of the issue is what's known as 'confirmation bias' – a concept of cognitive science where we're predisposed to seek out information that supports our preconceptions. Think of who we follow on Twitter

or like on Facebook. It's often people or publications that share similar ideals, which basically reassure us of what we already know.

Ultimately, some things are true and some things aren't. And we shouldn't be suffering consequences for the things that are false. American author Mark Twain put it best when he said, "It's not what we don't know that gets us into trouble, but the things we know for sure that just ain't so."

As with so many things in life, Google may have the answer – currently building the largest store of data in human history. Called the 'Knowledge Vault', it's a collection of verifiable information compiled automatically using an algorithm. It cross-references statements with a number of reliable sources and determines their veracity. To date, it has stored 1.6 billion facts, with 271 million rated as 'confident'.

Where the Knowledge Vault gets controversial is that Google is looking at using it to rank search results. At the moment, results are ordered depending on popularity (and payment). In the future, this could be done based on how true the

statements are on the site. So when you search for something, it would be harder to find misinformation. For example, googling Lady Gaga will no longer return rumours that she is a hermaphrodite. Which she isn't. (I googled it.)

It's telling that when Google floated the idea, there were some immediate, angry and hilarious responses from climate-change skeptics. One went on Fox News and declared, "let the public decide what's the truth." And just for that extra whiff, added, "Are you going to believe a machine?"

It depends. What's in it for the machine to lie? \blacksquare

CHARLIE LOVES



ALL THE PRESIDENT'S MEN

THESE DAYS,

ANY HALF-**SCANDALIS** LABELLED WITH THE SUFFIX 'GATE'. THIS IS ALL THANKS TO WATERGATE, THE BIGGEST SCANDAL IN HISTORY. ROBERT **REDFORD** AND DUSTIN HOFFMAN STAR IN THIS FILM THAT TELLS THE COMPLICATED STORY. ALREADY A LOT TO LOVE, ADD THE FACT IN THE '70s, WHEN MOVIES WERE CLEARLY **BETTER THAN EVER BEFORE,** AND YOU HAVE **AN ABSOLUTE** CLASSIC.

ONCE POWER BECOMES THE TOP PRIORITY, ACCURACY FALLS BY THE WAYSIDE.



BURBERRY





contributors







GEMMA

Think sex toys are the enemy? Think again. Turn to p204 for Askham's take on why they're here to help boost your repertoire in the bedroom.

WHAT'S ONE THING MEN **SHOULD KNOW ABOUT SEX?**

Don't overthink performance. Women aren't expecting seven positions, a penis the size of a root vegetable or for you to last an hour. We just want someone attentive and into it - and us

WHAT ARE YOUR VIEWS ON SEXTING?

Never go straight in with the money shot. It's sexier - and there's more chance of a woman being aroused, not horrified - if you start with semiclothed shots and go from there.

ANY OTHER DATING TIPS?

Take the initiative. No woman has time for five texts umming about where to go and what to do. It's incredibly sexy when you agree to see each other and the guy has the confidence to say, 'Great, let's meet here, at this time, and do this.'

ONLINE PORN. THOUGHTS?

As long as it doesn't impact on a relationship, I don't consider a man watching it any different to a woman using a sex toy - both are about the end goal, not the mechanism involved. But it should show a variety of sex acts and body shapes, and be accompanied by decent sex education for young people.

SCOTT

PERSONAL TRAINER

"It's was a picture-perfect day," says Gooding of our top-secret Champion shoot (p199), which saw a security team fly in from the US to keep an eye on the new Apple Sport Watch. "Obviously it's been hard not to spill the beans but I'm not bad at keeping secrets."

ANY ADVICE FOR KEEPING FIT IN THE COOLER MONTHS?

Buddy up so you're accountable to someone and vice versa. Also, sort everything you need for the morning workout, the night before - lay out your gear, prepare breakfast - to minimise obstacles.

HOW MUCH SHOULD WE BE WORKING OUT?

Everyone's different, but I would suggest aiming for at least three times a week. The level of intensity is more relevant than the time taken - it's possible to see results in four or five minutes, if the intensity is high enough. YOU HAVE A NEW BOOK,

CLEAN LIVING PALEO BASICS. GIVE US ONE KEY TIP.

Health is largely controlled by nutrition. Our modern diet of processed food has been so detrimental to our health and we desperately need to get back in touch with real food. When you're in the supermarket, ask yourself: 'Can I pick, forage or hunt it?' If the answer is no, leave it on the shelf.

JONATHAN

PHOTOGRAPHER

Born in Barcelona and having recently settled in Australia, Cami's work has appeared in Monocle and Inside Out magazines. This issue, Cami shot our Middle-Eastern feast (p82) and cocktails (p85) - which were both thoroughly tested to ensure they were up to par. Because we're professionals.

YOU HAD TO PRACTICALLY HANG FROM THE CEILING TO **GET THE FOOD SHOT, RIGHT?**

Sometimes the best location for the shoot is not the easiest one. I did feel a bit like I was working for Cirque du Soleil instead of GQ.

IMPRESSIVE STUFF, GOT ANY PHOTOGRAPHY POINTERS?

Avoid mixing two different sources of light. For example, if you are close to a window, always shut down any of the artificial light which may be close to the subject.

WHAT DO PEOPLE NEED TO GET STARTED IN PHOTOGRAPHY?

A good eye. With current technology, even a smartphone is decent enough to express what's behind your eyes.

WHO ARE SOME OF YOUR **PHOTOGRAPHY HEROES?**

Henri Cartier-Bresson, Robert Capa and David Seymour - the founders of Magnum Photos. They changed the rules and let our parents and grandparents see the world.



MARKET EDITOR

Since joining GQ as an intern three years ago, Fagg has risen through the ranks and is the reason our Outfitter section (p95) is looking so stylish. Nice job.

WHAT DID YOU MOST **ENJOY WORKING ON** THIS ISSUE?

It has to be my first full Outfitter. I loved the whole process - from coming up with the concepts, to styling and then seeing the final product on page.

WHAT WOULD YOU SAY TO ANYONE WHO WANTS TO FOLLOW IN YOUR **FOOTSTEPS?**

As clichéd as it sounds, hard work pays off. Internships are a great way to learn the ropes and get a foot in the door. Be a sponge and soak up everything.

WHAT'S THE BEST STYLING ADVICE YOU'VE **EVER BEEN GIVEN?**

Step back and take in the full look. You may have a killer outfit but if it doesn't tell the story or give the right message to the reader, it's not going to work. You have to be ruthless.

WHO ARE SOME OF YOUR FAVOURITE **DESIGNERS RIGHT NOW?**

I love what Stefano Pilati has brought to Zegna - perfect tailoring, mixed in with some more fluid pieces. Locally, Vanishing Elephant is doing a great job. It knows what Australian men want and without fail, manages to deliver every season.

WHAT WOULD YOU **NEVER BE SEEN DEAD IN?**

Crocs. Enough said.





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feedback

STAR LETTER

Really liked the latest issue. 'HeQ' and 'SheQ' were great as always, but Mr Charlie Pickering is such a fantastic addition to the mag and a perfect fit for GQ. I was also a big fan of 'The Engine Room' with Vince Frost and 'The Glass Closet' feature – openly-gay men earn 10-32 per cent less than straight males in similar roles? That was truly surprising. Besides that, I absolutely loved the 'GQ Generation' piece. You can expect my entry in your next round. ALEX, VIA EMAIL

The Ben Mendelsohn article on making it big in America was fascinating. I knew I knew him from somewhere but couldn't work it out until now. Nice job.

JADE, VIA GQ.COM.AU

It was a power-packed edition, with more premium gems of content than ever - and Outfitter has me pumped for the racetrack!

CHRIS, VIA TWITTER

Never knew what a first-world problem was until I spent 10 minutes deciding which GQ cover to get.

FREYA, VIA TWITTER Yep, it's a cruel world out there, Freya. Stay strong.

Great as always. Jessica Gomes was stunning and I loved the fitness



RACE-DAY FASHION

section. Also I'm a huge Game of Thrones fan, so nice work there! EVAN, VIA GQ.COM.AU

The 'GQ Guide to First Times' was brilliant plenty of great insights and I found this really beneficial, as I'm tackling some of those challenges myself now. More articles on how to make my life journey easier, please. MATT, VIA

GQ.COM.AU

TRENDING ON SOCIAL MEDIA

fitness section this issue. It just happened to come at a time in my life when I needed the inspiration. ALAN, VIA

The Game of Thrones story in the latest edition was really intriguing and the update on the Netflix situation was great to know as well.

CHRIS, VIA GQ.COM.AU

GQ.COM.AU

I'll say it honestly: of all the GQ issues I have ever read, this was without doubt the most recent.

ALASTAIR, VIA GO.COM.AU

Thanks Alastair. You'll be pleased to know our next issue is even more recent. Hard to believe!



BY EMAILING EDITORIAL@GQ.COM.AU, OR VIA FACEBOOK OR TWITTER. FOR A CHANCE TO WIN FACEBOOK OR I WITHER, FOR A CHANCE TO WIN THE ULTIMATE AUDIO KIT FORM SOUND BOFFINS SENNHEISER. WITH ONE SET OF WIRELESS 'MOMENTUM' OVER-EAR HEADPHONES, ONE INEAR 'I-VARIANT' PAIR AND AN 'MX 686G SPORTS' MODEL, ALL UPTHEY'RE WORTH MORE THAN \$1000.

SENNHEISER.COM









VORDS: JAKE MILLAR. PHOTOGRAPHY: HASSE NIELSEN; MAARTEN DE BOER; PAOLA KUDACKI



SAY GOODBYE TO PAPERCUTS WITH GQ's INTERACTIVE iPAD EDITION

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THE FILM

Tom Hardy, Nicholas Hoult, some of the hottest girls on the plane (check p148) and no sign of Mel Gibson - yep, Mad Max is back. Three-and-a-half decades since the original ripped up screens and explored a depraved, apocalyptic world suffering from a lack of oil (and morals), Aussie director George Miller's (Happy Feet) delivers another explosive blockbuster - minus tap-dancing penguins. Mad Max: Fury Road is in cinemas May 14



THE ALBUM

BRIT ELECTRO GANG HOT CHIP IS BACK WITH WHY MAKE SENSE? YOU'LL HAVE TO WAIT FOR THE FULL ALBUM, BUT CAN DOWNLOAD SINGLE **HUARACHE LIGHTS** NOW, SO DO YOUR EARS A FAVOUR. WHYMAKE SENSE? IS OUT **MAY 15**

HE HIT LIST

FIVE MORE REASONS TO LOVE THIS ISSUE.



THE **STATIONERY**

Tom Dixon is at it again. Instead of sitting back and counting his millions (or sleeping) the acclaimed British designer has added this collection to his growing portfolio. Pens, staplers, sticky-tape dispensers and more, just keep it well hidden from that office kleptomaniac. You know who you are. dedece.com

THE SPEAKER

From the country that gave us Mozart and bearded Eurovision champ, Conchita Wurst, comes this fancy piece of wireless kit. Modestly dubbed, "likely the finest 360-degree sound system in the world," the Austrianmade speaker does deliver in the sound stakes. Pop it on this solid oak stand, then relax - and enjoy reminding guests it's not a chair. Pandoretta speaker, approx. \$5100, and solid-oak base, approx. \$2900; poetaudio.com

THE PLAY

ASK WHY AUSSIES DO SO WELL IN HOLLYWOOD AND THE ANSWER TENDS TO BE THEY WORK HARDER. CATE **BLANCHETT DOESN'T NEED TO BE ON STAGE - SHE DOESN'T NEED THE ACCOLADES OR** THE CASH. BUT IF YOU'VE **NEVER SEEN HER TREADING** THE BOARDS, YOU HAVEN'T LIVED. ALSO STARS RICHARD **ROXBURGH - WE RATE HIM TOO. THE PRESENT AUG 4-SEPT 19:** SYDNEYTHEATRE.COM.AU





GEAR

THE JET SET

EVERYONE KNOWS CHECKED LUGGAGE IS A FOOL'S GAME, SO GET YOURSELF A DECENT CARRY-ON CASE – AND FILL IT WITH SOME OF THIS STYLISH KIT.

1. LEATHER 'BLEECKER' **CARRY-ON DOPP** KIT, \$245, by Coach; australia.coach.com 2. STAINLESS STEEL **'TRANSOCEAN** UNITIME PILOT WATCH, \$14,210, by Breitling; breitling.com 3. CANVAS 'MON DAMIER GRAPHITE PASSPORT COVER, \$535, by Louis Vuitton; au.louisvuitton.com 4. 'MOMENTUM 2.0 WIRFLESS HEADPHONES, \$800, by Sennheiser; sennheiser.com 5. '7000 BLACK' **ELECTRIC** TOOTHBRUSH, \$300, by Oral-B; oralb.com.au 6. 'NEW YORK', 'LONDON' AND 'PARIS' CITY GUIDES, \$43 each, by Louis Vuitton; au.louisvuitton.com 7. 'PEN E-PL7' CAMERA, \$849, by Olympus; olympus.com.au 8. STAINLESS STEEL 'SANTOS DE CARTIER' MONEY CLIP, \$415, by Cartier; au.cartier.com 9. 'GALAXY A3' SMARTPHONE, \$449, by Samsung; samsung.com.au 10. LEATHER 'GOMMINI' MOCCASINS, \$655, by Tod's; tods.com 11. GINGER FLIGHT THERAPY, \$31 (10ml), by Aesop; aesop.com 12. 'JET SET' KIT, \$41, by Aesop; aesop.com 13. LEATHER WALLET, \$120, by FEIT; feitdirect.com 14. LEATHER 'UOMO SAFFIANO' TRAVEL WALLET, \$840, by Prada; prada.com 15. 'SPECTRA 2.0' CARRY-ON CASE, \$549, by Victorinox;

WORRY NOT - THESE ALSO COME WITH A CABLE AND CAN BE USED LIKE REGULAR HEADPHONES, FOR WHEN BLUETOOTH IS A NO-GO.

THE DIAL FEATURES
THE WORLD'S 24 TIME
ZONES, SO EVEN IF
FEELING JET-LAGGED,
YOUR WATCH WILL
ALWAYS REMAIN UP
TO SPEED

REMEMBER TO CHARGE IT. CURRENT REGULATIONS MEAN YOU MUST BE ABLE TO TURN ON YOUR PHONE BEFORE FLYING INTO UK OR US AIRPORTS. TRUE.

RESEARCH INDICATES
GINGER ROOT
HELPS RELIEVE MILD
NAUSEA, WHICH
MAKES THIS LITTLE
GUY A MUST FOR
ANYONE WHO
SUFFERS FROM
TRAVEL SICKNESS.





victorinox.com







TIME INSTRUMENTS

NEW BR 03-94 Chronograph \cdot Automatic \cdot 42mm

VIC Bell&Ross Boutique, The Block Arcade, 282 Collins Street, Melbourne | 8th Avenue Watch Co., Emporium Melbourne, 03 9639 6175 | Dean International Duty Free, Footscray, 03 9687 1388 NSW Gregory Jewellers, Sydney, 02 9233 3510 | Gregory Jewellers, Bondi Junction, 02 9389 8822





In 1915, Breitling became one of the first brands to put a chronograph on a wristwatch. It's par for the course these days, but until then, pocket watches were the go.

A century on, the Swiss pioneers are celebrating with a fancy new piece, 'Transocean Chronograph 1915'. But watch lovers need to move fast because there are only – wait for it – 1915 models up for grabs. Best get your skates on. Stainless steel 'Transocean Chronograph 1915' watch, \$12,130, by Breitling: breitling.com



In the great tradition of calling it as he sees it, Brit fashion royalty Sir Paul A SUIT Smith has released his latest creation - A Suit To Travel In. As some of TRAVEL you will have twigged, it's made to be worn on the move, with special creaseresistant, high-twist yarn. It also boasts the usual luxe details you'd expect from Smith, like Italian fabrication and Corozo nut buttons. It comes in black, dark grey and navy, and though unveiled in January at London Collections: Men, it will finally be available in all Paul Smith boutiques and partner stores from next month. Wool 'A Suit To Travel In' suit, \$1320; by Paul Smith; paulsmith.co.uk

TUNES

NEW MUSICAL CRUSHES

A FRIENDLY REMINDER THAT GIRLS ARE KILLING IT IN MUSIC RIGHT NOW. AND WITH CHARLI XCX HEADING TO AUSTRALIA, TIME FOR A LOOK AT THE LATEST TALENT TO CATCH OUR EYE – AND EARS.

CHARLIXCX

Since appearing on 'Fancy' by Iggy Azalea in March last year, the UK songstress opened Katy Perry's European tour, released album Sucker and is now bound for our shores. Catchy tunes 'Boom Clap' and 'Break the Rules' are the reason we'll be lining up for tickets. Sydney Apr 29; Melbourne May 1; Brisbane May 7; charlixcxmusic.com

SNOH AALEGRA

Having worked with uber-producer No ID (Kanye West, Common, Jay Z), the Swedish singer dropped her first EP There Will Be Sunshine last November – and we've been listening to it ever since. Beautiful and talented, she also has one of the best names in the business. Download now. soundcloud.com/snohofficial









EK A TWICS

After her debut album, *LP1*, hit airwaves last August, Twigs (who added 'FKA' due to boring legal troubles) came here for Laneway Festival in February. Hands down, she's music's hottest property and we'd happily marry her, were it not for the fact she's dating Robert Pattinson. Bastard. *fkatwi.qs*

DU BLONDE

Who? That'd be the Geordie singer formerly known as Beth Jeans Houghton, who swapped out that moniker for the follow-up to 2012's Yours Truly, Cellophane Nose. Single 'Black Flag' (nothing to do with Hank Rollins or Joe Cole) is out now, with the album Welcome Back to Milk due May 22. dublonde.co.uk

MAN OF THE MOMENT

COLTON HAYNES

THE YOUNG-GUN AMERICAN ACTOR ON EATING TOO MUCH JUNK, THE ROCK AND WHY GAY MARRIAGE IS EVEN UP FOR DEBATE.

DWAYNE 'THE ROCK' JOHNSON WAS THE SECOND

Colton Haynes has been up all night. Not due to a soiree of shooters nor, as Pharrell chimed, 'to get lucky' - no, the 26-year-old has been working.

"We were filming until 6.30am, so I'm just making my way out of bed," says Haynes, coffee in hand. "And then I'll work all through the night this evening. It's a little brutal."

The gruelling schedule is thanks to the fourth season of US TV show Arrow, though the reason we're speaking is action flick San Andreas - his first major feature film (not counting a *Transformers* cameo) that stars Dwayne Johnson. So, let's get down to business.

: I've been a huge fan for the longest time, growing up watching wrestling and I was super nervous when I met him. But he's the nicest person I've ever worked with – everyone says that, but it's true, it was fun.

We did a photo shoot the first day – he's like 6'5" and I'm about 5'10", so I looked like a teenager. But it was motivating - it was definitely my best month in the gym.

PHOTOGRAPHY: GETTY IMAGES.

I'm the worst. I worry about my health because I eat terribly and eventually my body's going to fall apart. I'm obsessed with risotto and beef Wellington,

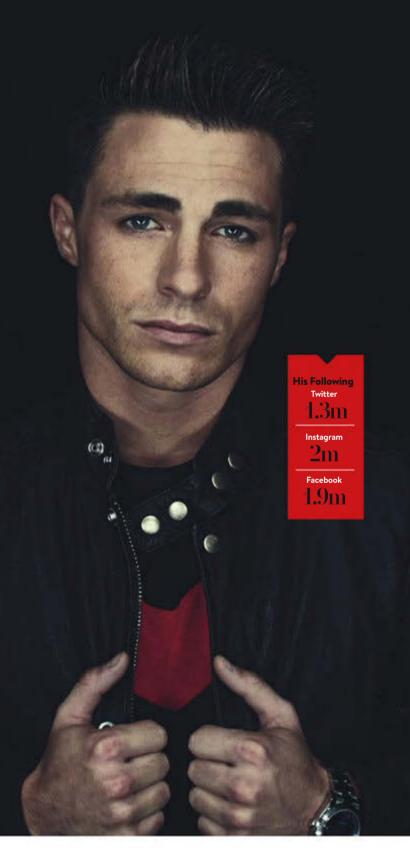
and I love fries – I pretty much eat that everyday.

CH: I was only 18 and if something like that had happened I doubt I'd be in the industry right now – I don't know if I could have handled the chaos. But maybe I'll do one of those book movies, then I can just retire.

H: I do that all the time. People often say extremely sexual things to me and I'll respond to them. It's funny because they can't even believe I read what they said.

I don't understand why it's even a social issue. Their marriage is the longest of anyone in my entire family they've been together 14 years. It's so normal I don't even think about it, other than how jealous I am they have a daughter, and how happy they are.

I'm so single. Being in a relationship would be the worst thing I could imagine because I don't have time. It's not that I'm even that busy -I'm just that lazy. San Andreas is in cinemas May 28





"That's like trying to use a croissant as a fucking dildo. It doesn't do the job and it makes a fucking mess!"



"WHY **DON'T** YOU PUT **ON YOUR** RUNNING SHOES **AND GET** TO THE **FUCKING** POINT?"

"I'VE MET SOME PEOPLE, SOME REAL PEOPLE, AND I GOTTA TELL YA,

A LOT OF THEM ARE FUCKING IDIOTS."

> "IF MEN GOT PREGNANT, YOU COULD GET **AN ABORTION** AT AN ATM."

HOW TO SWEAR

TELEVISION

"You like sex and you like to travel? THEN YOU CAN **FUCK** OFF."

"I'D RATHER **SET FIRE TO** MY VULVA. **SO THAT'S** A 'NO'."

"I'M THE VICE-PRESIDENT OF THE UNITED STATES, YOU STUPID LITTLE **FUCKERS!**"

Best turn down granny's hearing aid season four of HBO show Veep has just hit screens. To celebrate. we look back at some of potty-mouthed VP Selina Meyer's greatest

(rudest) lines. Veep is airing now on Showcase; showcasechannel. com.au

"I ACCEPT YOUR APOLOGY, WHILE RETAINING THE RIGHT TO FIRE THE FUCK **OUT OF** YOU."

G-STAR DESIGN DOES

Dutch label G-Star RAW has never been one to rest on its laurels. Besides conquering the world of denim, the label's also collaborated with everyone from Marc Newson to Pharrell Williams on a range of other projects. Back in 2011, it teamed up with Swiss manufacturer Vitra and the family of iconic designer Jean Prouvé on a furniture collection - and now a second instalment has been released. The partnership takes some of Prouvé's original 1940s office creations (lamps, desks, office chairs) and updates them with G-Star colours and details. The limited-edition collection is available at Space Furniture. POA; spacefurniture.com.au; g-star.com



TIMING FOR CHAMPIONS

The Dakar - The world's greatest car race and human adventure. The new Edox Chronodakar III Limited Edition is made of the strongest titanium. The Chronodakar III Limited Edition is a 1000-piece limited edition and reflects to perfection the attributes of the world's greatest drivers: sound, robust and reliable. Edox is the official timekeeper for the Dakar Rally, the Extreme Sailing Series™ and the World Curling Federation [WCF]. Edox - Timing for Champions.



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www.edox





DAVID BECKHAM AND ORLANDO

BLOOM; DAVID BOWIE IMPROVISING.

PHOTOGRAPHY

THE BOOK TO BUY

KATE MOSS, DAVID BECKHAM, RYAN GOSLING, PRINCESS DIANA - YOU NAME IT, MARIO TESTINO HAS SHOOT THEM.

Count up all the fashion photographers you know and you're likely to run out of names before fingers. But what's certain is Mario Testino would be one of them, his images having graced the pages of pretty much every major publication on the planet – this one included. From celebs to unknown faces, here he presents the evolution of male identity, spanning three decades and more than 300 photos. It's the stuff coffee tables are made for. *Mario Testino, SIR, approx.* \$890; taschen.com





OTHER DESIGNERS TO WEAR



CARVEN

"Typical French chic, with slim, sharp tailoring and playful patterns – this fashion house's collections are what cool, urban metropolitans are looking for now," says Eimuth.

Key piece: Cotton shirt, \$181, by Carven.

JOSEPH

"New creative director Mark Thomas has taken the brand to a new level. Look for luxurious knitwear, super-soft leathers and particularly strong outerwear." Key piece: Leather 'Tommy' sweatpants, \$1422, by Joseph.

SURE, YOU KNOW DIOR FROM DOLCE & GABBANA, BUT THERE ARE PLENTY OF LESSER-KNOWN LABELS THAT ALSO DESERVE A SPOT IN YOUR WARDROBE.

Keen to broaden your fashion horizons? Then, Stylebop co-founder Mario Eimuth is the man to ask. With 250-odd brands and 15,000 products currently stocked at his online boutique, who better to fill us in on the ones to know – and wear. stylebop.com/au



JW ANDERSON

"With his namesake brand, the winner of the 2012 British Fashion Award for Emerging Talent explores the boundaries of androgyny. His silhouettes are fresh, playful, with juxtaposed feminine and masculine elements."

Key piece: Cotton T-shirt, \$206, by JW Anderson.



3.1 PHILLIP LIM

"We love Phillip Lim's design approach of classic with a twist. Every season he delivers clothes that are wearable, yet uniquely modern." Key piece: Cotton blazer, \$634, by 3.1 Phillip Lim.



THE GQ READING

GET YOUR CULTURE

FIX WITH SOME FANCY

LIST





NO. 8

GOOD FRIENDS

WITH COURTNEY

LOVE, YEP, COBAIN'S EX.

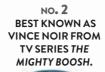
NO. 9 **BROTHER MIKE FIELDING** APPEARS IN THE MIGHTY BOOSH AS NABOO, A FREELANCE SHAMAN FROM FICTIONAL PLANET **XOOBERON. NATURALLY.**



HIS. WE'LL GO WITH IMAGINATIVE, **OUTFITS SAW HIM NAMED NUMBER 35** IN BRITISH GQ'S '50

BEST-DRESSED MEN'

THIS JANUARY.



CO-FOUNDED

PSYCHEDELIC

ROCK BAND

LOOSE TAPESTRIES

WITH KASABIAN'S

SERGIO PIZZORNO.

NO.

TEAM CAPTAIN ON UK

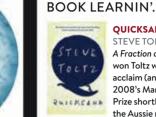
MUSIC SHOW NEVER MIND

THE BUZZCOCKS - THE

ORGINAL AND BETTER

VERSION OF SPICKS AND

SPECKS.



OHICKSAND

STEVE TOLTZ A Fraction of the Whole won Toltz widespread acclaim (and a spot on 2008's Man Booker Prize shortlist) and now the Aussie novelist is

back with his sophomore effort. This dark comedy follows failed writer Liam and hapless friend Aldo, whose latest bout of bad luck might just give Liam the inspiration he needs to turn things around and put pen to paper. Maybe. \$32.99, Hamish Hamilton



A DECENT RIDE,

IRVINE WELSH For the first few chapters, you'll no doubt be tryin tae sort oot just woot ta fook he's talking about, but once you get the hang of Welsh's trademark

Scottish lingo, try putting it down. The Trainspotting author's latest sees him revive drug dealer, porn star and taxi driver Terry 'Juice' Lawson from 2001 novel Glue for a dark, funny, filthy ride. Buckle up. \$32.99, Jonathan Cape



WRITING FOR THE

PAST, LES MURRAY Poems - remember them? Not to be confused with the former SBS soccer aficionado of the same name, Murray is easily one of

the country's finest literary figures. With a career spanning four decades and some 30 volumes of poetry, he's also been named an Australian Living Treasure – as confirmed by this, his first new collection in five years. Get into it. \$24.99, Black Inc



MAKE SOMETHING UP,

CHUCK PALAHNIUK Palahniuk only needed to write one book – 1996's Fight Club reason enough to put his feet up. Instead, he's since churned out countless novels and

screenplays - with a Fight Club sequel due later this year. Until then, sate yourself with these short stories, best described as bizarre, poignant and disturbing. \$29.99, Jonathan Cape

но. 7 THE MIGHTY BOOSH CO-STAR JULIAN BARRATT (THE QUIET ONE) IS IN A RELATIONSHIP WITH JULIA DAVIS, WHO **CREATED AND STARS IN** TV COMEDIES NIGHTY NIGHT AND GAVIN & STACEY.



HAS BEEN EXHIBITING HIS OWN ART SINCE 2008. VIDEO INSTALLATION THE JELLY FOX SHOWED AT LONDON'S SAATCHI **GALLERY IN 2012.**



AT FIRST A STAGE PRODUCTION, THE MIGHTY BOOSH BUILT A CULT FOLLOWING WHEN IT HIT SCREENS IN 2003. CAMEOS HAVE INCLUDED GARY **NUMAN AND THE WHO'S ROGER DALTREY.**

COMEDY

A BEGINNER'S GUIDE TO NOEL FIELDING

WITH THE MIGHTY BOOSH STAR TOP OF SYDNEY COMEDY FESTIVAL'S MUST-SEE LIST. WE TAKE A GLIMPSE INSIDE THE WONDERFULLY WEIRD WORLD OF THE 41-YEAR-OLD BRITISH FUNNYMAN. AN EVENING WITH NOEL FIELDING, APRIL 22 & 30, MAY 1; SYDNEYCOMEDYFEST.COM.AU







Discover more on www.nespresso.com/lattissima-touch



NESPRESSO®

THE CANNES FILM FESTIVAL IS THE WORLD'S BIGGEST.

BESIDES THE CELEBS AND CHAMPERS, HERE'S WHAT ELSE TO EXPECT.

DARK STAR: FILM **VINCENT CASSEL**

THE MOST BEGUILING. AND DOMINANT, FRENCH ACTOR OF HIS GENERATION - WE SIT DOWN WITH THE ANGULAR AWARD-WINNER TO DISCUSS HIS NEXT TALE, FILMED HERE IN AUSTRALIA.

"Heroes are boring to me."

It's a line delivered bluntly - a Gallic sword that dissects Cassel's attachment to film's more psychotic and destructive personas.

The wholesome do-gooder running about with top billing - that's not attractive to him; never will be.

What's most interesting is this same statement comes from a man who started out playing clowns, literally, as part of a French circus school. But then, you know what they say about clowns.

"It was a way for me to be on stage and to entertain - to make people laugh," he tells GQ, sentences strangled by a soupy Parisian accent.

While the 48-year-old's oeuvre is somewhat lacking in laughs, it is stacked with brilliance - from La Haine's Vinz to *L'Appartement's* Max, Irreversible's Marcus, his Césarwinning turn as Mesrine's Jacques to Black Swan's Thomas and Trance's Franck.

Here, on a bitterly-cold day on the southern Victorian coast, Cassel's concentration rests with a character called Gregori - the lead in young Australian director Ariel Kleiman's first

feature film, Partisan, after short Deeper Than Yesterday.

Getting a handle on the storyline, though, isn't easy.

"I'd rather say it's a mysterious film," chimes Cassel, snapping the filter from a tailored cigarette, which he alights and drags on heavily.

"I think its going to be... not a fairvtale but a tale - a story that isn't really anchored in reality; like a fable, a metaphorical tale."

It touches on fatherhood, he offers - Gregori a Pied Piper type raising a son, Alexander (Jeremy Chabriel), who also happens to be a trained assassin.

"It's about how you see your father as a hero and slowly and surely realise he's just a human being - and either you hate him for that or you forgive him."

What is certain – Partisan wanders into life's unforgiving, sombre shadows.

"I would say it is definitely from the dark side." No surprises there, really. Partisan is in cinemas May 28





BANNED IN 2011 FOR

MAKING NAZI COMMENTS

WORDS: RICHARD CLUNE. PHOTOGRAPHY: GETTY IMAGES



ADVICE

FIRST-WORLD DILEMMAS

YOUR VERY OWN LIFE **COACH - WITH LESS FANCY QUALIFICATIONS AND** MORE FANCY COCKTAILS.

My girlfriend keeps telling me I can't wear white socks with my suit. Is she right?

MATT, VIA GQ.COM.AU

I NEED SOME NEW SHOES. I HAVE A PAIR OF CONVERSE THAT I WEAR WITH **EVERYTHING. HELP** A BROTHER OUT! DAVID, VIA GQ.COM.AU Nothing wrong with some Converse but having options is good. And luckily, if ever there was a time to get into the sneaker market, it's now - with virtually every brand doing them. These classy Emporio Armani kicks can be dressed up or down, and are comfy enough for

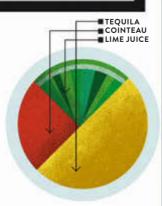


HOW DO YOU MAKE A DECENT MARGARITA?

daily wear.

BILL, VIA EMAIL.

salt. Then take a cocktail shaker, combine the into glass. Cheers!



0

DO VERTICAL STRIPES MAKE YOU LOOK TALLER AND SKINNIER?

TROY, VIA GQ.COM.AU While slapping on a pinstripe suit won't present a blank cheque for you to gorge on pizza and beer, there's some truth to the theory. And because we definitely don't just make up these answers, here's some legitimate proof. Dating back to the 19th century, German physician Hermann Ludwig Ferdinand von Helmholtz's research concluded that a square box appeared taller when vertical stripes were drawn on it and wider with horizontal ones. The upshot - if you're feeling selfconscious about your girth, give the Breton stripes a miss, or go for plain black.





SOMEONE AT WORK HAS THE MOST OBNOXIOUS LAUGH IN THE WORLD. CAN I SAY SOMETHING? IT'S REALLY DISTRACTING. MIKE, VIA EMAIL.

Ugh. Is there anything worse? The David Brent, the rooster, the dreaded Fran Drescher - few things kill a day's productivity like an earful of bad office laughter. We'd definitely mention it (we have), and the sooner the better. But go in gently - rather than saying they sound like a pack of mating hyenas, maybe tell them you have something that needs your undivided attention so would appreciate some quiet? That, or invest in a decent set of earphones and Noel Gallagher's High Flying Birds' new album, Chasing Yesterday.

DRESSING LIKE A **GENT IS ALL WELL** AND GOOD, BUT HOW DO YOU DO IT ON A BUDGET? KIERAN, VIA GQ.COM.AU

Two words: Donald Trump. Everyone's favourite shouty lunatic is reportedly worth north of \$5bn, yet he's walking proof that money can't buy style. What it clearly can buy is the world's most nauseatinglygarish penthouse (seriously - google it), suits to fit a family of four, and hair made of straw. Horrendous. So think classic wardrobe staples and go for quality, not quantity. You'll be gentleman material in no time.



FOR MORE ADVICE

AND NOT JUST ON OFFICE POLITICS, CONTACT THE GQ **TEAM BY EMAILING** EDITORIAL@GQ.COM.AU, OR VIA FACEBOOK OR TWITTER, YOU COULD WIN THIS PANASONIC 'LUMIX DMC-GF7 SELFIE' CAMERA, WITH A TWIN LENS KIT AND 16GB SD CARD. ALL UP, IT'S WORTH MORE THAN \$1000 PANASONIC.COM/AU







Good question. Rub a wedge of lime around the rim of a chilled cocktail glass and dip it in coarse ingredients with plenty of ice, shake well and strain









THE GQ GENERATION DINNER

To celebrate the inaugural GQ Generation program, in association with Olympus, we held an exclusive dinner at Sydney's QT Hotel. From Jordan Stenmark and Tom Williams to Brent Wilson and a host of other Australian designers, guests were treated to Chivas cocktails and Craggy Range wines as GQ's editor in chief, Nick Smith, also unveiled the new Olympus 'OM-D E-M5 MARK II' camera.













Cexposure











To celebrate 30 years since the opening of Australia's first dedicated HIV AIDS unit, GQ editor in chief, Nick Smith, and a select set of guests were treated to a sit-down dinner to help launch a major new fundraising appeal for Sydney's St Vincent's Hospital.

















GQ'S VAMFF RUNWAY SHOW

As part of the 2015 Virgin Australia
Melbourne Fashion Festival, we held a
runway show to celebrate some of the best
in local menswear featuring From Britten
P/L, Bassike, Vanishing Elephant, MJ Bale,
Calibre and Arthur Galan AG. Designers and
VIPs including Marc Murphy and some of
his Carlton Football Club teammates kicked
on at the glamorous afterparty.





MJ BALE.

FROM

BRITTEN P/L.









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AND GET 10 ISSUES FOR THE PRICE OF 8



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lan Belford
Jones is in a
feisty, if playful,
mood. And it's
no place for the
faint-hearted.

His familiar, booming voice sweeps into the opulent dining room of his lavish Sydney apartment – much of it homage to Versace furnishings – well ahead of his physical arrival.

Jutting out above the Opera House, floor-to-ceiling windows offer views over the architectural icon, Bridge and Circular Quay – the behemoth that is the *Queen Mary II* obscuring the fringes of Sydney's wonderful waterway. It's certainly a long way from where this farm kid grew up, in Oakey, a regional outpost 30 clicks west of Toowoomba.

Initial small talk is disconnected and delivered rapid fire: "Fish for lunch – that OK?"; "How long does it take to finish these Opera House renovations?"; "The fate of Andrew Chan and Myuran Sukumaran is barbaric"; "Shane Watson is outstanding and will have an impact."

There's an opinion about them all. Of course there is – it's what Jones does, he never stops.

It was clear from the beginning he was a little different – raised in the country with an early passion for the fine arts. Equally, a lover of sports, debate and politics; a student

of history with a seemingly encyclopedic memory for detail.

Say what you will, but Jones' intelligence and dedication are most obvious. It goes some way to explaining him winning an Oxford Blue in tennis at the world's most prestigious university; his transition from school cross-country champion to Bledisloe Cup-winning Wallabies coach; his move from school teacher to Prime Ministerial scribe and eventual radio broadcaster.

He is certainly a contradictory presence – a man who demands respect on one hand and fails to deliver it (hello, Julia Gillard) on the other.

Love him or loathe him (Australians have feet equally planted in both camps), Jones has made a mark. And much to the disdain of critics, after 30 years on air, he shows no signs of slowing.

"Always look forward" is the mantra. And he does just that – days filled (after three hours sleep), dissecting and bleating about daily headlines and government policy, before finding time to work for various charities and assist those in need of counsel.

Today, in a rare media moment, he's also quite candid, allowing a glimpse behind the curtain; a peek inside the life of a man who so often remains a mystery. **GUEST WRITER** KARL STEFANOVIC SITS DOWN WITH THE MOST **POWERFUL AND POLARISING** PRESENCE IN AUSTRALIAN BROADCASTING - THE COUNTRY **BOY FROM** "STRUGGLE STREET" WHO'S **SWAPPED** HORSES FOR HELICOPTERS. **BUT WHAT OF THE** MAN BEHIND THE MICROPHONE - AN **ENIGMA LARGELY CLOAKED IN**

CLOAKED IN SECRECY. UNTIL NOW.

GQ: Tell us about your upbringing in Queensland. Your father was a farmer and mother a school teacher, right?

Alan Jones: Dad was a lovely man, no education, and my parents were very poor but they eked out a miserly existence. My mother was very bright. Oddly enough, her first job was as a teacher, which most probably had some bearing on her success as a mother because she taught deaf and dumb children – so I suppose that helped deal with us.

GQ: Was it hard growing up, financially-speaking?

AJ: You say it's hard, but if you don't know any different







then you don't feel any kind of deprivation. Obviously we didn't have family holidays, that sort of thing – my parents died never having had a holiday. And we had no electricity - we lived with kerosene lamps, the fridge was run with kerosene, you lit the wick. When you look back and see the creature comforts we now have, well... But the purpose of life [back then] was to work. If there was a pig and calf sale or a cattle sale, the money went straight to the bank and the bank gave [Dad] whatever was needed to keep the family going for the week. GQ: And you got about on horse?

AJ: I rode a horse to school, six kilometres a day, and then caught a rail motor after that — which was good because I'd arrive after the spelling and times tables were done. One day I came back and found my horse dead. To this day I don't know what happened. But I ran the fastest six kilometres ever and cried all the way home — I cried for a week. I can still see Nelly, she was black. Beautiful horse.

GQ: Did such struggles ultimately motivate you to get ahead in life?

AJ: My mother was a very driven woman, not so much my father because he was a soft and gentle soul whom I think, most probably with an education, would have been very bright. But my mother used to say 'the only thing that's hard work is failure' – so hard work wasn't foreign.

GQ: What did you want to be growing up?

AJ: An opera singer.

GQ: Of course. Did you have a good voice?

AJ: I knew all these arias and when I was ploughing I'd go around the farm singing them. People said I had a good voice. A bloke at teachers college said he could make me one of the great tenors; so I had a good tenor voice, but once I got older and started coaching and yelling at everyone I lost the impact of

my voice. But I never lost my love of opera.

GQ: Do you regret not pursuing that passion?

AJ: You shouldn't ever have regrets. You get opportunities and you take them. And if you miss them – grab the next one. I wasn't confident enough, at that time, to jettison all my other interests for the sake of opera. My mother told me that if anyone asks you to do something, then do it – so I was in public-speaking competitions, I was in the school play, I was in the debating team, sports teams...

GQ: But a young boy in the country with such a firm interest in the arts – there must have been some bullying?

AJ: Basically you were odd... And I was bullied. I don't like talking about myself that much, but that happened. And it was silly bullying, picking on me in the playground. However, I wasn't too bad at quite a few things and that got me out of a lot of strife. In other words, there's only so far [bullies] can go when you're beating them on other fronts. When I went out with a [cricket] bat in my hands, I made runs. When I played tennis, I played age championships. I set a school cross-country record that still hasn't been broken, I don't think. And every year I won the public-speaking competition and the debating prize. So while there was a feeling of...

GQ: Being different?

AJ: Yes, but I survived.
GQ: You had a few cracks at politics [Jones ran for the State Parliament as a Liberal Party candidate] and it didn't work out – was there a genuine desire to one day be Prime Minister?

AJ: Well, it would be silly to say no. When I decided to run, I wasn't running for the bottom of the pile, I was running for the top. And I don't think being Prime Minister is as difficult as people make it out to be. One of the limited

capacities of the modern-day Prime Minister is that there are too many advisers, too many bureaucrats, too many people muddying the water. Put it this way, I wasn't intimidated by the prospect that becoming Prime Minister might happen.

GQ: Some would say that these days you wield more power than the PM?

AJ: My critics will laugh, but my staff will tell you, power never enters my head. And my formula is simple – I decide what's on. I'm not a journalist, I'm a broadcaster and it's The Alan 7ones Show. I answer a thousand letters and emails a week and that leads to action – people identify a problem and I'm tenacious. In many ways I'm a voice for the voiceless - for these people who seemingly have no redress... People write to me and I listen. That's not power, that's common sense.

GQ: There was a recent appearance on Q&A – in which you spoke about the death penalty and plight of Bali Nine drug couriers Andrew Chan and Myuran Sukumaran. Your impassioned plea drew a lot of positive feedback and surprised people. Have you changed? Are you softening?

AJ: Most of those people probably don't even know me... I simply said what I believe on a subject I know. I suppose one of the things that caused that reaction was I do my homework and it was obvious I knew what I was talking about.

GQ: Many – certainly many readers of this magazine – feel you often go to the extreme; that you take things too far. Were your 2012 comments about Julia Gillard's father "dying of shame" one of those occasions?

AJ: It was hurtful, careless, silly. She was always welcome in my studio; I even bought her flowers once for her birthday.

GQ: Have you spoken since?

AJ: I sought to ring her immediately, but she didn't take my call. I certainly wish her



well and I don't hold any malice towards her. But you do make these careless comments and sometimes your mind takes over everything else. You need to have good judgement and be smart - and I should have been smarter than that. I should have known that I wasn't in the bathroom at the function [the Sydney University Liberal Club President's Dinner] - there were 150 people there and one was a bloke with a tape recorder. I'm of the view, though, we ought to be able to put forward our case without hurting people's feelings. That I hurt her feelings is something I regret.

GQ: And yet you're often attacked in a personal way – does it hurt?

AJ: You've got to have thick skin. That's why you have two ears – in one, out the other. I'm of the view people can say what they like. Kerry Packer once told me, "You know who you are. Your mates know who you are. And the rest can go to hell." And I also say, have a look at the scoreboard – I've won 200 radio surveys. The public stay with me and they know there's a motive behind all of this.

GQ: You've taken Tony Abbott to task in the past, regarding policy. Why, then, continue to support him?

AJ: Because that's what you have to do – when push comes to shove, I'm part of the pick'n'stick brigade... He inherited a mess, these people [former Labor government] burnt the joint down and he's the firefighter putting the fire out. This is a good man; this is good for Australia. The country



is going to be better for having Abbott. And I'm not a journalist, I'm a broadcaster – these are my views. If that means pumping up Tony Abbott's tyres so he does a better job, then good. I don't apologise for that because I'm batting for Australia and Tony Abbott is good for Australia. He is one of the most worthy people ever to inherit this prestigious office and if someone doesn't like it, too bad.

GQ: So how hard is it to "pick'n'stick" when a friend is making bad decisions?

AJ: A little bit. But it's really important to try... to try not to be judgemental. We all fail here and there. I don't know that there were too many bad decisions. What? He knighted Prince Philip? Hello, so have about 50 other countries. I mean, for god's sake, [former NSW Premier and federal foreign affairs minister] Bob Carr has a knighthood from somewhere [Italy]. In the grand scheme of things Abbott wasn't responsible for someone dying at sea; he didn't put [insulation] batts in the ceilings that killed four young Australians. Let's get some perspective.

GQ: OK – enough eulogising. Would your parents be proud of your success?

AJ: I don't know whether I am successful. I just plod along as a porter on the railway station of life – to try and help people with their luggage. But they [his parents] are out there somewhere, smiling.

GQ: Are you proud of what you've achieved?

AJ: Yes, and grateful. The justification of what I do is to honour the sacrifices my parents

made. They never had the opportunities I've had. I have a lovely farm in the bush [Bowral], I'm sitting here by the harbour at the Opera House, something my parents never saw. But look, I think there are weaknesses in what I do too.

GQ: Such as?

AJ: I'm not obsessive but there's no time for anything, even when I want five minutes to myself. I sometimes think, 'wouldn't it be nice to go for a wander and have a coffee', but there's already something in the diary. So I wish I could organise that better – but there's always a cause to try to help. And those people are always worse off. So if I don't do it, who does? That's my obligation.

GQ: Do you ever feel lonely?

AJ: Many people put their head on the pillow with someone beside them and they still feel lonely. So it's not the absence or the presence that makes for loneliness – and I've always enjoyed my own company.

GQ: When do you think you'll pull up stumps and retire?

AJ: I'm enjoying what I'm doing now and I'd be bored rigid if I didn't have anything to do. I'm mindful of the people around me who have jobs because of me, but to answer your question, I'm not going anywhere. However, you could ask again in three months and the answer might be different.

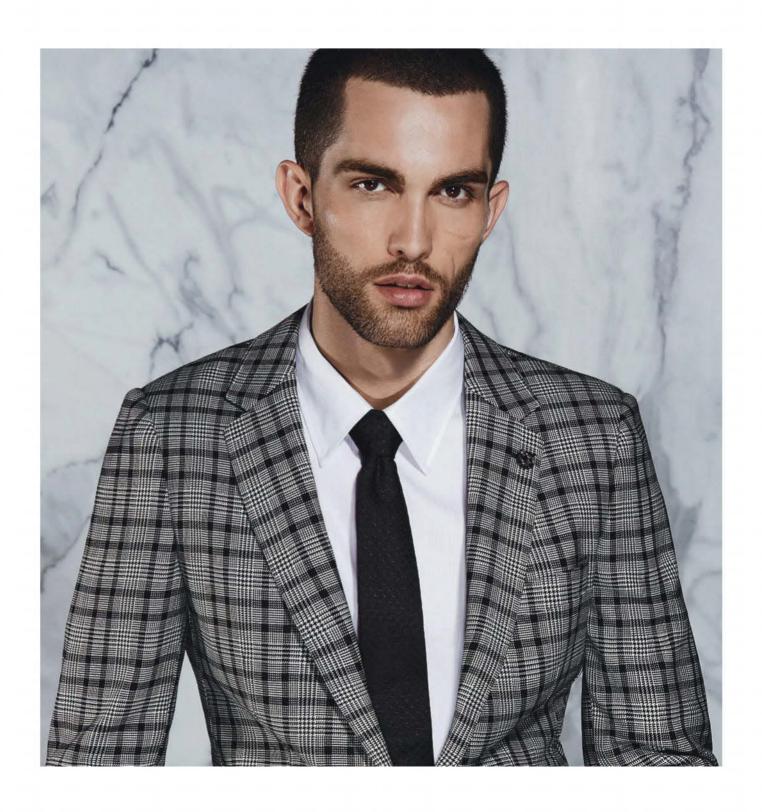
GQ: Not that we're suggesting your time is nigh – but what of death, does it bother you more as you get older? Do you fear that eventuality?

AJ: You have to be ready for these things – death is one of the inevitabilities of living. But worrying about it will only advance or accelerate the reality. And in this race to the grave, we all want to come last.

Karl Stefanovic co-hosts Today, from 5.30am weekdays on Nine



"YOU'VE GOT TO HAVE THICK SKIN. THAT'S WHY YOU HAVE TWO EARS—IN ONE, OUT THE OTHER. I'M OF THE VIEW PEOPLE CAN SAY WHAT THEY LIKE."



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other men. Many felt most insecure about their size in environments where other men might see them, such as gym change rooms." Or urinals. While women often go to the ladies' together, men tend to go colo

you're coshed senseless by his colossal length of manmeat). The rest of us do the normal thing: use towels as a discreet skirt-screen to change behind, and avoid any

to the ladies' together, men tend to go solo.

In common parlance, penis size is indicative of power and success. Hotshot risk-takers are called 'bigswinging dicks'; short on confidence gents are belittled as 'weiners' and given the disparaging pinkie-finger wave. And power-hungry men are, in most cases, likely to be compensating for something. Napoleon Bonaparte, for example, was said to have a tiny boner part – 1.5 inches according to a UK documentary. Explains a lot. That guy over-revving his red Ferrari at the lights? Small cock, obviously.

Feelings of comparative inadequacy have never been stronger than today, thanks to internet porn and the extraordinarily-proportioned appendages of the men – three-legged mutations that they are – who make a living from it. (Is it me or is it suddenly freezing in here?) While firewalls filter out most of the manhoodenlargement spam, it feels like we're increasingly surrounded by larger-than-life billboards of suspiciously well-endowed male underwear models. (Surely they've been digitally enhanced or padded out with a pair of socks?) Which Renaissance sculpture are you: Victoria Beckham's David or Michelangelo's David?

The measuring up never ceases. Am I big enough? What is big enough? For some, it becomes as much, if not more, of a mental issue than a physical one.

Dr Veale said he hoped his findings could help those so hung up, they're diagnosed with 'small penis anxiety', a form of body dysmorphic disorder. "We believe these [results] will help doctors reassure the large majority of men that the size of their penis is in the normal range," says Dr Veale. But for the small minority who fall disappointingly short of the magic 5.16 inches, it will serve merely to reinforce feelings of distress.

No one should be ridiculed for the size of a body part he can do nothing about. (Despite what Ron 'The Hedgehog' Jeremy might be promoting in ads on adult websites. Apparently.) In an ideal world, the true measure of a man would focus on his character, moral code and so forth. But then in an ideal world, we'd all be hung like horses.

I hate to bring this month's column to such an abrupt end but I see I'm suddenly out of space. I always thought it was 1000 words in length – turns out it's an inch shorter.

Dan gets the true measure of a man

SOME SCIENTISTS DEDICATE THEIR LIVES TO EXTREMELY IMPORTANT GAME-CHANGING, NEEDLE-SHIFTING RESEARCH:

finding a cure for cancer, exploring life on Mars, devising solutions to global warming, that kind of thing. Others measure willies for a living. Oh well, not everyone can be Stephen Hawking or Alan Turing.

A team led by British psychiatrist Dr David Veale has spent the past few years drawing up an accurate picture of the average penis – like Jonah would in *Summer Heights High*, except with a generous study grant rather than a Texta.

You have to wonder how that conversation went over Sunday lunch with Mr and Mrs Veale Snr – 'What are you working on at the moment, son?' 'Penises, Mum.' 'That's terrific, darling. All that money your father and I spent on your education was worth every penny. We're so proud. Now, would you pass the sausages?'

But Dr Veale can truly claim to have made a sizeable difference to millions of men's lives – a difference of 2.12cm to be precise, which is bigger than it sounds. His team analysed 17 different studies that cumulatively measured 15,521 penises around the world, then last month published the findings. The hard facts? On average, an erection is 5.16 inches (13.12cm) – the previous norm of six inches just didn't stand up to scrutiny. You might call it a (sorry) phallus-y.

This is great news for the average man. I, for one, would like to shake Dr Veale's hand (once he's thoroughly washed it). Why? Because, despite any well-meaning reassurances to the contrary, size matters – always has done, always will do. From prehistoric cave paintings to present-day dunny doors, man has always been preoccupied with the priapic.

It's something we first get to grips with as adolescents, each at staggered stages of puberty. In year 7, a boy called Chris McAvoy became a man virtually overnight. His voice dropped an octave, hair suddenly sprouted all over his body and, compared to us, he had a donkey dong. Looking back, he was a borderline circus freak. Either that or secretly 42. Whereas I hit puberty painfully late, making post-footy communal showers traumatic.

That same change-room atmosphere follows us into adulthood like a cloying fug, heavy with nostalgia and Lynx 'Africa'. In any gym today there's always at least one proud stallion who bestrides the locker area completely starkers, his pendulous member swinging majestically between his knees (keep your distance lest



DAN LOVES...



LAUGHING

LOOKING AT THE LINE-**UP FOR THE SYDNEY** COMEDY FESTIVAL, I'M LESS INTERESTED IN **HEADLINERS LIKE THE** MIGHTY BOOSH'S NOEL OR HIGHLY-RATED **UP-AND-COMER LUISA** OMIELAN. NO, NO, NO. TO SEE GQ'S VERY OWN DAVID SMIEDT, THE AS "THE BEST IN HIS PRICE BRACKET". AND SINCE I (KIND OF) KNOW PRICE BRACKET WILL BE "FREE". SYDNEYCOMEDY FESTIVAL.COM.AU



MEG MASON

Meg calls on all dads to be iust that

IT'S POLICY HERE AT GQ TO IGNORE CHILDREN. We pay them no mind until they're old enough to a) subscribe to the magazine (boys) or b) pose in it (girls, tastefully please). But we certainly don't use up our column inches on their tedious doings.

Yet, according to the market research team (two interns stood with clipboards outside a train station instructed to corner any man in sockless brogues and statement opticals), quite a few of you are dads. And helping you become even more devilishly-spectacular at every manly endeavour, including fatherhood, is very much within our purview.

So here I am, sitting in a cafe, biting my Biro and thinking, what makes a first-rate father? The big picture - aim to parent like a boss so the kids don't turn out to be d-bags. And to come across to women like a stone-cold DILS (Dad I'd Like to Spoon). And since the full range of spectacular-to-shit daddery is on display in this cafe, we'll begin there.

When being poked in the face, don't call them 'mate'. Nothing shrinks our collective balls more than the sight of a man coaxing his toddler out of a tantrum by being friendly. As per mum's instructions, dad has gone 'down to eye level', and while an 18kg sprog is bitch-slapping him in public, he's all, "Come on mate, you're stretching my T-shirt. Stop it and I'll get you a treat." Kids shouldn't be scared of their fathers (it's not the '70s anymore, the slipper days are over) but there should be no doubt in your child's teeny mind as to who'll win a metaphoric (occasionally literal) shit fight. It always, always has to be you. Also, leave the cafe would you? Various unnamed freelance creatives are trying to work.

Stop handing them your phone.

Everyone's grateful to Steve Jobs for inventing an off switch for infants and putting it in such attractive, titanium casing. But if your kid can't make it through a trip to the swings without a game of some sort on the '6 plus', or you can't go more than four seconds of whining before handing over an iPad, the balance is out, mate. Being bored is a hard fact of childhood. And being able to ignore every unpleasant human emotion - anger, sadness, stultifying ennui - by looking at your phone is, in fact, the privilege of grown-ups.



MEG LOVES



THROWING OUT OLD WORK SOCKS

AND BUYING 20 IDENTICAL PAIRS AT A TIME, SAVING THE MASONATOR VALUABLE SECONDS **EACH MORNING BECAUSE HE'S NOT** STANDING AROUND IN HIS TOWEL TRYING TO FIND TWO THAT ARE SIMILAR. NOPE, HANG ON, THAT'S A SHORT ONE. YES, WINTER AT THE MASONS IS **CLEARLY THE MOST EXCITING SEASON.**

As a responsible parent, teach them stuff. Obvious, you'd think, but it's strange how many modern padres prefer to stand to one side while a paid instructor coaches their five-year-old to swim or surf or win the egg-and-spoon race. So, dabble in some DIY and get them up at sunrise – it'll be... absolutely awful to begin. But when they first nail a tumble turn or cutback, thrilling and spiritually transformative feelings will follow. Fact.

And FFS, get them started soon, so your kid isn't the one swimming widths at carnival, the only 10-year-old with training wheels or, worse, the twentysomething who needs to be dropped at work.

Teach them manners and money.

Asking 'what's the magic word' for the best part of two decades is tedious. But drill in the pleases, eve contact and a firm handshake early, and you'll guarantee them a six-figure salary and a spot on the board.

And money? Show the kids how to work it. Daughters, so they'll never stick it out with a dickhead chap because he pays her way, and sons, because most women won't bed a 37-year-old with a chunky HECS debt. More than once, anyway.

Encourage extremely risky antics.

This is a theory (unproven, but quite probable) that if you let children do all sorts of dangerous stuff anything that falls into the broad 'jumping off the carport' category – they won't be so hungry for risk as adolescents, when booze and cars come calling. This may not turn out to be true. But it'll make the wait more interesting.

Have the cool car, but don't be the funny dad. As kids mature, being the dad all their mates want to get a lift with is brilliant. Being the dad their friends want to get munted with isn't.

And should the sentence, 'If he's going to have sex, I'd rather he was doing it under my roof,' ever spill forth from your mouth, end it. End it all. Your role, in your teen's (gag) burgeoning (oh man) sexuality (gun-to-temple gesture) is to run through the related OHS issues - do not facilitate it. Imagine. 'Here you are son, thought this frangipani candle might help get things going.'

Choose an unlikely moment to blow their minds. When your P-plater comes through the front door, crying for the first time since primary school because they've mashed mum's VW Touareg into a row of parked cars, you can go one of several ways. Lecture them, punish them, make them feel worse than they already do. Or, throw out a career-making "these TELL US ON TWITTER WHAT YOU THINK MEG HOULD DISCUSS things happen", and watch as they wrap their heads around what a deadset winner dad is. Once is enough,

and they're yours forever.



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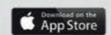
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TASTE TRAVEL

WHAT WE'RE DRINKING RIGHT NOW

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DELICIOUS, IT'S SO SIMPLE YOU
CAN MAKE IT AT HOME

We're only joking. Unless you have a tank of liquid nitrogen handy, best let the professionals make this one. Instead of ice, the guys at Sydney's The Roosevelt use liquid nitrogen to cool the ingredients, which evaporates without diluting the ingredients. The result? The Continental – a crisp, tasty mix of Ketel One vodka, Tanqueray gin, Cocchi Americano apéritif and yellow Chartreuse. In other words, a cocktail you definitely won't be making yourself – though turn to p85 for one we guarantee you will. theroosevelt.com.au

WAIT – DIDN'T THEY BAN LIQUID-NITROGEN COCKTAILS?

ALTHOUGH THE FUN
POLICE PUT A STOP
TO THEM IN 2012
(FOLLOWING AN
UNFORTUNATE
MISHAP IN THE UK),
THE DECISION WAS
REVERSED SHORTLY
AFTER. EVEN SO, BE
SURE TO LEAVE THEM



MIDDLE-**EASTERN FOOD**

FORGET A DODGY KEBAB ON THE WAY BACK FROM THE PUB. WE'RE TALKING FRESH, TASTY MEDITERRANEAN FLAVOURS, SERVED UP BY SOME OF THE COUNTRY'S FINEST CHEFS.

hey say nothing good happens after midnight. But, we've all howled at the moon enough to know few things beat a late-night lamb sandwich (cheese, lettuce, extra garlic sauce, thanks) after a tipple or two. Well, maybe not. Once pigeonholed as a fast-food fix, the smoky, pickley, fragrant essence of Middle-Eastern cuisine is finally weaving its way through our culinary landscape. And we couldn't be happier.

We've long heard legends Greg Malouf, Somer Sivrioglu, Abla Amad and Sharon Salloum champion the food of their heritage, and now chefs like 4Fourteen's Colin Fassnidge and Mike McEnearney, of Kitchen by Mike, are joining the chorus and spicing up their menus. We're also seeing a swell of restaurants opening with beating Arabian hearts.

Jordan Toft, head chef at Coogee Pavilion Rooftop in Sydney, is one of the pack leaders. "When we were visualising the rooftop, we thought why fight the urge, everyone wants a lamb sandwich after a few drinks," says Toft. "Middle Eastern is punchy, lip-smacking food and each dish stands up on its own to showcase a particular ingredient - making it the perfect cuisine to share.

"The beautiful grilled and smoked meats, dips made from eggplant or chickpeas and fresh salads with parsley or mint - it's such a beautifully-balanced cuisine that suits our climate and lifestyle."

Toft's carte boasts dishes like cracked cucumbers with garlic whey and hot mint oil. But you'll also find kefta haloumi meatballs, lamb rump and charred octopus.

Bread plays a role in most cuisines, but in the Middle East, it's not just sat on a side plate - it's essential. As such, Toft recommends leaving cutlery in the drawer.

"Bread is the vehicle for the food," he says. "The act of eating is so much richer when you do it with your hands." So tear off a piece, grab some meat, and take a dip.

WHERE TO EAT

OUR TOP FIVE SPOTS AROUND THE COUNTRY.

SYDNEY 1. PAZAR FOOD COLLECTIVE

Only in Australia would a former policeman open a restaurant in Canterbury and plate a mash-up of Middle Eastern and Mexican cuisine. Chef Attila Yilmaz may be shooting from the hip, but each dish nails its target. This industrial space has a real party vibe, so pull up a stool, swig a beer and get stuck into some good food and great tunes. So hip, you could be in Surry Hills.

Go for: Wood-fired, oven-smoked lamb shoulder and braised eggplant with red pepper sauce. 325 Canterbury Rd, Canterbury; pazar.com.au

ADELAIDE

One of Adelaide's best restaurants, full stop. The focus here is on rice dishes, curries and dumplings. You read right - Middle-Eastern dumplings. We don't see them often Down Under, but the combination of quality dough, carrot, onion, lamb mince and a garlic yogurt dressing will have you heading back for more. Go for: Banjaan Borani eggplant simmered in fresh tomato sauce, topped with garlic yoghurt and fresh mint. , 7 Ebenezer PI; parwana.com.au

BRISBANE

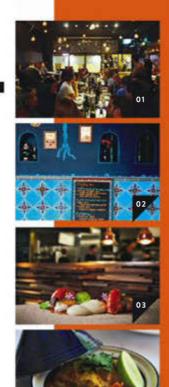
This place is the real deal. In recent years, Ben Williamson has emerged as one of Brisbane's finest chefs and his modern play on Middle Eastern and North African is up there with the best in the country. The casual, but sophisticated dining room provides the perfect setting for this under-rated cook to work his culinary magic. And it's abso-bloody delicious.

Go for: Holmbrae duck 'fesenjān' in saffron, pomegranate and walnut sauce. 14/15 James St, Fortitude Valley;

gerardsbistro.com.au

PERTH

Ahead of its time, this contemporary Australian/Middle-Eastern mainstay has been putting



the spice into Subiaco for nearly a decade. It was a hard slog at first for owner Faye Clarke, but along with her daughter, head chef Leah Clarke (who trained under Greg Malouf), Meeka's now winning praise around the country with its array of fantastic dishes. Go For: A tagine of slow-braised Wagyu beef cheek, saffron potatoes, mint and preserved lemon yoghurt, pickled radish and 361 Rokeby Rd, Subiaco;

MELBOURNE 5. MANKOUSHE

meekarestaurant.com.au

The Beirut-born Choucair family has gifted Brunswick a Middle-Eastern bakery and restaurant like no other. As flat breads and pides emerge from the pizza oven on one side, diners are taken on a magic-carpet ride through a modern and refined play on the zesty and vibrant dishes of their homeland. And they even do breakfast. Brilliant. Go for: Za'atar free-range chicken. smoked vegetables and tahini.

323-325 Lygon St, Brunswick East;

mankoushebrunswick.wordpress.com



THE **ULTIMATE KEBAB**

COOGEE PAVILION ROOFTOP'S JORDAN TOFT TAKES THIS MIDDLE-**EASTERN STAPLE TO** THE NEXT LEVEL.







INGREDIENTS MAKES ONE KEBAB

THE

RECIPE

1 LAMB RUMP STEAK TOUM (LEBANESE GARLIC SAUCE) **HUMMUS LEBANESE** CUCUMBER WHITE VINEGAR PICKLED CHILLIES ZA'ATAR SUMAC SALT OLIVE OIL WATER CORIANDER

FRESH LEBANESE **BREAD** NOTE: Za'atar, sumac, toum and hot pickled chillies can be found in any Arabic food store.

cucumber lengthways into quarters, and place in a solution that's seven-parts white vinegar, three-parts water. Leave for a few hours. Cut rump into 1cm slices,

leaving a little

fat on each.

and sprinkle

heavily with

Slice a Lebanese

METHOD

za'atar. Cook over very hot coals (or on a grill) until slightly pink then leave to rest.

TO ASSEMBLE

Lay bread on a board and smear hummus and toum lengthways along the centre, then place the sliced rump on top, leaving a little room at the base to fold. Lay down a slice or two of the Lebanese cucumber, a few hot pickled chillies and some sprigs of coriander.

Sprinkle with sumac, more za'atar, a little salt and a drizzle of olive oil. Fold one side over, the bottom up

Traditionally, a Lebanese bakers pride is that of soft, tensile bread that's tender but has bite. Sandwich presses are a no-no. Fact.

THE UPDATE

FIVE NEW OPENINGS

PLATING UP THE MOST MOUTH-WATERING AUSSIE EATERIES.

MELBOURNE

FANCY NANCE

Every dentist's worst nightmare, Adriano Zumbo, is back. Besides countless book launches (see below) and TV appearances, he's still found time to serve Melbourne high tea. But newbie Fancy Nance is not for the pinky-up crowd - taking tea seriously and teaming it with delicious pastries, served one by one. Best pop the kettle on, then. 21 Daly St, South Yarra

LEE HO FOOK

You're right, it's been around for a year in Collingwood. But in late June the team is moving to a bigger site in Melbourne's CBD. Downstairs, the talented Victor Liong will dish up a feast for 16, while upstairs there's enough room for 60 à la carte, who'll devour some of the most exciting, inventive and refined Cantonese cuisine in Australia. With any luck, you'll be one of them. Duckboard Place, CBD

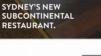
SYDNEY

SUBCONTINENTAL

From the astute crew behind (Sydney and Melbourne's) The Apollo, Cho Cho San and Longrain, comes a new spin on Indian set to spice up your life. Housed under Longrain in Shortgrain's former space, it's proof the long-awaited Indian boom is being taken seriously. Start queuing. 8 Hunt St, Surry Hills; subcontinental.com.au

PORK'D

Celeb chefs Luke Nguyen, Mark Jensen and Pauline Nguyen closed Red Lantern on Crown St back in February for a refurb. Now, it's re-opened as PORK'D - pork cooked in all manner of ways, sold per 100g and matched with a bevy of Aussie brews. Get there now. 545 Crown St, Surry Hills







What happens when two award-winning Aussie bartenders join forces? The simple answer is This Must Be The Place, where cocktail kings Luke Ashton and Charlie Ainsbury are shaking up things with a refreshing alternative to the whisky dens we've, quite frankly, seen enough of. Instead, they've gone for white walls, Scandinavian furniture and a focus on winebased spritzers. 239 Oxford St, Darlinghurst





WHAT, ZUMBO AGAIN?

Yep, Australia's very own Willy Wonka pâtissier has released his latest book. Here, the croquembouche enthusiast's aim is to make things easier, with step-by-step guides to some of the most incredible pastries on Earth. You can even learn how to make the Zonut - Zumbo's take on that infamous croissantdoughnut lovechild. Enjoy.

Vegilante (n.)

A SELF-APPOINTED ENFORCER OF ALL THINGS VEGETARIAN, WHO IMPOSES HIS OR HER CULINARY CHOICES ON OTHER CARNIVOROUS FOLK.



DRINKS

A NEW TWIST ON AN OLD FASHIONED

WHILE DON DRAPER FAVOURED BOURBON AS A BASE FOR THIS CLASSIC COCKTAIL, WE'VE MIXED THINGS UP WITH RUM. ADD THE USUAL BITTERS, SUGAR, ORANGE RIND AND ICE THEN DRINK - BECAUSE THEY DON'T COME MUCH TASTIER.



DON'T FORGET THE BITTERS AUSTRALIA'S VERY OWN MISTER BITTERS HAS SOME BANGIN' BITTERS – JUST CHOOSE YOUR POISON: 'FIG & CINNAMON', 'HONEYED APRICOT & SMOKED HICKORY' AND 'PINK GRAPEFRUIT & AGAVE' (100ml EACH). MR-BITTERS.COM





INGREDIENTS

- TWO SHOTS OF RUM
- A DASH OF BITTERS
 ONE SUGAR CUBE
- · ORANGE RIND
- METHOD

1. MUDDLE SUGAR
WITH A TOUCH
OF WATER.
2. ADD ICE, THEN
BITTERS AND RUM,
AND STIR.
3. POUR IN TO A
LOWBALL GLASS.
4. GARNISH WITH
ORANGE RIND AND
ENJOY. THEN MAKE
ANOTHER (THREE).

Know Your Rum

Iridium 'Gold' Rum, \$80 (700ml)

This cane syrup rum is aged for four years in American oak (old red-wine casks). Fine and mellow – as if made for the Old Fashioned. mtuncle.com

Ord River 'Overproof' Rum, \$89.50

(750ml)
Charcoal
filtered to
create a full
flavour, this
solera-style rum
also delivers
lush fruitcake
notes. Yummo.
hoochery.com.au

Black Gate Aged Rum, \$99 (700ml)

\$99 (700ml)
Nothing quite
like it. This
small-batch,
single-barrel
rum has a
delicate,
smoothmouth feel.
blackgate
distillery.com

Stone Pine 'Barrique' Rum No.3, \$70 (700ml)

Aged in American oak casks, giving a rich golden, distinctivelyflavoured rum. stone pinedistillery. com.au











THE BEST OF ADVENTURE TRAVEL

TEN UNIQUE WAYS TO EXPERIENCE THE MOST BEAUTIFUL CORNERS OF THE WORLD, WITH A SIDE OF LUXURY.

et's be clear – adrenaline junkies we are not.
They're the guys banging on about booking a zip-lining session on the next family vacay.
No, we be frontiersmen and adventurers –
James Bond meets Bear Grylls (without the military-grade weapons or penchant for our own bodily fluids). So if you're sick of wasting annual leave and chalking it up to another year's staycation, add these new options to your bucket list. Then actually do them.

Pricing varies, depending on time of year and currency fluctuations, so head online for further information.

KAYAK ABEL TASMAN, NEW ZEALAND

Bloody seals. You can't get away from them in this marine park at the top of New Zealand's South Island. A five-day kayak safari (guided or not - your choice) takes in the full length of this pristine coastline, with free-camping at night in untouched bush. When you've had enough snorkelling, whale action and hiking, round off your trip with some wine tasting around nearby Nelson. You'll have earned it. abeltasmankayaks.co.nz; freedomrentals.co.nz

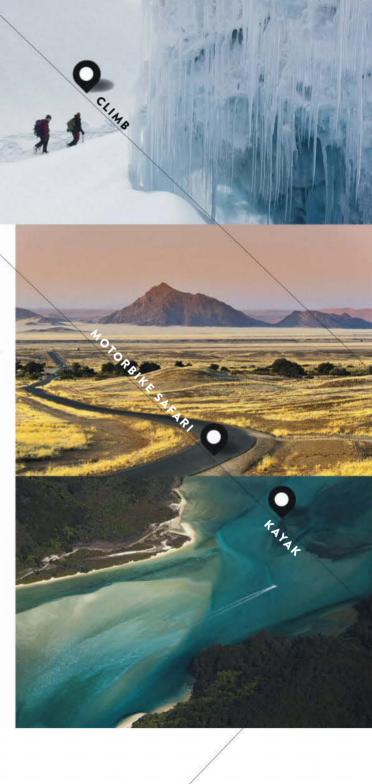
WAKATOBI, INDONESIA Anyone for scuba? If you're thinking Wakatobi Marine Park in remote south-east Indo, then yes. A continuous reef around the tiny island of Onemobaa (a two-and-half-hour charter flight from Bali, and big enough for one eco-lodge and not much else) provides more than 40 premium dive sites, including one you can swim to from your villa. Night diving's on the agenda for lodge guests too, but if you're a live-aboard chap, charter the 36-metre Pelagian motor yacht. wakatobi.com;

pelagian.wakatobi.com

3

CLIMB COTOPAXI, ECUADOR

What's more thrilling than climbing an actual mountain? Climbing one that's actively volcanic. The best ascents start at midnight, hitting the summit at dawn for 360-degree views over the Andean 'cloud forest'. Back on the ground, spend a few days in the capital Quito, also check out the new steel-and-glass Mashpi EcoLodge, 110km out of the city. It boasts the sort of wildlife that will bring out the Attenborough impression. cotopaxitours.com; mashpilodge.com



CYCLE ETAPE DU TOUR. SAINT-JEAN-DE-MAURIENNE, FRANCE You don't have to be a pathological liar or steroid monkey to enter the Tour de France. Who knew? Strong amateur riders can join a one-day 142km open stage, which takes place alongside the competitive tour and includes four punishing mountain ascents. BYO Gatorade and chafing gel. Places fill up fast, so set a calendar reminder for 2016. letapedutour.com

HELI-SKI
MANALI, INDIAN
HIMALAYAS

Unmarked and definitely not a green slope – 1.2km is the average jaunt down the side of a freezing Himalayan crag this side of Pakistan. These fourman heli-skiing tours, from

London-based Elemental Adventure, provide access to the globe's most remote regions, with runs beginning at 5000m above sea level. Elemental also offers packages to Russia, Sweden, Alaska and other sub-zero parts of the world, such as the intriguing 'yacht-based heli-skiing'. What could possibly go wrong? eaheliskiing.com

MOTORBIKE SAFARI
NAMIBIA, AFRICA
Fourteen nights, six
countries and 3000km of
"mostly" sealed roads are the
notable stats on this adventure.
It sees riders cover the Kalahari
Desert, Chobe and Etosha
National Parks and also includes
a drive-by of the famed Victoria
Falls. Accommodation is luxury
lodges all the way, and you can
choose between a Beemer or
Harley, redenian.com



4WD WAHIBA DESERT, OMAN

A road trip, without roads. The Wahiba Sands deliver hard-to-beat four-by-fouring, with dune descents. water crossings and crystal-clear natural pools for your driver-revivers. And since it's the Gulf. you're right to expect hotels that earn their five stars - and then some. We suggest the beyond-luxe Shangri-La Barr Al Jissah resort, on a private bay outside Muscat. originaltravel.co.uk



SURF SUMBA, INDONESIA

Look no further than Nihiwatu - on the untouched island of Sumba and devoid of the braids and Bintang set. The main lure of this luxury resort is the world-class left-hand point break out front a wave for quests only. Yes - quests only. Beyond that, it's about taking in the tropics, walking, fishing, relaxing, engaging with the locals or feasting on the 'Best Island Resort Cuisine' (as voted by Conde Nast Traveller). Sign us up. nihiwatu.com



SAIL SAN BLAS ISLANDS, PANAMA

Close to 400 mostly uninhabited islands cluster together in this bit of the Caribbean, also known as Golfo de San Blas. Aquamarine seas and unspoilt beaches are the recurring themes. Charter yachts tend to be crewed, since the San Blas reefs are on the perilous side, and a captain won't seem like a bad idea for the full Panama to Colombia crossing. oceantrips.com

TREK
LARAPINTA TRAIL,
NORTHERN
TERRITORY

Recently opened, this 223km trail starting outside Alice Springs is the ultimate alternative to a day (or week) at the beach. Twelve separate sections take in rocky, rugged terrain, a variety of peaks, open plains and gorges. It's hot, hard and makes you feel like Indiana Jones – you know, before he turned 100. larapintatrail.com.au

THE MAIN LURE IS THE WORLD-CLASS LEFT-HAND SURF BREAK OUT FRONT – A WAVE FOR GUESTS ONLY.







SHANGHAI

NEVER MIND HONG KONG -IT'S TIME TO FLY TO THE PARIS OF THE EAST.

Shanghai has always been a unique Chinese dish – an East meets West fusion that never fully bowed under the communist cloak that has, for so long, been heavily worn by siblings like Beijing.

There's a tangible romanticism here – the city alive with literary references (hello Noël Coward; hello JG Ballard) and glorious Art-Deco remnants delivered by European exploration – specifically the French colonial era.

For all its throwback style, Shanghai is also China's financial heart, its skies clogged by high rises (6000 of them, apparently) that twinkle through the smog and speak of a collective love for commerce.

Still, it's far below, on the streets between such glowing towers, that Shanghai casts its magic spell – time, then, you take the trip.



PLAN

A city of 24 millionplus inhabitants, it comes alive for the Mid-Autumn Moon Festival (September). though the Chinese Grand Prix (April) has become one of the largest annual events. Elsewhere, the all-encompassing International Arts Festival runs across a fortnight in October. As for the weather, autumn temperatures are neither overly steamy (June to August) nor freezing (November to March)

STAY

The Puli Hotel in Jing'an is an urban retreat removed from the central tourist tribe. Known to cater for many celebs (eager on some non-visible downtown), it serves up designer slick like few others. Elsewhere. The Peninsula drips in opulence and charisma, while the Fairmont Peace Hotel (formerly the Cathay Hotel) is the stunning Art-Deco gem where Coward penned Private Lives. thepuli.com; shanghai. peninsula.com: fairmont.com

DO

Walk. Then walk some more. The Bund (meaning embankment) is a famous stroll along the west of the Huangpu River that takes in stunning architecture, as well as views of the futuristic and neon Luiiazui financial area, dominated by the 469-metre Oriental Pearl TV Tower (where some of Spike Jonze's Her was filmed). Fuxing Park is a reprieve from the constant bustle and is also brilliant for people watching - tai-chi devotees, octogenarian badminton players, men taking cagedbirds for a wander. But the jewel of Shanghai is the French Concession a charming, tree-lined enclave established in

1849 (and handed back in 1943) dotted with Gallic-style buildings, boutiques, bars and beyond. Here, get lost walking along Anfu Lu, Wukang Lu and Yongkang Lu (armed with a map). For an art fix, Long Museum (West Bund) houses a brilliant (if excessive) private Chinese collection.

EA

If you can score a spot at French chef Paul Pairet's one-table. 10-seat gastronomic and sensory wonder, Ultraviolet, do. M On The Bund, meanwhile, remains a go-to for stunning vistas and luxe European and Middle-East flavours, while the suckling pig at Xin Dau Ji is rightly a house specialty. Or, hit the French Concession - find a local-filled eatery, plonk yourself down and play a guessing game as to what it is you've ordered. uvbypp.cc; m-restaurantgroup.com

DRINK

All along The Bund are stunning highrise options - or simply grab an Old Fashioned at the lovingly-restored Long Bar at No.2 on The Bund (in the Waldorf Astoria). The terrace at The Apartment is also worth a look, while bars abound in the (touristy) area of Xintiandi, with further outdoor, expat offerings stuffing Yongkang Lu. aldorfastoriashanghai. com; theapartmentshanghai.com

SHOP

There's malls, luxury labels and high-street fashions galore – LV, Dior, H&M, all on a grand scale. Nanjing Road dissects
Shanghai and is said to be the busiest shopping street in China (beware the touts selling more than 'product'), while trinkets (and old-school charm) can be found at Taikang Lu.



GQ fave QT Hotels and Resorts just became even more inviting They've partnered with Malin+Goetz to fit out rooms with the New York-based company's hair and body range. Expect goodies like 'Peppermint' shampoo, 'Cilantro' conditioner and 'Rum' body wash. gthotels.com.au



extras to 'enjoy' on a long-haul flight are a faulty entertainment system, screaming babies and a serious risk of DVT. But that could be set to change.

Expedia reports that the fare gap between first and cattle class is shrinking – which means you

> might soon find yourself turning left a whole lot more. Or more than never, at least. And while a standard First Class experience could soon be within

reach, the big airlines are also looking to generously upgrade on what top dollar provides.

In addition to a chauffeur pick-up from home, personal cabin space and meals on request, premium passengers can now experience personal wardrobes, shower/spa facilities, 23-inch TV screens and a range of top-flight designer pyjamas.

Since Singapore Airlines introduced its double-bed suites - complete with Givenchy slippers – the bar has been raised. Not to be outdone, last December Etihad launched 'The Residence'. a 11.6m2 three-room suite with a butler and personal chef, on its 380 Airbus. The inaugural

Sydney-to-London flight is planned for June 1, though most will have to wait a bit longer given a return costs \$86,500.

As for Qantas, it doesn't really matter how comfy your sleeping arrangements are. As well as Neil Perry's eight-course tasting menu and 'sommeliers in the sky', the latest addition of Samsung Gear 'VR' headsets mean a good night's shuteye will only get in the way of the First Class fun.

The upshot? Enjoyable travel might soon be more affordable than you think. And if you have serious money to burn, the airlines are here to help spent it. singaporeair.com; eithad.com; qantas. com.au

ON TOP IN

Located opposite Madison Square Park, the historic 41-storey clock tower is not just a New York landmark, but now also a 273-room hotel. World-renowned architect David Rockwell's aim was to "evoke the intimacy of a private home" - which tells you a lot about the fancy digs he must live in, given loft suites start at approx. \$1250 a night. Though, the views are priceless. Opens May; editionhotels.com

PERCENTAGE OF HOLIDAYING **AUSSIES WHO ADMIT TAKING** A SELFIE A DAY. TRENDING NOW: THE FEET SELFIE. WHERE YOU SNAP YOUR TOES WITH THE BEACH IN THE BACKGROUND.

MAKEIT STOP.



THEAPP HOW TO BEAT

Need to hit the ground running? Tap travel dates, destination and typical sleep patterns into the Jetlag Genie and it'll come back with a personalised plan to beat the tyranny of the time zone. Smart. \$3.79; jetlaggenieapp.com



YOUR DAILY UPDATE

STYLE GROOMING GIRLS FITNESS ENTERTAINMENT SUCCESS LIFESTYLE



all the LATEST INFO ON QUALITY TECHNOLOGY - SEPARATING THE BEST FROM THE REST

THEIMS



DETACHABLE LAPTOPS

WE CHECK OUT THE NEXT-GEN OF COMPUTERS THAT TRANSFORM INTO TOUCHSCREEN TABLETS – AND SWING BY THE PORTABLE-SPEAKER PARTY.

WORDS CHARLIE BURTON & STUART McGURK PHOTOGRAPHY MATTHEW BEEDLE



THE LAB

1. 'SURFACE PRO 3' BY MICROSOFT

We badly want to like the Microsoft 'Surface Pro 3'. Just 800g, it's the lightest on test and is the only one, at 9.1mm thick, that feels like a tablet first and laptop second. But then, that's the problem – the keyboard/case is flimsy and the stand, which flips out from the back, is awkward to use.

FROM \$979; MICROSOFTSTORE.COM WIN: SLIMMEST ON TEST FAIL: POOR KEYBOARD; FIDDLY STAND

2. 'YOGA 3 PRO' BY LENOVO

The Lenovo's key innovation is the 'watchstrap' hinge, which flips 360 degrees for regular tablet use, and can remain in any position (such as forming a pyramid stand). But best is the size and weight – at just over 1kg, it's a marvel. \$2099; SHOPAP.LENOVO.COM WIN: BRILLIANT HINGE; REMARKABLY SLIM

3. 'TRANSFORMER BOOK FLIP TP550LA' BY ASUS

FAIL: RELATIVELY SMALL HARD DRIVE (256GB)

This Asus attempt is ludicrous. It's huge – about the width of a ship's hull. Fine, it's a 2.6kg chunky laptop. No crime, right? But why make this laptop a flip book? Maybe the screen makes it a great gaming tablet? Nope. That said, the 'Transformer Book T300 Chi' (\$1299) is a vast improvement.

POA; ASUS.COM
WIN: ER, HAS A HUGE
HARD DRIVE (1TB)
FAIL: LARGE; UNUSABLE
AS A TABLET

4. 'ENVY x2' BY HP*

The HP 'Envy' is far too bulky to be an effective tablet hybrid. It's slim enough, but the sheer size – 2.45kg in weight with a 15.6-inch screen – makes it unmanageable as a tablet. Comes with two USB ports and a HDMI connection. FROM \$1299. HP.COM WIN: LARGE SCREEN; GOOD FOR VIDEO FAIL: LIKE THE ASUS, UNUSABLE AS A TABLET

5. 'INSPIRON 13 7000' BY DELL

Smart – if a little utilitarian in design – this is a neat flip laptop that does everything well, if nothing spectacularly. With three USB ports, a HDMI connection – meaning you can link it direct to a TV – and double the storage of the Lenovo (at a better price), it is easily the best-value flip book on the market.

FROM \$1399; DELL.COM.AU
WIN: SLIM; MOST CONNECTIONS
FAIL: AT 1.66kg, STILL HEAVIER
THAN THE LENOVO

THE BREAKDOWN	'Surface Pro 3' by Microsoft	'Yoga 3 Pro' by Lenovo	'Transformer TP550LA' by Asus	'Envy x2' by HP	'Inspiron 13 7000' by Dell
Dimensions (h x w x d)	29.2 x 20.1 x 0.9cm	30 x 22.9 x 1.3cm	38 x 26.1 x 2.7cm	38.3 x 25.8 x 2.3cm	33 x 22 x 1.9cm
Weight	0.8kg	1.18kg	2.6kg	2.4kg	1.66kg
Туре	Break	Flip	Flip	Flip	Flip
Hard Drive	128GB	256GB	1TB	1TB	500GB
USB Ports	1 x USB 3.0	2 x USB 3.0, 1 x USB 2.0	2 x USB 2.0, 1 x USB 3.0	2 x USB 3.0, 1 x USB 2.0	2 x USB 3.0



MUSIC, UNPLUGGED

TO FILL A ROOM WITH THE TUNES ON YOUR HANDSET YOU NEED AN AMPLIFIER – AND THE BEST-LOOKING ONES DON'T USE ANY ELECTRICITY.

1. 'MEGAPHONE' BY EN&IS

Passive speakers are mainly about amplification, but the best also improve the music's timbre. Sadly, despite its price and scale, the ceramic 'Megaphone' isn't one of them.

Achieving middle-of-the-field volume but sounding worse than the raw iPhone, it might look good but you'd expect it to be far more technically accomplished.
\$1050; ENANDIS.COM.AU
WIN: KAPOOR-ESQUE STYLING
FAIL: TINNY SONICS

2. 'CHANGE THE RECORD' BY PAUL COCKSEDGE

More a novelty than a thoroughgoing piece of audio kit, this is a vinyl LP that has been reshaped as an amplifier. Problem is, there's no slot to keep your phone standing in the optimal position. On the plus side, that makes it device agnostic; on the downside – it means it's little more than a glorified bucket. \$65; PAULCOCKSEDGESHOP.COM WIN: INVENTIVE DESIGN FAIL: QUIETEST ON TEST

3. 'WALNUT PIVOT' BY KOOSTIK

A portable option that can hold a phone in two orientations, though neither make much difference to the volume. The main problem is that the holes inside are too small, so much of the sound is not channelled to the speaker. Still, it would fit right in to a neo-Scandi condo.

APPROX. \$100; KOOSTIK.COM
WIN: ACCOMMODATES PHONES
WITH CASES
FAIL: MUSIC SOUNDS COMPRESSED

4. 'HORN STAND'

If portability is paramount, then this is the speaker to buy. The silicone stand is compact enough to fit in a portfolio bag or sit on the side in the bathroom, yet it proved the second loudest of the group (boosting the iPhone's volume by 21 per cent). Plus there's an external button that makes it easy to use your device without having to remove it.

\$24.95; CASEBUDDY.COM.AU
WIN: FULL, CLEAR SOUND
FAIL: UNREMARKABLE LOOKS



THE BREAKDOWY	N	'Megaphone' by En&is	'Change The Record' by Paul Cocksedge	'Walnut Pivot' by Koostik	'Horn Stand'
Dimensions (h x w x d)	ž	320 x 450 x 340mm	300 x 280 x 280mm	63.5 x 88.9 x 190.5mm	105 x 47 x 48mm
Weight	S	2.5kg	250g	453g	40g
Max Volume Boost	>	16 per cent	10 per cent	14 per cent	21 per cent
Compatibility	S	iPhone and iPod Touch '2' to '6'	Any smartphone	iPhone '4', '4S', '5' and '6'	iPhone '4', '4S', '5' and '6', and iPad 'Air 2' and iPad 'Mini 3'

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STYLE

WINTER WARDROBE

ENJOY - FOR THIS IS THE SEASON TO REALLY MAKE A BOLD STATEMENT.





LIGHTER-COLOURED PANT TO LIFT AN OUTFIT.



DON'T WEAR ONE COLOUR HEAD-TO-TOE. **BREAK THINGS UP WITH** OTHERS THAT TONALLY MATCH.

WOOL 'GAYLE' JACKET, \$175, BY **COS**; WOOL JUMPER, \$49.90, BY **UNIQLO**; COTTON TROUSERS, \$119, BY COUNTRY ROAD; LEATHER BOOTS, \$260, BY VANISHING ELEPHANT; VANISHING ELEPHANT; COTTON 'BELVOIR TILE' SCARF, \$200, BY PAUL SMITH; STAINLESS STEEL 'FREELANCER' WATCH, \$3550, BY RAYMOND WEIL; SUEDE 'SCRIPT' BAG, \$1905, BY TOD'S.







LAYER GREENS - JUST MAKE SURE THEY'RE DIFFERENT SHADES AND DON'T BLEND INTO ONE ANOTHER.



DON'T

BE AFRAID TO WEAR A BOLD TAILORED COAT. YOU'LL STAND **OUT FOR ALL THE** RIGHT REASONS.





LINEN TRENCH COAT, \$3295, BY BURBERRY PRORSUM; WOOL-KNITJUMPER, \$150, BY BALLY; COTTON 'HECTIC' SHIRT, \$99, BY GIBSON; SILK TIE, \$99, BY JOE BLACK; WOOL PANTS, \$199, BY AQUILA; SUEDE SHOES, \$725, BY SALVATORE FERRAGAMO: FERRAGAMO; ACETATE GLASSES, \$450, BY DOLCE & GABBANA AT OPSM; WOOL 'PATRESE' SCARF, \$150, BY

POLYESTER/ COTTON BOMBER JACKET, \$649, BY

HUGO BOSS; WOOL/COTTON JUMPER, \$299, BY DIESEL; COTTON CHINOS, \$120, BY BEN SHERMAN;

COTTON-BLEND 'DAMSON SUMMER' SOCKS, \$35, BY PAUL SMITH;

PAULSMITH; LEATHER SNEAKERS, \$695, BY BALLY; WOOL 'TRAX' SCARF, \$199, BY JAC+JACK; LEATHER BELT,

\$510, BY PRADA

MJ BALE; LEATHER BRIEFCASE, \$999, BY HUGO BOSS.





ACCESSORIES

KILLER COMBOS

SHOES AND BELTS NEEDN'T MATCH, BUT THEY MUST WORK WELL TOGETHER.
SHAKE THINGS UP AND SHOW SOME INDIVIDUALITY WITH THESE STRONG LOOKS.





DAN HONG PLATES UP SOME OF THE COUNTRY'S FINEST FOOD AS THE MAN BEHIND SYDNEY'S MS G'S AND MR WONG. BEST YET, HIS PERSONAL FASHION - AND WANTS - ARE **EQUALLY TASTY.**



Favourite things NIKE SNEAKERS "The 'Flyknit' is the best sneaker silhouette to come out of Nike since the 'Presto' in 2000. I own about 25 pairs." nikestore.com.au



Wish list RIMOWA ALUMINIUM **LUGGAGE SET**

"I'm obsessed with all things Rimowa. It's the best travel luggage ever and lasts a lifetime." rimowa.com

"I BOUGHT THIS AT
THE SOPH
STORE IN
TOKYO – THE
RAINBOW POLKA DOTS STOOD OUT, IT'S BY UNIFORM EXPERIMENT."

SOPH.NET

"THIS IS ACTUALLY MY WEDDING JACKET FROM FOUR YEARS AGO. IT'S STILL MY FAVOURITE AND OBVIOUSLY HAS THE MOST SENTIMENTAL VALUE TO ME."

PJOHNSON.COM.AU



These were given to me by Jason Denham. You can't go wrong with Japanese selvedge denim." denhamthejeanmaker.com



Wish list 2015 LEXUS NX 300h

"I have an old Lexus SUV but this new one looks amazing. I'm yet to test it but love the look and as a Lexus owner, I'm sure it's a great car to drive." lexus.com.au

Favourite things VISVIM SHIRT

"Visvim has always been a label that's represented Japanese men's fashion at its finest, in terms of attention to detail and general quality. I like to wear it to fancy restaurants." shop.visvim.tv

Get his look VISVIM SHOES

"The Visvim 'FBT' is based on Native American moccasins Native American moccasins and have quite a cult following. These are super comfortable and can be worn casually. They're also the perfect 'going out' shoe without wearing typical leather dress shoes." shop.visvim.tv





MIX AND MATCH

RULES ARE THERE TO BE BROKEN, RIGHT? PERMISSION TO PAIR WARM BROWNS WITH COOL BLUES.

RAYMOND WEIL

GENEVE





STYLE SHRINK SIX WAYS TO WEAR

IN SUPPORT OF THE **OVARIAN CANCER** RESEARCH FOUNDATION'S (OCRF) WHITE SHIRT DAY, **WE SHOW HOW** TO MIX'N'MATCH THIS STAPLE. OCRF.COM.AU

> COTTON 'ROCKER'
> JACKET, \$180, BY NEUW
> DENIM; COTTON SHIRT,
> S99.95, BY WITCHERY;
> COTTON JEANS, \$755,
> BY GUCCI; LEATHER BY GUCCI; LEATHER
> 'SPORTIVO' SNEAKERS,
> \$735, BY TOD'S;
> STAINLESS STEEL
> 'CONQUEST' WATCH,
> \$1925, BY LONGINES;
> LEATHER BACKPACK,
> \$800, BY A-ESQUE.

COTTON PUFFER VEST, \$319, BY A/X ARMANI EXCHANGE: COTTON SHIRT, \$99,95, BY WITCHERY: WOOL 'ASHTON'TROUSERS (AS PART OF SUIT), \$1195, BY FARAGE.

COTTON BOMBER
JACKET, \$899, BY HARDY
AMIES; COTTON SHIRT,
\$99.95, BY WITCHERY;
COTTON/POLYESTER
PANTS, \$59.95, BY H&M;
LEATHER 'RUNAWAY'
SNEAKERS, \$4850, BY
LOUIS VUITTON;
STAINLESS STEEL 'v-RAY'
WATCH, \$2295, BY WATCH, \$2295, BY
VERSACE WATCHES;
LEATHER SATCHEL, \$3295,
BY BURBERRY PRORSUM.



THE BEST WAY TO IRON A SHIRT



1. WITH THE BACK FACING UP, FIT SHIRT OVER THE RECTANGULAR END OF THE BOARD AND LIGHTLY MOISTEN SHIRT WITH A WATER SPRAY.



2. FINISH IRONING THE BACK AND FLIP THE SHIRT OVER, WITH THE FRONT FACING UP. PULL SHIRT DOWN SO THE SHOULDER SEAM LIES FLA ON THE BOARD AND IRON. REPEAT ON THE OTHER SIDE.



3. TAKE THE SHIRT OFF THE BOARD, FLIP THE COLLAR UP AND LAY DOWN SO THE BACK OF THE COLLAR FACES UP. SPRAY WITH WATER AND IRON. FOLD CREASE IN COLLAR AND IRON IN.



4. LAY A SLEEVE LENGTHWAYS ON THE BOARD AND WHILE PULLING IT TIGHT FROM THE CUFF, IRON FLAT. KEEP ROTATING TO AVOID A CREASE. THEN OPEN THE CUFF AND LAY FLAT SO THE INSIDE FACES UP. REPEAT WITH OTHER CUFF.

OUTFITTER

1. SUNGLASSES

"Because sunglasses aren't only for summer – especially given the number of dingy dive bars we plan to hit up this winter. (Cue next day's necessity – eyeshades!)" RICHARD CLUNE, DEPUTY EDITOR

ACETATE SUNGLASSES, \$580, BY CELINE AT SAFILO.

2. BAG

"The perfect mix of business and pleasure – this guy is proof there's no such thing as a bad day in the office, not when sporting Dior. Fact." JAKE MILLAR,

FEATURES WRITER
LEATHER BRIEFCASE, \$73

BY DIOR HOMME.

GC

FIVE PIECES THE TEAM WANT RIGHT NOW.

3. FEDORA

"Getting into the hat game has been on my agenda for a while. This red felt number and our fashion intern's fedora collection has pushed me over the line. Hats off (sorry) to both."

MIKE CHRISTENSEN,

MIKE CHRISTENSEN, CHIEF SUBEDITOR FELT 'SPEAKEASY' FEDORA, \$250, BY AKUBRA AT STRAND HATTERS.

3

5. SHOES

"With footwear, there are labels I trust to look good and fit well before I buy online. Mark McNairy's brand of understated streetwear tops the list." JOHN AGNEW, ONLINE CONTENT PRODUCER

LEATHER BOOTS,
APPROX. \$570, BY MARK
MCNAIRY AT MR PORTER.

4. BELT

"When it comes to personal style, I've always been partial to a bit of '70s flair – and this belt hits the spot." BARNABY ASH, FASHION EDITOR CANVAS BELT, APPROX. \$305, BY GUCCI AT MR PORTER.

BY GUCCI AT MR PORTER.





BRUSH UP

GQ GROOMING EDITOR DAVID SMIEDT REVIEWS THE ORAL-B 'SMARTSERIES 7000' TOOTHBRUSH.

Every year, a bunch of grooming hardware lands at *GQ* HQ. Most promise cutting-edge technology, sleek styling and vast improvements on their predecessors. Most fall short on their claims.

The Oral-B 'SmartSeries 7000' toothbrush delivers on all three fronts. Its onboard bluetooth technology helps maintain optimum dental health by working in tandem with a free smartphone app to record brushing routines and patterns so your dentist can help you target problem areas.

Better still, the brush can store data from 20 brushing sessions and automatically updates whenever you launch the app. The fact that the app also syncs in with your calendar and local weather is a huge plus in preparing for the day ahead.

Welcome to the future of dental care and your best smile yet. 2. CUSTOMISED PERFORMANCE
Choose from these six cleaning modes: Daily Cleaning', 'Deep Clean', 'Whitening', 'Gum Care', 'Sensitive' and 'Tongue Cleaning'. There is also an onboard pressure sensor which flashes red on the brush and app to indicate when you are brushing too hard and causing potential

damage to your teeth and gums.

2

C

V

GUIDE

Onle

1. CLEAN FINISH
Compatible with six
different brush heads
'CrossAction', 'Precision
Clean', '3D White',
'Sensitive', 'Floss Action'
and 'TriZone' - the
bristles oscillate, rotate
and pulse to remove
100 per cent more
plaque than a

normal toothbrush

4. BLUETOOTH WHITE TEETH In a market first, the app that links with the Oral-B 'SmartSeries 7000' not only helps you achieve the 'two minutes twice a day' brushing routine recommended by dentists, it's also constantly updated with tips for dental health and syncs with your calendar and weather reports — so you know what lies ahead in your day.

heyond the hathroom



3. ON THE MOVE The Oral-B 'SmartSeries

7000' toothbrush is

available in black or

white models, and comes in a compact

yet elegant case that

is ideal for travel.

3

FOR MORE ON THE ORAL-B SMARTSERIES 7000, VISIT SMARTSERIES CONNECTED BRUSH. COM. AU

GROONING

CALVIN KLEIN
'REVEAL' EDT,
\$110 (100ml)
Think you've

outgrown CK?
Think again. Charlie
Hunnam fronts the
campaign for this
departure from the
notes on which
Calvin Klein has
built its scent
empire. We're
talking pear brandy,
salt, vetiver and
golden amber.
calvinklein.com

')

'BLEU DE CHANEL'

EDP, \$188 (150ml)
Already rivalling
'Acqua Di Gio' as
Australia's most
popular men's
scent, Chanel's
amplified its star
with signature hints
of sandalwood,
cedar and vanilla.
chanel.com

3

DUNHILL 'ICON' EDT, \$125 (100ml)

The past couple of years have seen Dunhill produce several scents it could easily charge double for. And 'Icon' is no exception. Italian bergamot, neroli absolute, leather and oud are all on display. As is a masterstroke of oak moss to provide lingering depth. dunhill.com

4

BOTTEGA VENETA 'POUR HOMME EXTRÊME' EDT, \$145 (90ml)

A juiced-up version of the esteemed Italian house's original 'Pour Homme', think pinewood, fir balsam and aged leather with hints of pimento providing a point of difference to the predecessor. davidjones.com.au

BLEU CHANE

WINTER SCENTS

JUST AS YOU EMBRACE HEAVIER FABRICS THIS TIME OF YEAR, SO TOO DO MORE SUBSTANTIAL FRAGRANCES COME TO THE FORE. AND THIS SEASON IS A BELTER.

EDITED BY DAVID SMIEDT PHOTOGRAPHY NIGEL LOUGH

PENHALIGON'S

*LOTHAIR' EDP, \$279 (100ml) Inspired by tea-clipper ships that plied the trade routes between Britain and her (then) empire, this unisex number becomes more interesting the longer it sits on the

skin. Black tea, fig leaf and cedar are just some of the players. agencedeparfum.com.au

ACCA KAPPA '1869'
COLOGNE, \$95 (100ml)
Named after the
founding year of this
Italian firm, '1869' has a
pleasingly old-school
aura. The alwaysreliable notes of leather
and cardamom are
lifted by geranium, with
vanilla and amber able
wingmen. saison.com.au

LIGONS

HAIR

DAVID BECKHAM INSTINCT COLD EDITION

DON

3

VERSACE 'POUR HOMME OUD NOIR' EDP, \$165 (100ml); A little late to the oud party (yes, that's a thing) but the wait's been worth it. Bitter orange is offset by effervescent neroli, while saffron and resin add a heart of beguiling darkness – code for 'you need some'.

versace.com

CHEEKS)

AMERDEEN

DAVID BECKHAM
'INSTINCT GOLD EDITION'
EDT, \$39 (50ml)

Breaking out the bling to celebrate its 10th anniversary – no small feat in the fickle world of fragrance – the rosemary, cedarwood and juniper blend keeps punters rightly coming back for more.

beckham-fragrances.com

CREED 'ACQUA ORIGINAL ABERDEEN LAVENDER' ED \$385 (100ML)

This fougere fragrance practically leaps from its flacon with an introduction of absinthe and rosemary, a central bouquet of iris, lavender and tuberose on a base of leather and vetiver. OK, so it's lavender, but not as you (or your nan) know it. libertinepar fumerie.com.au



GROONINGAWARDS

2015

WHO'LL CLEAN UP AT THE INAUGURAL GO AUSTRALIA GROOMING AWARDS? HEAD TO GO.COM.AU FOR MORE ON THIS BRAND-NEW EVENT – REWARDING THE BEST IN HAIR CARE, SKIN CARE, SCENTS, SHAVERS, GADGETS AND BEYOND, AS JUDGED BY AN ELITE PANEL OF EXPERTS.

GQ.com.au

IT'S NOT SO MUCH ABOUT GETTING RID OF HAIR AS TAKING CARE OF THE SKIN UNDERNEATH. THIS ROUTINE WILL KEEP YOUR BABY-SMOOTH FACE FEELING AS GOOD AS IT LOOKS.

1

REPEAT: SHAVING IS SKINCARE

Don't think of this as the act of slicing off facial hair – stubble is dead and feels nothing, much like your mate who works in banking. No, the right mentality for shaving is: how do I ensure my smooth, soft skin remains, well, smooth and soft? Once this is accepted as the guiding principle, the mission becomes clearer.





Yes, mornings are a groggy hustle to get out the door, but try not to grab a razor the moment you wake up. Faces are puffy when you first roll out of bed, yielding a trickier shaving surface than when it's firmer, so wait 10 minutes, make a coffee, do some crunches, check your ex's Instagram for the seventh time — or all of the above.

3 SHAVING

SHAVING STARTS WITH A STEAM Dermatologists suggest shaving in the shower, where the steam helps clear pores and allows for a cleaner, closer cut. And sure, that works for some guys. If you're not a fan of this method, shave right afterwards or use a hot towel on the face to get a similar effect.

4



Whether or not you shower (yes, we're judging), try one of the newfangled preshave oils kicking about. We like the Floïd 'Pre Shave Oil', \$17 (50ml). It'll soften your stubble and create a smoother landscape for your razor. "Under a microscope, the skin looks like a mountain range, with peaks and valleys," says dermatologist Terrence Keaney. "A pre-shave oil will fill in those valleys." pureman.com.au



The no-hassle

The Gillette 'Fusion ProGlide' is top of the class. (See p113XX for our review of the latest model.) gillettefusion. com.au

The on-the-go, electric option Such shavers have always been easy to use but sometimes patchy at their job. The Philips '9000' series is the Bentley of the category, with slower speeds for sensitive skin and the ability to handle wet shaves (aka all the face creams you'll use). philips.com.au



TRY A LOVING LATHER



Even after the shower and shave oil, you still need to lather up, but steer clear of Dad's foam as it can dry out skin. Dermalogica 'Soothing Shave Cream', \$26.50 (180 ml), will keep things hydrated. dermalogica.com.au

7

MASTER THE ANGLE OF ATTACK

Hold the razor close to your face, though there's no need to apply extra pressure — modern blades are so sharp that just a feathery touch will do.

8

STUDY THE MAP OF YOUR FACE

Note the various directions that your beard hairs grow — if unsure, let stubble grow for a couple of days to find out. Now shave with the grain, once. (Lather up again if a second pass is needed.) Cheeks first, then neck, then lips, using your fingers to keep skin nice and taut.

9

PAMPER, NOT STING, YOUR SKIN



Repeat after us: alcohol is for drinking, not for after shaving. Splash a little cold water to help rehydrate your skin, then rub in a light moisturiser. Those prone to razor bumps can add Kiehl's 'Razor Bump Relief', \$38 (150ml), at night. Look at that – beard gone, skin still there and healthier than ever. kiehls.com.au



THE COLD-**WEATHER CUT**

SMARTEN UP FOR WINTER WITH THE SEASON'S MOST VERSATILE HAIRSTYLE.



THE CUT: SHORT BACK AND SIDES WITH LENGTH LEFT ON TOP, THE SHORTER SIDES AND BACK CAN BE BLENDED INTO THE TOP FOR A SOFTER. TIMELESS LOOK, OR DISCONNECTED WITH AN OBVIOUS PART-LINE FOR A MORE DRAMATIC, ON-TREND RESULT, WHEN BRIEFING YOUR STYLIST, PICTURES ACT AS A GREAT REFERENCE GUIDE TO ENSURE THE DESIRED LENGTH AND OVERALL LOOK. THE STYLIST: DAVID CARTWRIGHT, AVEDA'S NATIONAL HAIR EDUCATOR

THE WORK LOOK:

A classic coif where hair is pushed right back or to the side with a 'wet' finish. After washing and conditioning. use a medium-tooth comb to style, allowing hair to dry and set naturally. Then add Aveda 'Men Pure-formance Liquid Pomade', \$39 (200ml), for a light hold, or Aveda 'Men Pure-formance Firm-Hold Gel', \$39 (\$150), and you'll be the talk of the office.

MEET THE PARENTS LOOK:

Apply Aveda 'Thickening Tonic Styling Spray', \$39 (100ml), to freshly-washed, towel-dried hair. Blow-dry with fingers. lifting slightly from the roots to add further texture. Finish with Aveda 'Men Pure-formance Grooming Clay', \$39.95 (75ml), for a matte and natural look that has good hold particularly for fine hair. And don't forget your manners (in front of the future in-laws).

THE WEEKEND LOOK:

Ideal for wavy or curly hair with a focus on natural texture. Once washed and towel-dried, apply Aveda 'Thickening Tonic Styling Spray', \$39 (100ml). Roughly blow-dry hair, scrunching it until no longer damp. For wavv hair, use Aveda 'Pure Abundance Hair Potion', \$39.95 (20a), to create volume and a textured, matte finish. aveda.com.au

TREND

TELOMERES – EVERYTHING

protecting become damaged and die.

So why should you care? In the case of







/()(PERCENTAGE **OF THE** PACKAGING THAT IS RECYCLED IN LUSH's NEW **DIRTY SPRING** WASH SHOWER GEL FOR MEN'.

\$8.50 (100g).

Kevin Murphy has long been a dab hand at formulating hair products to groom, cleanse and condition. But his next effort aims to help Australians thinning on top. 'Stimulate.Me' (what's. with.the.full.stops. Kevin?), the new range comprises a 'Wash' (\$34.95; 250ml), 'Rinse' (\$35.95; 250ml) and 'Thick. Again' (\$49.95: 100ml) leave-in treatment. While you can use individually, they're most effective

combined (obvs). kevin murphy. com.au

A CAPITAL APPOINTMENT

BECAUSE THERE'S (NOW) MORE TO CANBERRA THAN ROUND POLLIES AND ROUNDABOUTS.

The Australian capital's been (unfairly, depending on who you talk to) maligned as a style desert. That was then.

When next passing a bill in the Senate, pop into QT Hotel's barbershop - open Tuesday to Saturday 10am-6pm - for 'The Don' treatment (\$45).

In 20 minutes, you get a straightrazor shave with cold towel, moisturiser and a splash of aftershave to finish. And on the sartorial stakes, check out the immaculate barbers dressed in MJ Bale.

Sydneysiders, head to QT Sydney for the same service. qthotels.com.au



STIMULATE-ME.HINSE

KENIN'WINBHA

STIMULATE-ME.WASH

Shampooing stimulant et raichissant pour cheveux et cuir chevelu

250mL / 84 FL Oz Lio 6



THE RAZOR

ANYONE WHO WET SHAVES APPRECIATES THE ABILITY TO PIVOT BACK AND FORTH ALONG THE CONTOURS OF THE FACE, GILLETTE'S NEW 'FUSION PROGLIDE WITH FLEXBALL' (\$16.49) OWNS THE CONCEPT - WITH A MECHANISM THAT HELPS THE BLADE MOVE NOT ONLY TO AND FRO, BUT IN SIDEWAYS ARCS. IT MEANS FEWER PASSES, MORE STUBBLE REMOVED AND LESS TIME GURNING IN FRONT OF THE MIRROR. GILETTE.COM.AU



POMADE KING

We're digging local brand King Brown's 'Original' pomade, \$20 (70.8g). Offering the right amount of sheen and hold, the retro packaging is too striking to keep in a bathroom drawer. And the tobacco/vanilla scent is one of the better varieties to come our way. Check out the tortoiseshell brushes and combs too, from a measly \$2. kingbrownpomade.com

FROM INTERIOR DESIGN TO ART AND CULTURE

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EDITOR'S LETTER

In the previous GQ Watch, we invited readers to put their best wrists forward. And the resulting street-style photo shoot proved a few points quite profoundly:

- 1. You gents are proud of your timepieces.
- 2. So you should be.

(It also showed we're asking the right questions here at GQ Watch – so hurrah for us.)

The response to the feature was great, the conversation online was humming, and one particular reply – "what are some of your most coveted watches?" – was something simple for us to explore.

And so, in the spirit of delivering what the reader wants, we crack the ceremonial Champagne bottle on the hull of this edition with Team GO's wristwear wish list.

Beyond such insight, GQ Watch wraps up our recent trip to SIHH (Salon International de la Haute Horlogerie), while we present the best of Baselworld 2015 and chat to Michael Clarke about his exciting association with Hublot.

There's also the small matter (read: big deal) of

Tiffany & Co's timely return to form, as well as more watch porn than any man can possibly handle.

So, enjoy (responsibly) and consult all significant others before any major purchases. Or don't – we won't tell.

ANDREW McUTCHEN GQ WATCH EDITOR



ON THE COVER

STAINLESS STEEL
'CALIBRE DE CARTIER
DIVER' WATCH,
\$10,400, BY CARTIER.
PHOTOGRAPHY:
EDWARD URRUTIA



THE WATCHES WE WANT

ANDREW McUTCHEN

GQ Watch editor
"The shade of blue on the
Baselworld 2013 Rolex 'GMTMaster II' is chameleonic. In
differing light, it's midnight
blue, royal blue or almost
black – giving the watch a
mercurial character that
elevates it above a pure
sports watch."
STAINLESS STEL 'OYSTER
PERPETUAL GMT-MASTER II'
WATCH, POA, BY ROLEX.

NICK SMITH

Editor in chief
"Now past the half-century
mark, the 'Speedmaster' is
still an exceptionally relevant
watch, and when in 18-carat
orange gold with a black
ceramic dial, it's a damned
handsome one too."
GOLD 'SPEEDMASTER
MOONWATCH 9300'
WATCH, \$30,225,
BY OMEGA.

RICHARD CLUNE

Deputy editor
"When it comes to
watchmaking, heritage is
key, something Longines'
latest 'Column-Wheel Single
Push-Piece Chronograph'
has in abundance. Influenced
by the brand's first
chronographs developed in
1913, this piece's traditional
aesthetic is, ahem, timeless."
STAINLESS STEEL 'COLUMNWHEEL SINGLE PUSH-PIECE
CHRONOGRAPH' WATCH,
\$5200, BY LONGINES.

BARNABY ASH

Fashion editor
"Four years of testing and development, and 421 prototypes later, Victorinox is finally satisfied with the durability of the 'INOX' watch. And durable it definitely is, surviving being run over, repeatedly, by a 64-tonne tank."
STAINLESS STEEL
'INOX' WATCH, \$725, BY VICTORINOX.





THE WHOLE WORLD TO THE NEAREST MINUTE.



Duomètre Unique Travel Time. Jaeger-LeCoultre Calibre 383.

Paris, New York, Tokyo, New Delhi... Swiss precision around the globe. The Duomètre Unique Travel Time is the world-time watch offering dual-time adjustment to the nearest minute. A feat made possible by the patented Dual-Wing movement. With 180 skills united under one roof, the Manufacture Jaeger-LeCoultre consistently contributes to driving advances in the field of Fine Watchmaking.



Cartier

CALIBRE DE CARTIER DIVER

MANUFACTURE MOVEMENT 1904 MC

WATER-RESISTANT TO 300 METRES, THE CALIBRE DE CARTIER DIVER WATCH IS AN AUTHENTIC DIVING WATCH. FITTED WITH THE 1904 MC MOVEMENT, IT COMBINES THE HIGH TECHNICAL REQUIREMENTS OF THE ISO 6425: 1996 STANDARD WITH THE ASSERTIVE AESTHETICS OF THE CALIBRE DE CARTIER WATCH. ESTABLISHED IN 1847, CARTIER CREATES EXCEPTIONAL WATCHES THAT COMBINE DARING DESIGN AND WATCHMAKING SAVOIR-FAIRE.





WATCH



The IWC **SIHH Party**

Simply Red (remember them?) playing 1982's single 'Money's Too Tight To Mention' at the IWC shindig is the most ironic thing ever to happen at the Salon de la Haute Horlogerie (SIHH) and the moment wasn't lost on lead singer Mick Hucknall, who told GQ: "Not many people have to worry about money in this room." He's right. With tickets roughly \$3000 a head, the night was star-studded (hello Christoph Waltz and Emily Blunt) and celebratory, with the relaunch of the powerhouse IWC 'Portugieser' model, front and centre. iwc.com

Edox Yacht Racing

Edox CEO, Alexandre piece (his father bought the rights to the revived 130-year-old Swiss brand in

beaten Roger Federer at his own game. We recently caught up with Strambini (a former Swiss tennis player), who was in Sydney to celebrate another year of Edox

sponsoring the Extreme Yachting Series. "Edox is not a brand that wants to partner with anything too luxurious," he watches that can withstand any treatment We want to be competitive, professional Swiss watches that also have an excitement about them - like these amazing series and Chronograph Automatic watch, \$5000, by Edox; edox.ch





MICHAEL CLARKE

For sports fans, Hublot's ambassadors read like the ultimate dinner party: Usain Bolt, Kobe Bryant, Dwyane Wade, Pelé and now our very own 'Pup', Australian cricket captain Michael Clarke.

The 34-year-old is Hublot's first ever Australian 'wrist' and the association also represents the brand's bold foray into cricket, as prime sponsor of the recent ICC World Cup.

We caught up with Clarke - throwing down a few quickfire questions about his love of all things horological. 1. What is your daily watch? The 'Big Bang Black Magic'. 2. What do you like about it? It's versatile and tough. I don't ever worry about scratching it.



3. Would you ever wear a watch on the pitch?

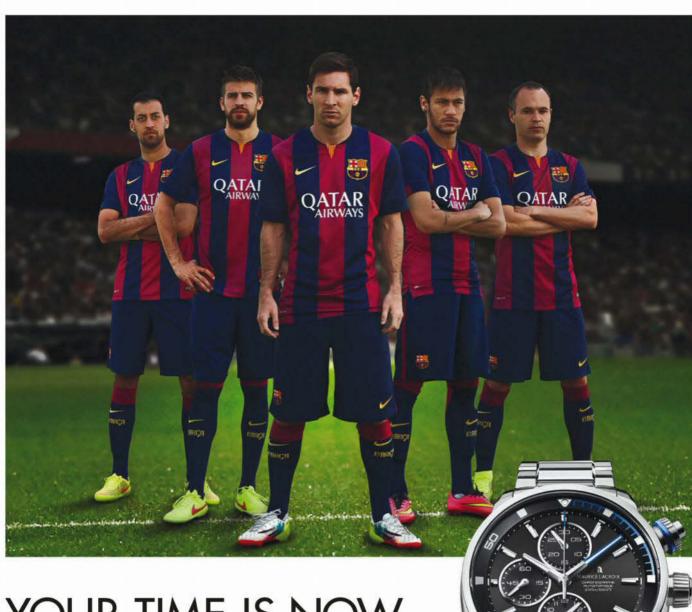
No. There's a real risk it can get hit. The watch doesn't need the damage and I probably don't need it either.

4. Do you keep your watches in the locker room?

Ha, I don't know if I trust the boys - a few of them are pretty on-the-ball, they know mine are good.

5. What do you wear for dressier events?

The 'King Gold Ceramic Big Bang Unico'. hublot.com



YOUR TIME IS NOW.

MORE THAN A CLUB. MORE THAN A WATCH.

MAURICE **M** LACROIX

Manufacture Horlogère Suisse For a catalogue please phone (02) 9425 5000



FC BARCELONA OFFICIAL WATCH PARTNER

6 TITANIUM MARE NOSTRUM TITANIO WATCH, \$50,900 BY PANERAL

A Classic Comeback

In 1943, Officine Panerai created the 'Mare Nostrum' (meaning 'our sea') chronograph for Royal Italian Navy officers. Seventy two years on, it's released a limited run (150 pieces) of the 'Mare Nostrum Titanio' - a faithful reproduction of that original, updated to today's high standards. Notable inclusions are a brushed titanium case and a high-quality hand-wound OP XXV Calibre movement, all hand-finished with defining technical details such as a column wheel and swan neck regulator, panerai.com

THE COUNTDOWN TO RIO

A watch for a specific occasion has to be subtle enough to keep the piece timeless, while still nodding to the event in question. Step forward the Omega 'Speedmaster Mark II Rio 2016'. Launched as part of the brand's official timekeeper role (Rio will be Omega's 27th Olympics), the unique chronograph dial features gold, silver and bronze circling the three sub-dials. Aesthetics aside, the piece is powered by the label's calibre 3330, equipped with a Si14 silicon balance spring and a Co-Axial escapement with









CARTIER CUTS SHAPES IN SYDNEY

The square 'Santos', the round 'Ballon Bleu', the rectangular 'Tank', then Johnny Depp's favourite, the tonneau-shaped 'Roadster', and the 'Tortue' - proof that Cartier, the watchmaker, is all about shapes.

Little wonder, then, it recently held a 'Shape Your Time' event at a Sydney Harbour mansion, unveiling some of its latest innovations within these shapes, with a focus on skeletonised movements. Our highlights were the 'Tortue XL Perpetual Calendar' and the 'Tank MC Skeleton' two-tone. au.cartier.com





FROM LEFT: STAINLESS STEEL SANTOS DE CARTIER GALBEE WATCH, \$7650, BY CARTIER; THE LABEL'S SHAPE YOUR TIME EVENT IN SYDNEY.



JOHN MAYER

Yes, the muso often muttering about breasts (namely those of exgirlfriends) is the world's highest-profile watch geek.

He may have been rolled by his broker for the odd (allegedly) fake vintage Rolex, but he's still on the GPHG (Grand Prix d'Horlogerie de Geneve) judging panel – the watch industry's Oscars.

He's also Hollywood's leading watch Instagrammer (@ johnmayer) with a million followers.

So, what can you expect for adding the 37-year-old to your feed? One watch per 30 posts on average (in among all the selfies) but when he drops a piece, it's heavy the first watch he was "passionate about" was an iWC 'Big Pilot' and it pops up in all kinds of places.

What else does Mayer wear? Try insanely enviable pieces, including vintage Patek Philippes noncelebrities can but dream of.













NEWSFLASH

IT'S ALL IN THE BLUE BOX

BREATHE EASY GENTS - WE'RE NOT TALKING ENGAGEMENT RINGS, RATHER, TIFFANY & CO's LATEST WATCH COLLECTION.

There's an old saying that you should judge a man by the company he keeps. If the same holds true for brands, Tiffany & Co is totally in luck. Why? Because its relationship with luxury watch leaders Patek Philippe extends back to 1851.

"This is something quite rare and really rather exceptional," said Patek Philippe president, Thierry Stern.

"There is credibility behind Patek and credibility behind Tiffany. Credibility is more important than ever today, I really believe this. Somebody can buy from us, give the gift to their children or grandchildren and know that Patek and Tiffany will both still be here. That is something very special."

But don't think for a (New York) minute that Tiffany & Co is just another jeweller making good in the profitable world of luxury watches. Oh no, far from it.

Enter the new 'CT60' collection. With Tiffany & Co proudly emblazoned on the dial, the various pieces mark a move in the heritage direction - its lineage traced back to a watch it gifted US President Franklin D Roosevelt in 1945. The new line consists of 34mm and 40mm three-handed watches, a chronograph and a very masculine calendar watch, all inspired by said significant Tiffany & Co archive piece. tiffany.com.au





THREE BOSSES

THREE QUESTIONS



ARNAUD CARREZ MARKETING AND COMMUNICATIONS DIRECTOR, CARTIER INTERNATIONAL

THE CONTEXT: At SIHH earlier this year, the label did something that, in the slow-moving if innovative Cartier world, was radical – it released a new watch. Not a new version of an existing piece; but an entirely new design. The 'Clé de Cartier', French for 'key', is a doff of the Cartier cap to keys used to wind antique clocks. THE QUESTION: What was the brief to designers when you went to create something completely new?

THE ANSWER: "The original brief with the 'Clé de Cartier' was to start from the curve, to start from the line and the geometry. We consider ourselves a master of shapes, so when we introduce a new watch it must be potentially iconic in terms of its shape. The miracle in this watch is the crown, which is literally the 'clé', or the key, to its design."



JEROME LAMBERT

THE CONTEXT: Lambert landed at Montblanc in 2013 with a reputation that boasted taking Jaeger-LeCoultre from obscurity to the stars. He's since been charged with the same lofty mission for a brand continually dogged by the perception its talents lie elsewhere – namely in a quaint, handwritten letter.

THE QUESTION: Would you say being so well-known for pens is a drawback when trying to sell watches?

THE ANSWER: "No. We are a brand that has an icon – we are known for it all over the world. How many brands can claim the same? I consider it a foundation to build our multiple platforms on. The values of our 'Meisterstück' fountain pen are the same that our timepieces offer: heritage, timeless designs and exceptional craftsmanship."



ALAIN ZIMMERMANN CEO, BAUME & MERCIER

THE CONTEXT: All it took for one of Geneva's oldest watchmaking brands to regain relevance was the release of a new watch, 2013's 'Clifton'. Not only does it link to the golden age of the wristwatch in the '50s, it also taps into the vintage zeitgeist that shows no signs of slowing down.

THE QUESTION: Where do you want Baume & Mercier to sit in a modern gent's watch journey? THE ANSWER: "The mission for Baume &

THE ANSWER: "The mission for Baume & Mercier is to be the first watch in the journey, and to make this first experience the highest level of quality at an affordable price. Maybe we keep that person for one, three, four, 10 years, and then they leave to another brand. But there are many people who will just buy one watch, a 'Classima' or a 'Clifton', and keep it for life. This is what we stand for."







FASHION WATCHES

THE LATEST PIECES FROM THE LUXURY LABELS.

1. DIOR

Dior's longstanding 'Chiffre Rouge' collection has been bolstered by the new 'C03' model, which includes a moon phase, easy-to-read date window, petite second counter and a 50-hour power reserve. The grey, mother-of-pearl dial is decorated with pink gold and surrounded by a brushed steel case and black perforated calfskin strap. With a limited run of 100, be sure to get in early. STAINLESS STEEL 'CHIFFRE ROUGE C03' WATCH, \$11,900, BY DIOR TIMEPIECES.

2. CHANEL

Since debuting back in 2000, the famed 'J12' has found a wealth of followers - and it's fair to suggest that same shadow will follow new masculine update the 'G10'. Featuring a classic military NATO strap, the piece is crafted with a scratchresistant titanium, ceramic and steel case, automatic movement (with a 42-hour power reserve) and choice of a blue or grey dial with matching crocodile strap. Yes, please. STAINLESS STEEL 'J12-G10' WATCH, \$6900, BY CHANEL.

3. GUCCI

When launched in 2013, the Gucci 'Dive' collection - which now comprises eight quartz offerings in a multitude of colours and effects - made an immediate splash. Water-resistant to 200m, they come in three sizes with a diameter of 32-, 40- or 45mm. With or without the distinctive greenred-green striped strap, this is a formidable blend of form and function and we like the unusual touch of putting the date window at six o'clock. STAINLESS STEEL 'DIVE' WATCH, \$1375. BY GUCCI.

4. LOUIS VUITTON

DLC (diamond like carbon) steel combined with black MMC (matrix metal composite) and black calf leather make Louis Vuitton's latest very aesthetically pleasing. And it's no joke in technical terms, boasting an LV92 calibre automatic movement with a 42hour power reserve, chronograph and GMT functions with a day/ night indicator. STAINLESS STEEL TAMBOUR ÉVOLUTION CHRONOGRAPHE' WATCH, \$11,500. BY LOUIS VUITTON.

5. HERMÈS

After garnering several industry prizes for its 'Arceau Le Temps Suspendu', Hermès is launching two new variations of the iconic rose-gold creation. Most notable for its playful approach to horological mechanics, this watch creates the illusion of suspended time for occasions when you don't wish to be governed by the seconds ticking away. So you'll turn up late for dinner, but won't be stressed. STAINLESS STEEL 'ARCEAU LE TEMPS SUSPENDU' WATCH. \$25,350, BY HERMÈŚ.

6. BURBERRY

The venerable British style house takes the term 'limited edition' so seriously that only 20 of the 'Britain Icon Check for Men' timepieces will be released. The brainchild of Burberry's chief creative officer and CEO Christopher Bailey, this watch is crafted in anthracite DLC-treated titanium and features a dial which affords a glimpse into its mechanical calibre and Côtes de Genève decoration. TITANIUM 'THE BRITAIN ICON CHECK FOR MEN' WATCH, POA, BY BURBERRY.

BASEL

FIVE STANDOUT PIECES UNVEILED AT THIS YEAR'S BASELWORLD WATCH FAIR - THE LARGEST OF ITS KIND IN THE WORLD.

HUBLOT 'CLASSIC FUSION AEROFUSION'

Believe it or not, this is Hublot's first-ever collection with a moonphase, the sapphire dial revealing the complete calendar movement in all its glory. The brand, otherwise known for brashness and bravado, is inching ever closer to elegance with this addition to the 'Classic Fusion' range. Keep them coming.

TAG HEUER 'CARRERA CALIBRE 18 TELEMETER'

TAG Heuer has rich stocks of heritage pieces, dating back to before the 1985 union of TAG and Heuer. Few are as storied and handsome as this black and white dial 'Carrera', a chronograph that will excite purists and educate late adopters. And it's sized at a perfect 39mm.

Price: \$8050





OMEGA SEAMASTER AQUA TERRA JAMES BOND SPECTRE

Still six months until the 24th Bond flick, *Spectre*, hits cinemas, but in true Swiss fashion, the official Bond watch (as seen on Daniel Craig's capable wrists) has landed early. Unique elements include the Bond coat of arms embossed on the dial and applied on the yellow second hand. A limited-edition piece, only 15,007 will be produced. Get it?

Price: \$8600



BREITLING 'CHRONOLINER'

This aviation-themed piece walks a fine line between modern and vintage, with a panda dial (white subdials on black) and piston pushers evoking days of old. While the beastly 46mm size shouts contemporary, it's also not afraid to look back.

Price: \$9940

FREDERIQUE CONSTANT 'CLASSIC MANUFACTURE WORLDTIMER BLUE'

Worldtimers have been big in watches over the past 12 months and this is another good-looking example by the young guns at Frederique Constant – where the average age of watchmakers is far lower than elsewhere. **Price:** \$5800





LEARN FROM LEADERS IN LUXURY

The Most Important Luxury Event In The Asia Pacific Tuesday 21st April 2015 | The Art Gallery of New South Wales



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Executive Chairman
Yellow Brick Road Grp



Olivia WirthGrp Executive
Brand, Marketing & Corp
Affairs, Oantas



Anthony RobinsGlobal Luxury Consultant,
former VP Tiffany & Co.



Julie Ann Morrison Director Metaphor.etc Former MD Bulgari UK & AUS



Dr Michael Brand Director, Art Gallery of New South Wales



Sascha Lang Global VP of Design Langham HG



Peter Switzer Leading Business & Financial Commentator, Switzer Media & Publishing



Paul Zahra Retail Expert & Former CEO & MD David Jones



Glen Sealey General Manager Maserati AUS & NZ



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MIOIMOR



THE RISE OF THE SPORTS SEDAN

BECAUSE WE'RE GETTING OLDER - BUT STILL LIKE TO PARTY.



he motoring world is always on the lookout for the next trend to take our fickle fancy, whether it's a conscience-soothing hybrid, an urban SUV or park-it-in-a-six-inch-gap city hatch. Right now, it's all about the new wave of sports sedans. The idea: all the poke of a sports car, comfied up with the luxury of a sedan – because we all grow up at some point, but not that much.

Due to hit Australian showrooms in August is the segment's most anticipated new arrival - the Jaguar XE. GQ snared a first glimpse at the star-swamped unveiling in London last September, though it was another five months until we found ourselves behind the wheel, in Portugal.

Setting off from Circuito Estoril, past the disused hotel that hosted the likes of Ayrton Senna and Alain Prost when the Portuguese Grand Prix was still a thing, we're heading to the most westerly point of mainland Europe, Cabo da Roca.

Though far from tiny, the XE is the smallest, lightest, stiffest sedan in the iconic British marque's range, and also the most aerodynamic car it's ever made. That in itself is remarkable because one look at the F-Type (which roared into production, and the hearts of any man fond of beautiful beings, in 2012) and most would expect it to claim the aforementioned accolade.

Like a vehicular Kate Moss, much of the XE's charm is in its bone structure - 75 per cent of its body made of aluminium (much of it recycled, by the way).

Nimbler than much smaller cars, it's the first Jag to use electric power steering - often



maligned, but here crisply executed - while also debuting 'All Surface Progress Control', a system that maximises low-speed traction in adverse conditions. Speaking of which, you can also hook it up to a smartphone with an XE App that'll heat or

cool the cabin before you get in.

Looks-wise, this is clearly from the same blessed gene pool as the F-Type, though some of that aggressive sexiness has been refined into elegance. Still, as we zip through small Portuguese villages, slaloming wonky signposts and bandy old men,

XE's VITAL STATISTĪCS

AVAILABLE: AUGUST STARTING PRICE: APPROX. \$60,000 **ENGINES: 2.0L 4-CYL TURBO DIESEL; 3.0L V6 SUPERCHARGED** POWER/TORQUE: 132kW/316Nm (4-CYL); 250kW/450Nm (V6S) TRANSMISSION: 6-SPD MANUAL (4-CYL ONLY); 8-SPD AUTOMATIC, RWD





NOT CONVINCED ABOUT A JAG? NO BOTHER - ESPECIALLY WITH THESE FOUR SOUPED-UP STALLIONS TO CHOOSE FROM.

LIKEA VEHICULAR KATE MOSS, MUCH OF THE XE's **CHARM IS** IN ITS BONE STRUCTURE.

the XE's head-turning potential is obvious. Hell, just the sound is enough to make you pay attention – the exhaust growling and popping out of corners, especially once 'Dynamic' mode is flicked on.

While this is an 'adult' car - roomy and luxe, there'll be no slipped discs getting in and out becasuse this much is clear: it still knows how to party.

Following the set-up jab of the F-Type, this is meant to deliver the one-two combo needed to KO the marque's former rep as a brand for baby boomers in mesh-back driving gloves. And Jag expects to this year double global profits – so, no pressure.

What will prove the most appealing aspect of the XE is the predicted price. Final numbers remain unconfirmed, but with a starting price likely to kick off at \$60,000, this will be tempting to buyers who've been focused, until now, on Mercedes' C-Class, Audi's A4 and BMW's 3 Series.

Should the Germans be nervous? Damn right - this could well be the perfect set of luxe European wheels for the man willing to admit he's an adult, but unwilling to submit to the tyranny of the Teutonic status quo. At least until the midlife crisis kicks in and he regresses into a roadster. But then Jag makes those, too.



M fanboys - there are many - choked on their weisswurst when BMW's flagship track brawler downsized from a naturally-aspirated 4.0L V8 to a 3.0L twin-turbo inline six last year. But lag is impressively minimised, thanks to the 550Nm of torque on tap from just 1850rpm, and it mostly maintains the outgoing M3's charisma.

NUMBERS: 317kW/550Nm, 3.0L TWIN-TURBO SIX-CYLINDER, RWD, 8.3L/100km, 0-100km/h in 4.1s.

PRICE: \$156,430.

BMW M3



MERCEDES-AMG C 63

The automotive version of a gorilla in a sharp suit. Brutality, not frugality, is the C 63's remit – and so even if it's dropped in capacity, from an air-breathing 6.2L V8 to a twin-turbo 4.0L engine, it's still toting a batty V8. This comes from the new Mercedes-AMG GT (note no 'Benz', denoting the dominant hand played by Stuttgart's madcap racing arm).

NUMBERS: 375kW/700Nm, 4.0L TWIN-TURBO V8, RWD, 0-100km/h in 4.0s, 8.6L/100km.

PRICE: \$154,900.



LEXUS IS 350 F SPORT

Toyota's luxury wing previously offered an IS-F sedan with a 5.0L V8 that shunted its 311kW and 505Nm... but no more, the category now topped by the 3.5L, six-cylinder, naturally-aspirated IS 350. And yet, the IS's coupé sibling, the RC, has just released a new halo model: the \$133,500 5.0L V8 RC F. It's tremendous, and may form the basis of a V8 Supercars tilt in 2017.

NUMBERS: 233kW/378Nm, 3.5L V6, RWD, 0-100km/h in 5.9s. 9.7L/100km.

PRICE: \$73,600.



AUDI RS4 AVANT

Don't like wagons? Audi hears you; doesn't care. It calls its estate versions 'Avants', and if you want the pointy end of Audi's efforts in this class, you'll be able to take your golden retriever along for the ride as the RS4 comes in Avant only. The current RS4 totes a lovely, big-revving 4.2L V8, now comparatively long in the tooth, but unlike the AMG C 63 or M3, it has 4WD and no turbos. Weighs almost 1.9 tonnes, too. An ultimate sleeper; will scare the dog. NUMBERS: 331kW/430Nm, 4.2L V8, 4WD, 0-100km/h in 4.7s, 10.7L/100km.

PRICE: \$151,400 ■

THE GQ TEST-DRIVE

AUDITTS

How do you go about updating an icon? Audi's answer: carefully.

The German margue's TT launched 17 years ago to instant acclaim. With a caveat - the itsy two-door sports car might have had a hairdryer socket as standard, but God, was it pretty.

Having made dynamic strides ever since, the third time around the TTS (a stepping stone between the base TT and the top end, yet to emerge, TT RS) nails its remit as a seamless. no-fuss all-rounder with speed to burn.

It's less hairdresser, more barber-with-acutthroat-razor. Time, then, to climb into the chair and put your foot down.

The base TT, launched in February, toted a turbocharged 2.0L four-cylinder direct injection with 169kW and 370Nm. The souped-up bigger brother TTS uses clever tech and a ballsier turbo boost to wring 228kW and 380Nm from Eventually, a TT RS will halo them both – but that's not due for a while.

Utterly German: clinical, precise and slightly humourless, which is not to say dull. The TTS is quick (4.6s 0-100km/h; top speed limited at 250km/h), and has matured dynamically, with clever magnetic dampers keeping it flat through corners. Add that to all-wheel sure-footedness that grips like heroin withdrawals and it's supremely confident.

The centre console screen, common to every car on the road, is no more in the TT and TTS. It's all on the driver's binnacle (the bit behind the steering wheel). That's now a fully-customisable 31.2cm digital screen, where the driver alone sees a 3D Google Maps sat nav, entertainment, speedo and the like. Viva la revolución.



"THIS DOESN'T SO MUCH ATTACK **CORNERS AS** ACCUMULATE THEM. ONE AFTER ANOTHER. WITH CLINICAL. **MACHINE-LIKE** COMPETENCE."

BEN SMITHURST, **GO AUSTRALIA**

1998 saw the original TT arrive like Audi's TT arrive like Audi's version of Apple's iPod: a game-changer so dripping in signature style its look bled across the range. Wisely, Ingolstadt's crayon men have stuck to the formula for its third iteration, with a couple of slightly steroidal tweaks – including tweaks – including a nose that borrows from the stonking R8 supercar. Lovely.

DELIVERY

The lil' bro TT has already dropped, and the TTS will be here September/ October – with a price tag likely to slide in at \$100,000 (the base, manual \$71,000). But for that, bear in mind that you can just about climb into a Porsche Boxster, should that be









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Electric cars, like the fabulous Tesla and the whisperingly-dull Nissan Leaf, may or may not be the future, but car companies

Sometimes less is more. Mercedes has just launched its new AMG-spritzed C63 S, a car for people who've had their fear surgically removed, packing 375kW and 700Nm from a biturbo V8. It arrives locally in July, but normal human beings might want to wait until next year when

the C450 4MATIC arrives, for roughly \$50,000 less. It's all-wheel drive for a start, but it also not as mental, with a 3.0-litre biturbo V6 making

to drive, sounds grunt-tastic and tears up windy roads with joy. Best of all, it's not going to turn you grey overnight and may just be a smaller wonder worth waiting for. mercedes.com.au

270kW and 520Nm. That said, it'll still hurl you to 100km/h in just 4.9 seconds.

The C450 4MATIC is also an AMG, so is brilliant



BACK-SEAT DRIVER TIM ROSS

ROSSO **DELIVERS** THE SKINNY ON THE MINI - OLD AND NEW.



THE OLD

At primary school in 1980 (yeah, yeah), my year-4 teacher decided he desperately wanted an original Mini in British racing green. That he was 6ft 5 wasn't going to stop him.

He eventually turned up in one, looking decidedly comfortable in it for a man of his size. Only when he got out, though, was it revealed he'd ripped out the front seat and was driving from the back. Call it a lesson in practicality that could never be taught in the classroom.



THE NEW

I've always written off the Mini as the car of choice for pint-sized, UK-born marketing executives - those same twats (their word) who hoon around playing Happy Mondays with freshly-waxed blond tips. However, the new five-door version of the retro-styled classic does more than allow easier access to the curb after a night on the pale ales. Without sacrificing its looks, the extra wings suddenly make this motor kid- and mate-friendly. And Poms will no longer have to do acrobatics to exit the back in a tight pair of G-Stars. Shame. mini.com.au



are betting we'd like to go at least halfway.

- which have both a petrol engine and an

extension cord, and can go long distances

without painful recharging times - will

flood the market on an unprecedented

scale in the next two years, with some

companies launching a new model every

few months. Porsche, Volvo, Volkswagen,

Audi, Mercedes, Holden and BMW (with

its amazing i8 and cool little i3) are all

on board, and those who aren't are now struggling to catch up in what's clearly perceived as a huge, untapped area.

Plug-in hybrid electric vehicles (PHEVs)

Rolls-Royce believes it has no competitors - buyers either purchase a Rolls or another yacht/island/Da Vinci painting. Which is why we're shocked this revered, highend marque has followed the lead of every premium brand on the planet and announced it will build an SUV

Expected to drop in 2018, Rolls-Royce can't yet bring itself to use such a commoners'



term, and the official announcement mentions nothing so vulgar as 'SUV', rather, this new Rolls will be, "effortless everywhere... and high-bodied."

Whatever the name will be, it's going to make a Range Rover look like a Holden Captiva (maybe), and will also force a lot of chauffeurs to buy gumboots. rolls-roycemotorcars.com

Headlights that show everyone the way

Those headlights you're admiring are the all-new Audi TT's Matrix LED headlights. And they're bright in more ways than one. Delivering groundbreaking Matrix LED technology, innovative cornering lights and dynamic directional indicators, the system perfectly adapts light distribution according to the situation. They'll always provide maximum visibility for the driver, without dazzling oncoming traffic. In fact, they're so advanced they don't simply light the way for the driver, they light the way for all.

Drive design. Book a test drive at audi.com.au

All-new Audi TT

Drive Design



Channel Nine sympathiser

INVENTOR OF THE INTERNET

The next Australian PRIME MINISTER

Malcolm

TURNBULL

HE'S MANY THINGS TO MANY PEOPLE — AN ASTUTE, ARTICULATE LEADER TO SOME, LITTLE MORE THAN AN OVERACHIEVING TOFF TO OTHERS. BUT WHERE TO NEXT FOR THE FEDERAL COMMUNICATIONS MINISTER AND MAN MOST LIKELY?

PROUD WEARER OF LEATHER

A silver-tongued EASTERN-SYDNEY SOCIALITE



HAS IT THE KANGAROO AND EMU

were chosen for the Australian coat of arms because neither animal's basic nature lets them take a backward step.

Malcolm Turnbull is cut out for politics in the same way.

Just a few days in his orbit and it's apparent that Turnbull is a man in perpetual motion - and if you want to share his time and know his mind, you must give chase.

GQ's pursuit of the Alternative Prime Minister began in those giddy days in February when a leadership spill against Tony Abbott felt imminent. Finally, after years biding his time and watching his party's leader implode with one captain's call, policy backflip or budget back-down after another, it seemed the moment had arrived when Turnbull, member for Wentworth and communications minister, would offer himself afresh to colleagues – as a new leader and, if successful, Australia's 29th prime minister.

Even when the move to spill was defeated 61 to 39 on February 9, the clamour was that Turnbull was merely keeping his powder dry while he corralled the numbers to take it to a formal ballot. But despite rabid rumour-mongering, the 60-year-old never confirmed his ambitions at the time and kept tight-lipped as talk of a coup cooled in the following weeks.

A month on from the maelstrom and asked flat-out if he'd have put up his hand for the top job had the spill been successful, Turnbull smiles a broad smile – equal parts man-eater and lady-killer - and says, "People would have been astonished if I hadn't."

he task of lassoing Malcolm begins at his electorate office in Sydney's Edgecliff. Turnbull Towers is a corner block atop a hill that slides down into the city's most salubrious eastern suburbs – a five-minute drive from Point Piper, the nation's richest postcode, where he has spent 21 years, with his wife, Lucy, in a waterfront pile once known as Le Gai Soleil.

The Mediterranean-style palace dates back to the 1930s and with arched doorways, Juliet balconies and a private jetty, it's worth about \$50m. But for Turnbull, moving to a relative bedsit like Kirribilli House would be a small price to pay to fulfil his destiny as PM.

Turnbull's office is a more intimate dwelling, with Rex Dupain photos on the wall and a painted portrait of Lucy and the kids in pride of place. Right on time, he sweeps in with warm greetings, firm handshakes and apologies. He's doublebooked and can't let appointments overlap - even for a few minutes. Like an unknotted balloon, he rips around the room excitedly for a few seconds, then exits.

As per all his male ancestors, Turnbull carries the middle name Bligh - a legacy of a great-great-great grandfather loyal to William Bligh, mutineered captain of the Bounty and former NSW Governor, who gifted Turnbull's forebear a parcel of land in the fledgling colony around 1810. It might as well be Malcolm Blithe as attempts at phone interviews and emailed Q&As come and go. Then, out of the blue, Turnbull calls. He's polite and patient, easy to laugh and, as an ex-journalist and once crusading lawyer, a natural shaper of questioning to suit him.

"The whole driving purpose of my political life is a rather corny one," he says, when asked about spurning early retirement to become a politician. "And that is: a commitment to public service, a belief that what I'm doing is important and that I'm making a contribution to ensuring Australia enhances its reputation, preserves its prosperity and remains a great country to live in now, and into the future."

And what are the most important qualities for a politician to have? His answer lands like a boxer's one-two punch: "Honesty, competence and conviction. People expect us to have self-belief but most important is to be truthful - spin and slogans are selfdefeating. Not all slogans are bad, but people are incredibly alert to political spin because they see so much of it. It's vital we treat the public with respect and explain things, lay out the facts, assess the problem and then propose solutions."

Noble, but why are most Australians disillusioned with today's politicians? "People have always been disappointed with politicians," snorts Turnbull. "It's basic nature for people to be cynical of us and it's a good thing they are. A sceptical democracy is a healthy democracy. People like you have got to keep people like me on our toes so we can't just blather our way through situations with a lot of warm words."

Interestingly, when it comes to warm words about himself, Turnbull growls.

"You keep inviting me to comment on myself. It just sounds so bloody selfabsorbed!" he snaps. "Honestly, it's this simple: I get out of bed and I am me. If people find me persuasive or offensive that's up to them, but I am comfortable in my



own skin and I honestly never ask, 'How can I change myself to be more appealing to people?' I am the same person on and off the public stage. What you see is what you get, whether it's over a beer at the North Bondi Surf Club, on 7.30 or on the street. It's a slippery slope to pretend to be someone you're not. After a while there's no real person left."

With that Turnbull hangs up, off to serve the public as only he knows how. We pick up the vapours and transcribe, unspooling an uncommon clarity of quote. Seems even on the run, Turnbull's words cut through. he next day, GQ hightails it to Brisbane where we're to ride along with Turnbull as he attends to various civil duties. They begin at 7am with two radio interviews, the first prerecorded in studio, the second live over the phone.

Turnbull brings the same power and passion to each, levelling his gaze and gesturing grandly as if clearing a battle map of key pieces, or ringing a bell. But when it comes to being interviewed, he never quite pauses long enough. Even his wife knows the feeling, once stating: "You can spend days

[feeling] like you're not having a conversation with him because he's just totally focused on what he's doing but you get used to it. It's not a personal slight, that's just how Malcolm is."

As Turnbull downs an espresso, we ask the obvious – the one that drives ongoing chat in dailies, the polls claiming the people of Australia prefer Turnbull over Tony Abbott as leader. And so, the top job – does he want it?

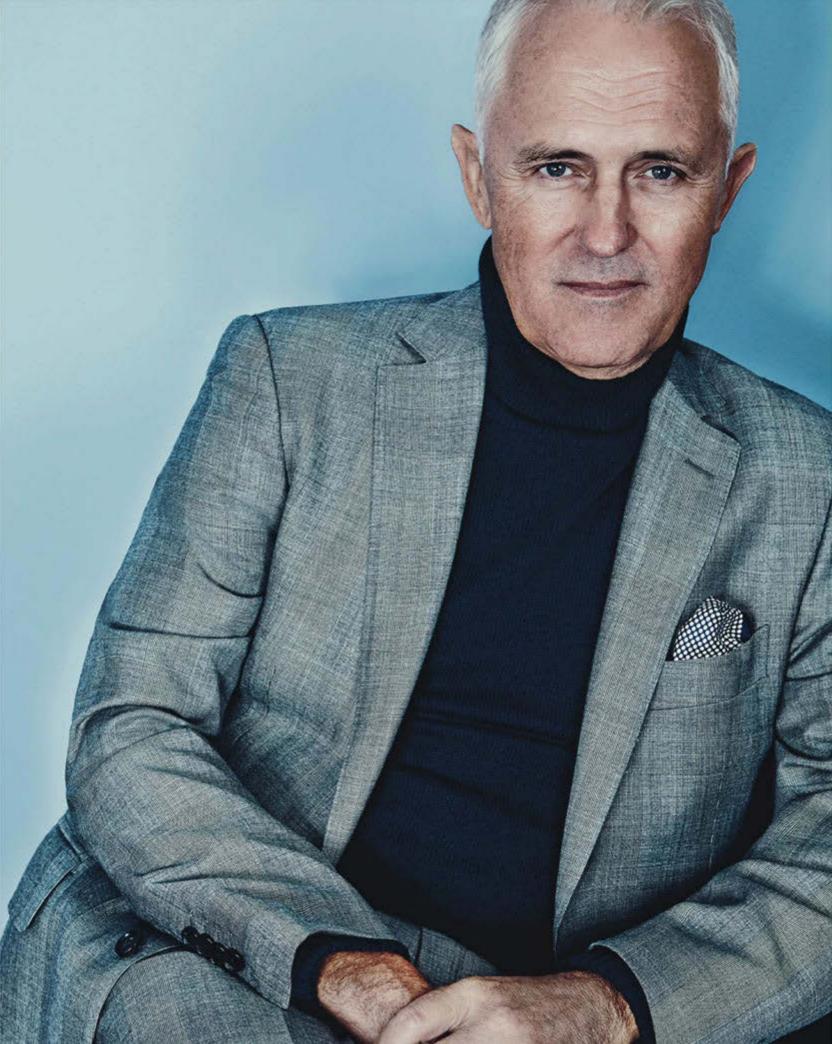
Turnbull doesn't smile. Rather, he swerves. "People are always interested in the horse race of politics and I respect that, but it's not something I buy into."

OK then, were you offered the job of treasurer in the December reshuffle? "Absolutely not," he says, up-ending the cup and departing, no pause this time.

Turnbull's next stop is a digital conference at Brisbane's Convention Centre. He arrives as he is being introduced with not a jot of nerves evident in his bearing. Turnbull has been kept busy of late with issues of metadata, copyright and media reform, copping flak on Twitter from Rupert Murdoch for supposedly favouring "buddies" at Channel Nine and fighting thinly-veiled attempts to undermine his credentials as a replacement for Tony Abbott. But with iPad in hand and jaw set square, he storms the stage like a general and for 20 minutes is



SPEECHES, INTERVIEWS, SELFIES AND BEER – A DAY IN THE LIFE OF MALCOLM TURNBULL.



every bit Australia's pre-eminent digital-age politician (despite an IT crowd with heads down, their vacant faces lit only by device).

"There is a finite universe of people who participate directly in the process of democracy," says Turnbull of the registered voters he is forever wooing, "and I have to reach them through every possible channel – TV, radio, social media – and the reach of the latter is powerful. It's incredible that I can put up a video of a speech I've given and it'll get 15,000 views, or post a comment on Twitter and have it hit 350,000 devices."

Proof came in the days before the spill ballot, when Sydney radio announcer and former *Today* sports reader, Ben Fordham, claimed Turnbull and Julie Bishop were staging a counsel of war at the communication minister's home.

Turnbull gleefully squashed the scuttlebutt by tweeting happy snaps of himself on the train to Tuggerah, on the NSW Central Coast, en route to a Politics in the Pub event in North Wyong.

Of course, a distracted air is understandable when you're balancing the responsibilities of office with keeping a watchful eye on simmering leadership tensions and constantly tweeting or uploading to 94,000-plus followers on Facebook – not to mention fielding countless messages on an iPhone. As communications minister, Turnbull has the tricky task of talking to tech-heads in the coded jargon they adore, while wielding the clear syntax he prefers as a politician. Today, he varies his energies accordingly, dutifully spieling direct from iPad to web zealots while, mere hours later, is evangelising, off the cuff, at a ticketed lunch for business leaders at the Brisbane Club. There, he heaps praise on Abbott's commitment to spending a week a year in an Aboriginal settlement while also reprising Bishop's most wicked one-liners.

Turnbull's people power is most potent when he works a floor or footpath. Unlike Abbott, Turnbull's speech isn't stilted, runs at a gallop and when at close quarters with the public, his eyes give off a glimmer rather than a glaze (or wink). Most vitally, he's a great listener, holding eyes and offering affirmations – be it at the stiffer end of the spectrum or when chatting to Brisbane schoolkids, as he also does today, his speech slackened to set them at ease.

Having made an estimated \$60m with OzEmail, one of Australia's early internet start-ups, Turnbull's been the government's go-to broadband guy since 2013. He's revelled in the role, first aiming to destroy Labor's national broadband network (NBN), then later reduxing it as an \$11bn fibre-to-node system.

A former North Bondi lifesaving instructor, he likens politics to bigwave surfing. "A surfer is in a volatile environment," he explains, "they don't know where the next wave is coming from or how it's going to break, but success depends on their agility, their ability to be ready for anything."

Clearly, when it comes to mastering the tides of public opinion, Turnbull is more Kelly Slater than King Canute.

The truth is that Malcolm doesn't surf, or garden, or swill wine to survive. Aside from the 20 Monday-to-Thursday weeks he spends in Canberra cage-fighting his parliamentary colleagues, he also allocates 10 weeks to being on the road and interstate – a further four to five spent overseas. Such feats of endurance are fuelled by a strict diet (he shed 14kg in 2012 by fasting and adopting the advice of a Chinese herbalist) and a rigorous regime of daily exercise that includes 10km on the office rowing machine coupled with walking and cycling. To relax, he reads history. Though here, it is he writing it.

alcolm Turnbull is worth about \$186m today but you'd be wrong to figure the member for Wentworth a toff — or some landed gentry rich kid with a silver spoon up his bum.

In fact, his beginnings are relatively humble and a little heartbreaking. He was born in 1954, only child of Bruce Turnbull, an apprentice electrician who then became a hotel broker, and Coral Lansbury, an actress-cum-academic.

The union was far from perfect. Bruce and Coral married after learning their boy was on the way and the nuptial knots frayed further with Malcolm in the middle. Finally, says Turnbull, "My mother left when I was eight years old and was gone altogether from the country by the time I was nine."

That left him alone with his father in a rented flat in Sydney's eastern suburbs. "Dad was not only a terrific father but the most important mentor in my life and a good friend who always put me first," recalls Turnbull. "He was a hard-working man, very disciplined – he was careful never to say a bad word about my mother in front of me – and so he became a huge influence for me in matters of both head and heart."

Hard yakka and soft diplomacy became young Turnbull's bywords, twin disciplines that came in handy when Bruce Turnbull's roadwork between pubs meant he was forced to enrol young Malcolm as a boarder at Sydney Grammar.

"As a boy, I had suffered very badly and been very sick with asthma – but I fast grew out of it when I had boarding school to worry about," he winces. "I was terribly lonely and the school was very poorly run. Any environment where 17-year-old young men beat up 12-year-old kids is absurd, so I was pleased to escape it. But it definitely taught me to stand up for myself."

The hallmarks of Turnbull's future success were already sown: an innate understanding

"People would have

BEEN ASTONISHED IF I HADN'T PUT

my hand up."

of real-world pressures and responsibilities ("Living with Dad developed my domestic skills so I'm a good ironer, a reasonable cook, an efficient housekeeper"), an instinct for business ("I helped my father stocktake pubs, counting glasses for pocket money; I had an ad in the local paper digging, pruning and mowing people's gardens; later I worked as a labourer at the fruit markets"), not to mention a prodigious intellect that won him scholarships to Sydney Grammar and, later, Oxford University.

A colourful journalistic career, glittering life in law and success in business lay ahead, but before all that Turnbull had already made what he considers to be the greatest investment of his life: meeting the teenage Lucy Hughes, daughter of famous Sydney silk and 19th Attorney-General of Australia, Tom Hughes, and niece of art critic and author of *The Fatal Shore*, Robert Hughes.

"Marrying Lucy is the best decision I ever made – she is the great blessing of my life," he says of his friend, confidante and wife of 35 years, herself an author, lawyer and former Lord Mayor of Sydney.

"Thank God she agreed because that relationship, and the children it produced, is the most important part of my life. So much so that these days I have a much stronger sense of Lucy and I than I do of myself."

Turnbull knew how to win the love of a good woman, but how does he keep it? "We invest time in each other," he says, earnestly. "The biggest enemy of relationships is neglect. It's very easy, between work and kids, to allow the love affair to get squeezed out. That love between parents is the rock the family is built on so you can't let it slide, you have to keep nourishing it."

The fruit of that philosophy is two children – Alex, a Harvard-educated, Singapore-based investment banker with Keshik Capital Pte, and Daisy, a former history teacher who is now on maternity leave as she's gifted Turnbull an 18-monthold grandson, Jack, whom he FaceTimes at every opportunity.

Having grown into wealth, how did Turnbull ingrain in his kids the value of a dollar? "By example," he states. "Better to show kids the right path than lecture them on how to take it."

Turnbull made his own pile in a multiplicity of ways. When the quinella of loading bananas at the city markets and winning 1974's Henry Lawson Poetry Prize didn't deliver enough to pay the rent, he reinvented himself as a student mercenary for the fourth estate. "At one point during my university studies in the mid-70s, I was copywriting for John Singleton's ad agencies,

getting \$30 per 1000 words for *Nation Review*, doing radio for 2SM from state parliament for \$12 a story and getting \$40 for every story to air on Channel Nine. The money was really rolling in," he laughs.

So were the mentors. Turnbull met Kerry Packer in 1975 and, after losing his father in a light plane crash in 1982, chose to leave the bar the following year to become general counsel for Packer's Australian Consolidated Press. "He was my boss and a huge influence in a lot of ways. Kerry and I worked intensely together and, when it came to knowing him as a man, I saw the good, the bad... and the bit in between."

The two men weathered many storms together. In the '80s, Turnbull advised Packer to unveil himself as mystery figure, 'The Goanna', and confront Douglas Meagher, the counsel assisting the Costigan Royal Commission of defamation. However it was in 1991, acting for junk-bond holders in Fairfax, that Turnbull felt the full fury of his former master.

"I put together a deal and right at the end, for reasons I was never totally clear on, Kerry made the irrational decision to throw me off the board," he recalls wearily, now on the way to his next function. "I said, 'If you want to

throw me off, you're going to have to call a stockholders' meeting because I'm not going to resign and I won't back down from my position or responsibility.' And it all blew up."

It's been said Packer threatened to kill him. Turnbull drops his head and sighs. "I'd rather not talk about that. Kerry liked getting his way and anyone who got in the way of that was a target for his colourful personality, so it was a few years before we had civil words. Kerry's mind worked mysteriously – he had moments of brilliance and moments of belligerent irrationalism."

For all his silver-tongued charm and silky business skills, the bull in Turnbull is never far away. When, in 2004, he moved into politics, Wentworth's then-sitting member Peter King, claimed that Turnbull told him to, "Fuck off and get out of my way."

Victory led to Canberra, first as parliamentary secretary to the Prime Minister, then in 2007 as minister for environment and water resources, positions from which he lobbied for climate-change action, a cause that would have heavy repercussions down the track. But back then, the party and the people liked what they saw. Here was a man of principle, a battler in a blue tie, an idealist and, god forbid, a leader.





So much so, Labor kept sniffing around, sounding him out to defect. "There's no shame being part of the Labor party," grins Turnbull, "and all parties have a missionary instinct to recruiting both members and voters. For many years people have told me, 'You should be in the Labor Party,' but I say to them what I said to Paul Keating, and that is: 'These invitations are flattering but I wouldn't be comfortable in the Labor Party and it wouldn't be comfortable with me.' That's still the case."

Turnbull knew what was needed to take the reins. "As leader, it is critical people believe in your fortitude and believe you're formulating policies based on a deep understanding of the issue rather than some ideological agenda. Most of all, you must bring people with you – explain change, decipher proposals. This is a democracy and, whether it's colleagues

in Parliament or the general public, you must explain situations and offer solutions. If there's no better option, people support you."

Though not short on leadership experience – managing director of Goldman Sachs, OzEmail chairman, running the Australian Republican Movement – he came to politics as a free marketeer and, in time, it showed. Just as he had lost his first tilt at preselection for Wentworth back in 1981, so he lost his first bid to be Liberal leader in the post-Howard era, losing the 2007 ballot to Brendan Nelson by three votes. But within a year, he'd defeated Nelson to become opposition leader.

At first he polled brilliantly – internally and on the street. But within months of taking the blue armband, Turnbull attempted a quick kill of Kevin Rudd by accusing him of favouring a Brisbane car dealer through a

funding scheme. Evidence, Turnbull said, was an email from treasury bureaucrat Godwin Grech and he demanded Rudd disprove the claim or resign. Problem was, the email was fake. Reeling, Turnbull soon stumbled again by supporting an emissions trading scheme, a policy that split the party room. That rumble became a full-blown rupture and after 14 months in charge, Turnbull faced a spill. By one vote, the Liberals chose Abbott to lead.

"Politics is something you learn on the job," shrugs Turnbull today. "Some pick it up quicker than others. Certainly it's taken me a while but I definitely have a better understanding of what leadership entails than when I first entered Parliament. My time as leader of the opposition was not successful but I learnt a hell of a lot - some lessons obvious, others absorbed in an unconscious way. My ego took a good knock but I'm a big believer that you learn vastly more from defeats than you do victories. I've had successes and failures in politics and business, but all of them were character building and these days all big firms will tell you they are reluctant to fund any entrepreneur who hasn't had a few setbacks."

Brave words, but Turnbull still carries the scars. "After I lost the leadership of the Liberal party, I hit rock bottom. I was very, very down and close to abandoning my political career. And it took a good while to recover my confidence – self-medication wasn't the answer, reflection was. I surrounded myself with my family and processed it. Then I came back."

And that comeback remains firmly underway. "I'm sure some people don't like me but I don't think I have any true enemies," he muses. When talk turns to his alleged adversary, Abbott, he speaks only of "party unity" and "a longstanding friend". It seems since Peta Credlin, Abbott's chief of staff (and 'co-prime minister' according to critics), has taken a back seat, the lines of communication between the old Sydney University alumni have been open and flowing.

"I don't bear grudges. I'm not a hater," says Turnbull, his voice softening. "Some politicians are highly motivated by hatred and animosity but it rots away at them. I'll sound like some counter-cultural hippy but I know a lot of people in politics who have destroyed themselves and become miserable and bitter because they've allowed themselves to be consumed by hatred and resentment."

For the first time today, Turnbull turns his body from the front seat to fix us with his eyes. "My strong belief is that no matter how disappointed you are, or how justified you feel in hating someone, don't do it, because it does you more damage than them."

ROSIE HUNTINGTON-WHITELEY

A Victoria's Secret Angel for nearly a decade, the 28-year-old's Hollywood debut in Transformers: Dark of the Moon was somewhat marred by her "practically unintelligible" posh English accent. Hopefully boyfriend Jason Statham (Lock, Hopefully Snatch) has put paid to that. Other Stock and Snatch) has put paid to the film). than that, she's Splendid (IRL and the film).

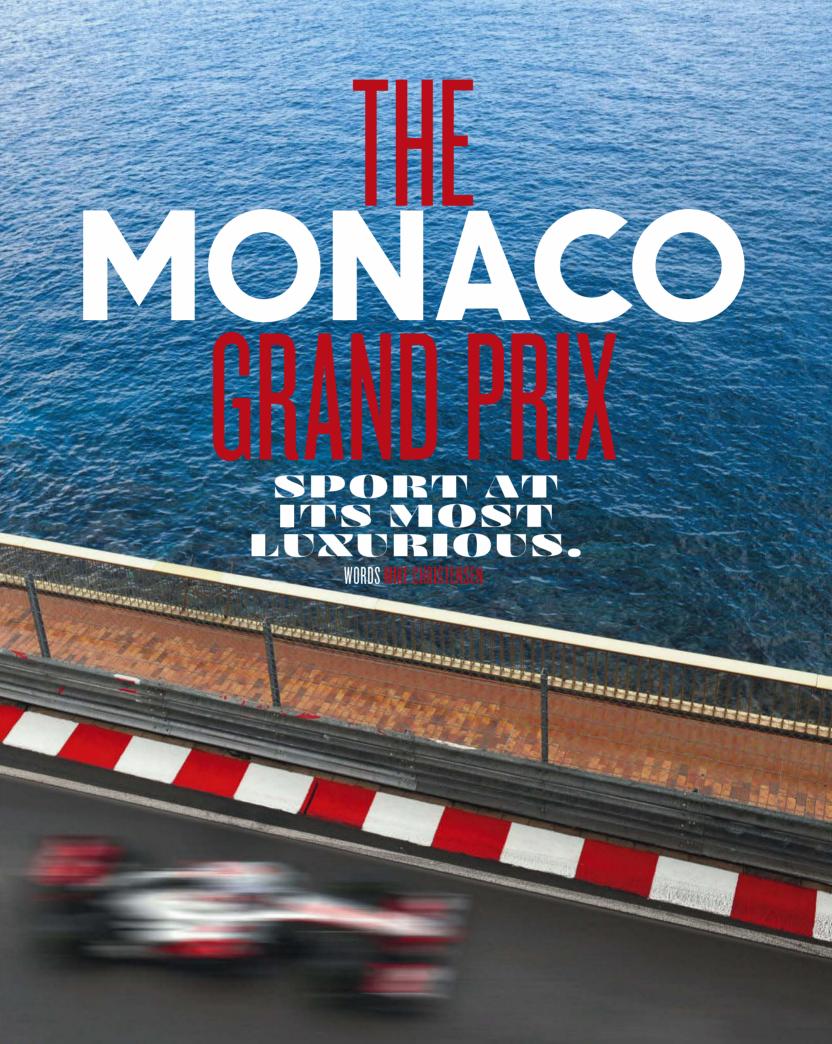
PROOF THERE'S MORE TO MAD MAX'S REINCARNATION
THAN TOM HARDY (AND CHARLIZE). INTRODUCING THE
THREE REASONS WE'VE LINED UP FOR TICKETS.













"WE NEED YOU TO FLY TO MONACO FOR THE GRAND PRIX."

Alongside Jennifer Lawrence delivering an invite to a one-on-one game of strip Scrabble, it's a phrase every man dreams of hearing. Because Monte Carlo, plus Formula 1, equals the most glamorous, gluttonous, sporting event on the planet.

The history, the money, the models, the superyachts, the celebs, the Champagne, not to mention the iconic circuit and the speed – this is the pinnacle of indulgent celebration, the party to be at.

1996 was the year that Monaco first bit *GQ*. It also marked the only post-Alain Prost occasion that the Gauloises-toking, *Tricolore*-waving French savoured a 'home' victory – Frenchman Olivier Panis, from 14th on the grid, steering his Ligier first past the chequered flag (finishing ahead of only two other drivers).

It was historic. It was compelling. After five laps, eight cars had already retired. In the pelting rain, then sunshine, four world champions [Mika Häkkinen, Jacques Villeneuve, Damon Hill and Michael Schumacher] were gnawed on and spat out.

Glued to such skillful melodrama, passion and noise through a 20" TV set, never before had we, aged 12, feasted on such prowess, raw emotion and the simplistic charm of men and machine fighting each other – and themselves – in a looping, fast-paced dance of bravado.

Yes, we were aroused – long before associating that mental and physical state of being with any other activity.

As fate would have it, we found ourselves in the Mediterranean-fringed principality a few months later – the coincidence of a meandering holiday in southern France. There were no road closures that day, no shrieks of support from the now retired voice of F1, Murray Walker. So why not, we asked the man conducting our tour, take to the streets for a race of our own?

"OK" came the reply from our driver (a man best known to us as Dad), and so it was that we piloted our GB-stickered Volvo 240

Estate against Uncle James's more fanciful Mercedes-Benz 300.

We weaved between the compressed Saturday-morning traffic, neck and neck up the undulating tarmac of Beau Rivage towards the Massenet. A minor pause – a red flag, if you will – came via an elderly couple crossing the road in front of the Monte Carlo Casino. Not to worry.

Keeping the racing line around the Fairmont Hotel hairpin, we were soon flying (75km/h, tops) through the famed waterfront tunnel, reappearing the other side to the deafening cheer of the gathered

actually appreciated the sentiment and let us off with a warning.

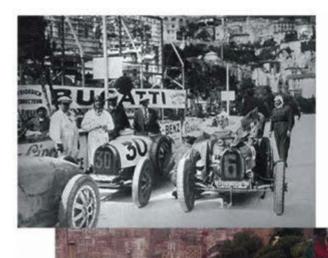
From that day, despite being oblivious to the meaning of 'frivolity' and still too young to distinguish between Mumm and our own matriarch, the Monaco Grand Prix became a priority to one day attend.

So, how does it all come together?

Let's start with the location. If ever a place was equipped for such wealth to descend, it's Monaco. A seaside destination for the overly-affluent – opening a bank account requires a cheeky minimum deposit of \$500,000 – the famed casinos, historic Port Hercule and

lack of capital gains and income taxes, make it a perfect fit for the sport's jet-set lifestyle.

It's why most handsomelypaid F1 pilots call it home – Aussie charge and our best hope to again claim ownership of a championship trophy, Daniel Ricciardo, included.



crowd (actually it was just the odd hoot of a bemused local).

We held on tight through and past La Piscine, our trusty Swedish steed nudging ahead of the German powerhouse. Approaching La Rascasse, and with victory around the corner, the sight of red and blue flags suddenly filled our wing mirrors. Though why were they accompanied by a bleeting siren?

Not for the first time, *les gendarmes* had been alerted to a cat-and-mouse race around their historic streets. While our actions were, on reflection, set against general considerations for road safety, the local plods





IT'S A CRAZED MOMENT - A POWERFUL

RELEASE OF ENERGY, PASSION AND CHAMPAGNE.



FROM TOP: 2014
WINNER, NICO
ROSBERG; A VIEW
OVER THE PIT LANE
AND MARINA; 2010
WINNER, MARK
WEBBER, LEFT:
SCENES FROM
MONACO THROUGH
THE YEARS.

"Yep, life is good. I've been living in Monaco [with jewellery designer girlfriend Jemma Boskovich] for a year and really enjoy it," he's said, even though, and no disrespect to his hometown of Perth, such words stick with little surprise.

Indeed, so integral is the sovereign city-state to the sport, F1 kingpin Bernie Ecclestone doesn't demand the usual hosting fee – race promoter *Automobile Club de Monaco* banking 100 per cent of all generated revenue. To give this context, the other 18 tracks pay an estimated \$40m each for the privilege. It may smack as a somewhat unfair arrangement – but it's not far removed from a wealthy, well-connected man, let's call him Leonardo DiCaprio, attaching himself to a gorgeous woman; it's a symbiotic and understandable union that acts to heighten the desires of those on the outside to want in.

Equally important (to F1; to Monaco) are the sport's sponsors – this is, after all, a

business. And none ride pillion as seamlessly as French Champagne label, GH Mumm.

The ultimate ritual of victory is to raise a bottle of bubbles aloft and direct the powerful spray over, well, whoever's nearby.

GH Mumm, with its famous red sash, has been providing F1 podiums with magnificent hand-labelled jeroboams of Cordon Rouge Champagne since 2000.

"We play a central role in the iconic moment of victory on the F1 podiums around the world," says Vanessa Wright, GH Mumm's global communications director. "And the Monaco Grand Prix is the ultimate place to witness this – the very pinnacle of excellence, passion and a pioneering spirit."

As for the cars, flicking over them with the 'well-oiled machine' adage is a gross inadequacy. And to the numerous mechanics and engineers, it's offensive. Because they're carbon-fibre specimens of the highest order – aerodynamic demons where millimetres and single grams make the difference between first and fifteenth.

The 10 teams currently vying for the season's chequered flags are worth a combined \$5bn. Yes, billion. Meanwhile, the cost to steer a car around Monaco comes in at about \$17m (price varies drastically between teams), with each kilometre driven costing \$500 across a total race distance of 260km.

Add these bonkers figures to the 283km/h top speeds, ear-bleeding noise of the 750 horsepower V6-hybrid engines, and the constant threat of a fatal crash at every twist and turn, *et voilà*, the race's appeal is tenfold; there for all to excite over.

It's why 200,000 people (seven times the principality's regular population) do whatever they can to watch the event live.

Eighteen years after our plucky Volvo escapades, we're now one of the anointed witnesses. Stood on an immaculate Riviera terrace – an appendage of the decadent Hermitage Hotel – we're overlooking the marina's billion-dollar playground, a few cranes penetrating the largely low-slung skyline, with Monte Carlo's winding streets sat plum below. We're scratching about thinking of a more expensive panorama – in the world, let alone in sport. Moreover, we're trying to visualise a better vantage point (with no less than five points of the circuit in view, unless in a helicopter, there's no finer place to be).

Above and below, to the left and right, balconies are abuzz with excitement, multilingual chatter and bubbles. Peering down at the pimped-out superyachts and their various players – American music mogul David Geffen's 115-metre long *Le Pelorus* (purchased from Russian billionaire Roman Abramovich for \$300m) is hard not to notice – though we can't help think above sea level is where the smart-gent's fun is to be had.

To our backs rests a lavish Champagne bar – eager to show GQ and select VIPs a good time. White shirts, twice-steam-pressed chinos (colour cues taken from the *Tricolore*) rule the day, turned up to show both mankle and mocassin.

Two glasses of Mumm down and we're confident in sighting Eccelstone across the







MICHAEL SCHUMACHER

Seven-time world champ and five-time Monaco winner, the German attracted widespread criticism in 2006 when he spun his Ferrari at the business end of qualifying, blocking the track at La Rascasse. Yellow flags meant competitors were unable to beat his time, handing him pole position. Though he said it was an accident, the FIA disagreed – demoting him to the back of the grid. He still finished fifth.



ALBERTO ASCARI

Monaco's delivered many serious accidents, none more so than Alberto Ascari's in 1955. Leading the race, Ascari came hurtling out of the tunnel, skidded on an oil trail that cause him to overshoot the Port du Chicane. He careered through the makeshift barriers and ended up in the harbour. Swimming to safety, it was his last grand prix action, the Italian killed four days later in a practice run at Monza.

terrace. His face may be obscured but that unstyled mop of silver hair is surely his. That he'd be here, a guest of F1's biggest sponsor, GH Mumm, isn't beyond the realms of possibility. But 35 minutes before the five red lights disappear to signal the start, is there not somewhere more important to be?

Either way, we figure it polite to introduce ourselves – thank him, send regards to daughter, Tamara, that sort of thing. Turns out it's not Bernie. Though our new French friend is nonetheless charming and alongside British TV presenter (and Ewan McGregor's best mate) Charley Boorman, we talk up Ricciardo's prospects, joke about the ridiculously-large lanyards that "must be visible at all times" and swap predictions for the pending 72nd Monaco Grand Prix. As excitement mixes with alcohol – we can only imagine how the drivers feel right now.

"The whole circuit becomes a tunnel – I reached such a high level of concentration, it was as if the car and I had become one. I was giving the car everything, and vice versa," said the late Ayrton Senna of the circuit.

Now retired from F1, Mark Webber offered a more Aussie insight: "It's the hardest track on the calendar and is the only one to feature a long tunnel, forcing the drivers to adjust their eyes from sun to shade every lap."

And yesterday, after qualifying 14th, Lotus driver and newly-appointed GH Mumm ambassador, Romain Grosjean, drew smiles with his acute (read: French) dissection of the driver's predicament: "People come to Monaco to party, but some of us are here to work."

Indeed, while Grosjean et al rest ahead of the main spectacle, the cashed-up interlopers hit the town – Saturday being 'the big one'. Whether bouncing about to electro beats in La Rascasse, pimping it up on one of the 100-plus yachts (we totally did, and for more than 10 seconds), coughing up the \$1000 door charge for Amber Lounge or hanging at the Billionaire's Club (in the Fairmont Hotel), one thing is certain – Monaco life is to be loved. Indeed, owner of Billionaire's Club (and Naomi Campbell's ex-flame), Flavio Briatore, best sums up the party mood: "Everyone wants to be a billionaire for a night, including me."

Fresh from the night before, we arrive at the Hermitage an hour prior to the race. Out front is a wealthy starting grid of its own – numerous Maseratis, Ferraris, Aston Martins, the odd Bentley and vintage Porsches.

Final preparations are underway down in the actual paddock, drivers and teams milling alongside certain celebrities – Patrick Stewart, George Lucas and the most dapper of the lot, British actor Benedict Cumberbatch, who's later tasked with interviewing the race winners.

From the terrace, and backed by millions of global spectators, all eyes are now on the race, specifically Sainte Devote and which man will be leading the pack into the first corner.

The noise as 22 V6-hybrid engines pelt up Beau Rivage is mechanics at its most tuneful. You're physically jolted – and captivated by the energy and tangible thrill of the spectators and bravado of the drivers (who never mention the emotion we know as fear). It's hard to fathom what the screeching, highpitched throttle of the former V8s must have been like given this pared-back aural note – earplugs, we're assured, were a must.

As the cars battle, pit, and succumb to the most challenging of merry-go-rounds, the circuit's finer details and efforts made to put on such a show are highlighted – zebracrossing markings an easy reminder that for 362 days a year these streets are filled with routine traffic. Elsewhere, every shrub, bush, hedge and inch of greenery is styled to perfection; to our left and below, cars rocket past a 50-metre stretch of stores we wish the women in our lives could pass as quickly, just once, let alone 78 times in under two hours.

Nico Rosberg, Lewis Hamilton and Ricciardo belt past Gucci, Valentino, Hermès, Lalique and Prada on their last lap. The gathered thousands – and millions watching from home – stand to applaud these maniacal men, and with that, "Nico Rosberg wins the Monaco Grand Prix!"

His car zigzags across the track in its own celebratory dance, before a victory lap offers a more sedate chance to salute the crowd.

From there – after pit-lane hugs, helmets removed and the literal crowning glory – comes Rosberg's Champagne moment.

Handed a jeroboam of GH Mumm, the 29-year-old lets loose, aiming for his gathered team and mechanics. Photographers – sporting flashy media bibs – point their collective lens and whir into action.

It's a crazed moment – a powerful release of energy, passion and premium booze. Rosberg is clearly happy – of course he is – and he'll certainly be celebrating in style.

Because, this is Monaco. A place where people flock for one weekend a year, to indulge their inner-movie star, or whichever fantasy they hold, and witness greatness on a grand scale. There may be rules – yet there are no rules. And this is one hell of a party.

The Monaco Grand Prix is on May 21-24



GRAHAM HILL

Nicknamed 'Mr Monaco' due to five of his 14 career victories coming on the Riviera, Hill's finest Monaco moment came in 1965. After running off the course in an attempt to pass a back marker, he and his green BRM weaved through the field to claim a Monaco hat-trick (Hill also won in 1963 and 1964). The only thing more worthy of praise? That rather cool moustache.



AYRTON SENNA/ALAIN PROST

Between 1984 and 1993, two names owned this circuit (in what stands as the greatest rivalry the sport has witnessed, making last season's Rosberg/ Hamilton rift look like handbags at dawn). Senna topped Prost six wins to four, the most significant coming in 1989, when, as teammates, the Brazilian made up for an error the year before to claim victory ahead of the Frenchman by 52 seconds.



MARK WEBBER

His 2010 win, for reasons he explains: "That was my best grand prix victory and one I will never forget. It was also great for the team as we had a one-two, so we had some fun at the swimming pool after the race and a big party later." Victory put the Aussie top of the driver's championship – a first since Alan Jones in 1981. Despite that night's somersault into the pool, Webber finished the season third overall.

ном

MARA Ronaon

BECAMETHE



MUSIC

WITHOUT EVEN REALISING

WORDS: JAKE MILLAR PHOTOGRAPHY: JORDAN GRAHAM STYLING: BARNABY ASH



IF YOU'VE

NEVER

dreamt of being a DJ then you haven't seen Mark Ronson behind the decks. Suited, hair coiffed, a headphone cocked to an ear. Playing at Sydney's Marquee nightclub, there's a moment when he fades into the bass line of 'Uptown Funk' – that doh doh-do-do doh-do-do number created with Bruno Mars – that sees the room of jaded media types morph into a scene that's more like tween One Directioners catching their heroes live. Screaming, cheering, phones aloft – it's exhilarating to watch.

"I always think it could have been 20 per cent better," says Ronson afterwards, unconvinced of his superpowers. "I have this crazy anxiety before every performance, I'm not nervous people will think it's shit – I'm nervous *I'll* think it's shit."

This from a man whose latest album, *Uptown Special*, has charted in the top 10 around the world – the US, UK and Australia, included. On meeting for today's *GQ* shoot, 'Uptown Funk' has already spent five weeks at the top of the US Billboard Hot 100 – sales exceeding 2.5 million copies.

"It's the most preposterous thing," says the 39-year-old, sinking into a couch and sipping on a coffee. "I can't believe how big this song's been – it's beyond my wildest dreams."

Back in January, Ronson took to Twitter to announce *Uptown Special* was dedicated to three friends – a tribute mistakenly left off the album's liner notes. The first two were French producer DJ Mehdi, who died in 2011, and American musician Teenie Hodges, who passed away last year. The third was Amy Winehouse.

"There was never any doubt this one would be dedicated to her," he says with conviction. "If it wasn't for Amy, I wouldn't even be here talking to you. What I did with her put me on the map."

Ronson's referring to the production of Winehouse's *Back To Black*, an album that has sold 20 million copies worldwide; an album which also created, fuelled and arguably destroyed the British singer.

"She loved *Back to Black*, she knew it was the shit. Amy was the example of an inspired



artist – she wrote the lyrics for [single] 'Back to Black' in two hours. That's why her stuff is so honest – there wasn't any editing, it just came out of her because she was that smart. I've never worked with anyone else who has that power."

Born in London, the son of band manager Laurence Ronson and socialite Ann Dexter-Jones, Ronson's parents split when he was young. It meant a New York upbringing with his mother, alongside younger twin sisters Charlotte, a fashion designer, and fellow DJ Samantha (of Lindsay Lohan fame).

By his late teens, Ronson was making a name for himself as a DJ on the city's club circuit, though he always aspired to follow idols Pharrell Williams and Kanye West into producing. Modest success came with single 'Ooh Wee', from 2003 debut album *Here Comes the Fuzz*, before his career began to gather traction.

"I was definitely partying a lot and becoming a bit of a cliché of having your first hit. There's always an afterparty or afterafterparty, and then you're doing breakfast radio on 20 minutes' sleep and a hangover," he recalls. "For anyone who works in a night profession, whether it's a bouncer or standup comedian, there's a lot of temptation for

Linen jacket, \$1950,

and linen trousers,

\$1095, both by **Burberry Prorsum**;

cotton T-shirt,

Ronson's own.

"THERE'S A LOT

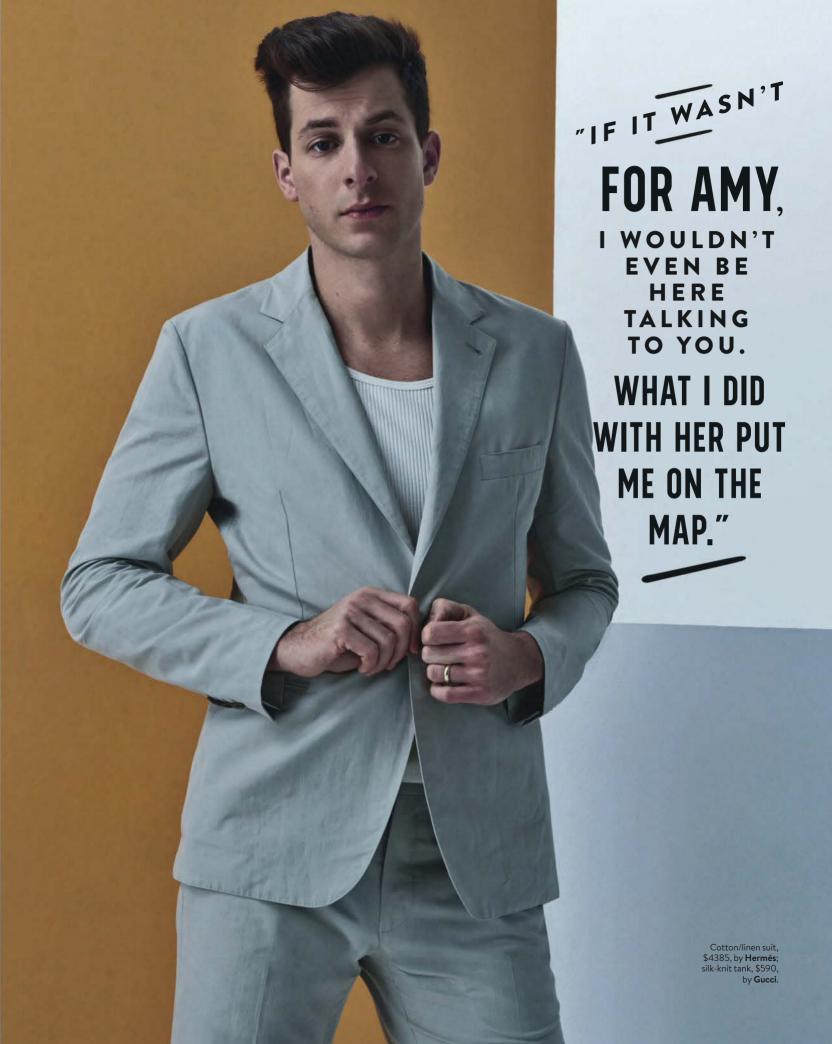
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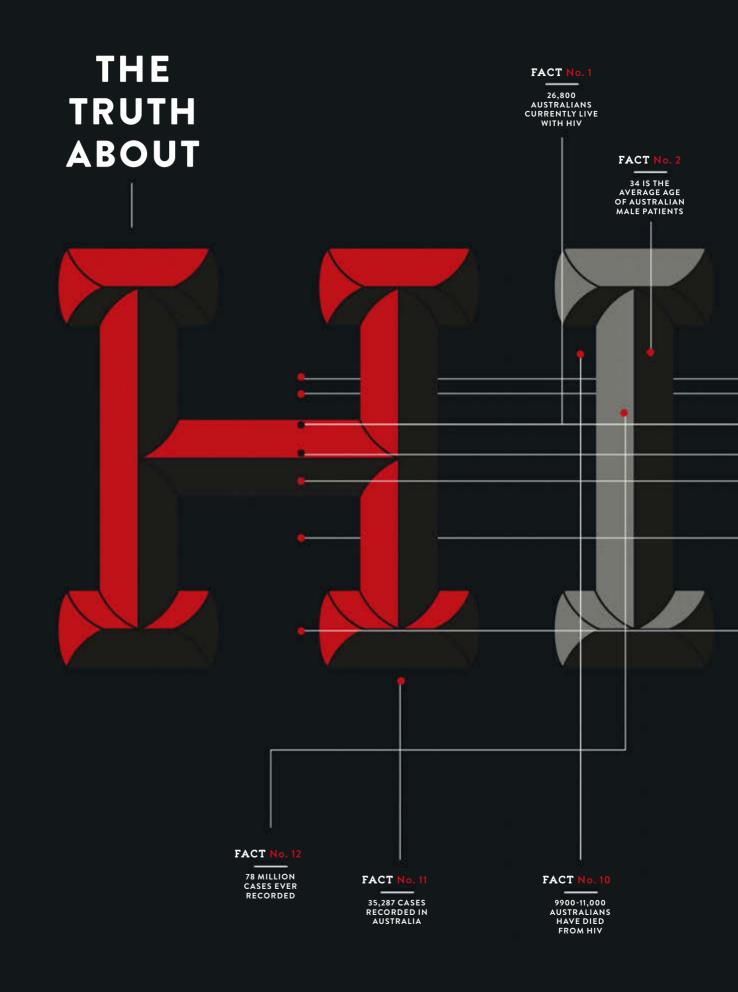
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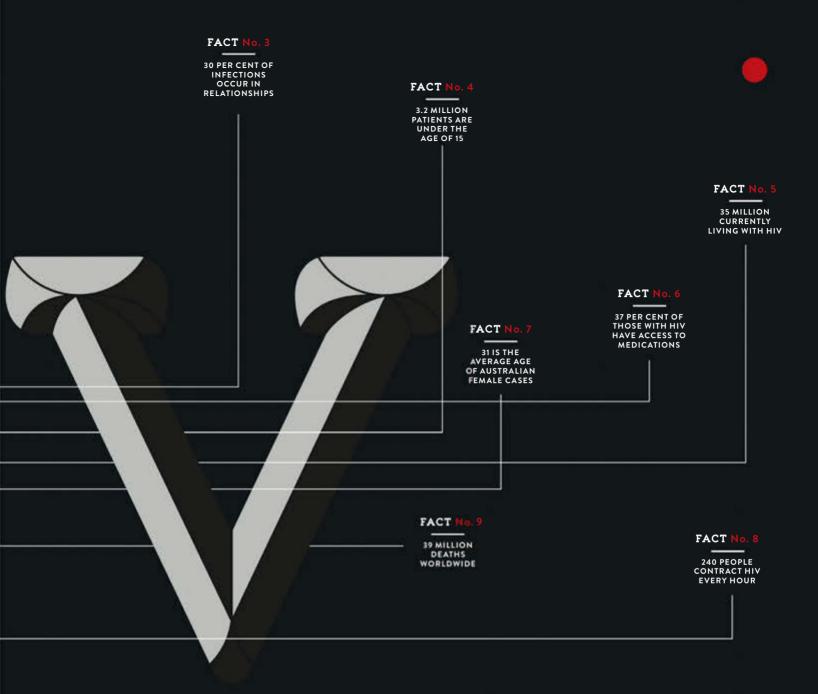
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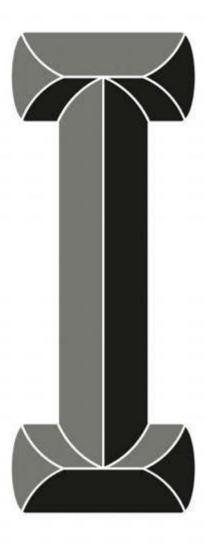








In the mid-1980s, Australia was reeling from a new 'gay' disease claiming the lives of thousands each year. Incredibly – it's on the move again, the infection rate doubling in the 15 years to 2013. We explore the reality of HIV in this country – from those who fought to control it, to the patients proving it's no longer a death sentence.



In October 1982, Australia recorded its first case of HIV. Nine months later came the first death. Over the next five years, 7116 patients were diagnosed positive – nearly two thousand in 1987 alone. The lucky ones could expect to see out a decade. Many didn't.

At the heart of the crisis was Ward 17 South, at St Vincent's Hospital in Sydney. Established in 1984, the clinic treated at least half of all Australia's HIV patients and played a vital role in caring for those who were living – and dying – with the virus.

To date, more than 35,000 people had been diagnosed with HIV in Australia - as many as 11,000 have died. But HIV/AIDS is no longer the epidemic it once was, and those affected aren't the patients you might picture, wasting away in hospital beds.

Life expectancy has gone from no more than 10 years, to roughly 10 years below the Australian average - or early seventies for men. Patients who were once prescribed dozens of different medications each day now get by on just one or two.

Professor Andrew Carr is head of immunology at the hospital and is considered one of the top-10 HIV/AIDS researchers in the world. In 1989 he was just beginning his career, as a registrar at Ward 17 South.

"Things were bad and on the decline," he says of those early years. "It was a war zone - an intense, depressing place, with a terrible amount of suffering and death. We went from a six-bed unit that opened in secret

[because of HIV's stigma at that time] in 1984, to a 24-bed ward in 1989 - and it stayed that way until 1996."

Many patients recall the attentiveness and compassion of those working the Ward - their desire to see patients as comfortable as possible.

"Those first five years were pretty full on and there was a lot of burnout," says Carr. "Many of the nurses were gay men and some of them were infected themselves. Or they were caring for friends or acquaintances - it was a more personal experience for them."

Back then, Ita Buttrose was editor in chief of Sydney's Daily and Sunday Telegraphs. In 1984 – with the virus marching across the country to an epidemic beat - she was approached by the Federal Government to become chairperson of the National Advisory Committee on AIDS.

"They were looking for someone who Australians trusted to chair this committee and talk about the virus," she recalls. "Nobody knew much about it at all back then - but we soon learnt a lot."

Such was the stigma associated with HIV/ AIDS, friend and adman John Singleton urged her to walk away, claiming it would tarnish Buttrose's clean public persona.

"But when the government rings and says they think you can help, you tend to give it a try. Of course, I didn't realise the enormous threat AIDS represented, and nor did I realise that the role would take over my life."

> "THANKS TO THE NEEDLE-**EXCHANGE** PROGRAM, **WE'VE NOT SEEN THE** SPREAD INTO THE GENERAL COMMUNITY THAT OTHER COUNTRIES HAD."

PROFESSOR ANDREW CARR



Her four years as chairperson took Buttrose across Australia, talking about the virus in churches, temples, jails and schools. Seen as a "gay disease", much of this work involved untangling the mistruths – urging people to better protect themselves by arming them with the facts.

"Our job was to remove some of the intolerance that existed against homosexuals and dispel the myths about how you do

and don't get HIV/AIDS. You don't get it from being bitten by mosquitoes or swimming in communal pools, from teacups, or shaking somebody's hand."

The intense sense of fear was not confined to the 'general' community. Patients, too scared to tell their families they were gay, much less they had HIV/ AIDS, were dying alone. Those who chose to lay bare their sexuality, and predicament, were often ostracised.

"I remember talking to a young man at Ward 17, who had come to town, found [Sydney's] Oxford Street and suddenly realised he wasn't the only gay man in the world," says Buttrose, her voice tightening with emotion. "Unfortunately he contracted the virus, but never told his parents – they didn't know he was at St

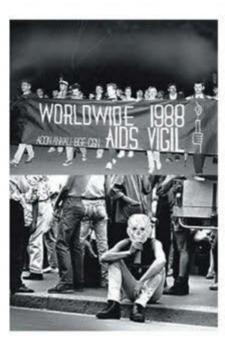
Vincent's, and he died there. I sat there and I talked to him. I held his hand. And I can still see him today."

Carr also witnessed the stigma – a wall built from bricks of misinformation.

"The first person I ever met with HIV was in a country hospital, when I was an intern. *She* – not he – was 75 and had contracted it from a blood transfusion," he recalls. "She was completely ostracised – no one, not even her family, would come to see her, her meals got left at the door and she received Third-World nursing care. I thought: no one deserves to be treated like that. No one."

Though gay men accounted for the vast majority of cases, international research began to show the virus was gaining a foothold in the wider community. It was becoming obvious something had to be done.

"There was an International AIDS Conference in Paris in 1986. The head of the AIDS taskforce came back and said while it was still predominantly in the male homosexual community, there were rising numbers in both sexes, especially among illicit drug users," says Buttrose. "They SCENES FROM THE 1988 AIDS VIGIL IN SYDNEY.



decided Australia needed a real wake-up call."

That call shook the country – a television campaign that was unapologetic in its provocative, powerful messaging.

Best known as the 'Grim Reaper' advert, it first flashed across screens in April 1987. A family – men, women and children – were lined up as 10-pins, the grim reaper of death hurling bowling balls, knocking them down one by one.

"First, only gays and intravenous drug users were being killed by AIDS," states the gravely voice-over. "But now we know every one of us could be devastated by it... If not stopped, it could kill more Australians than World War Two."

It was blunt and to the point – the imagery disturbing and etched, still, on the memory of any Australian child of the '80s.

"It chills you to the bone," says Buttrose.
"And the impact was huge. We had extra
people manning the phones because we got a
lot of calls, but we needed to shock people.
And all the research done afterwards showed
that it worked, because Australian behaviour
really changed."

"OUR JOB WAS
TO REMOVE THE
INTOLERANCE
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AND DISPEL THE
MYTHS ABOUT
HOW YOU DO
AND DON'T
GET HIV/AIDS."

ITA BUTTROSE

The advertisements weren't Australia's only weapon in the fight against HIV/AIDS. In 1986, the country's first needle-exchange program was established, allowing IV drug users – a high risk HIV group – to avoid sharing needles by swapping out used for new ones.

It's now estimated that the program prevented 25,000 new cases of HIV infection between 1991-2000 alone.

"It's not something you would encourage in the normal course of events," says
Buttrose. "But we weren't dealing with a normal virus – we were dealing with a virus that could kill and a virus for which we had no cure. So you really had to think beyond the square to come up with solutions to combat it."

Carr agrees: "Thanks to the needle-exchange program, we've not seen the large spread into the general community that other countries had. HIV would have gone from gay men, to gay injecting drug users, to straight injecting drug users, and then to everyone. We never had that."

By the early 1990s, new infections were decreasing and the World Health Organisation (WHO) singled out Australia for its proactive response.

Still, the prognosis remained bleak for those with the virus. As their immune systems faltered, patients inevitably developed AIDS, and although medications could treat associated complications – things like pneumonia or severe weight loss – nothing could be done to repair their actual immune system.

"YOU CAN **QUIT YOUR** JOB, TURN TO **DRUGS AND FUCK UP** YOUR LIFE, OR YOU CAN **JUST CARRY** ON LIVING."

"That was pretty much the way things were until 1993, when we started to get some better treatments," says Carr. "But the real turning point was at the end of 1996, when we went from two medicines that weren't enough to control the virus, to three medicines that could."

It wasn't all smooth sailing. "This effective treatment was very difficult: maybe 13 pills, three doses every day-some with food and some on an empty stomach, many causing all kinds of side effects. By the early 2000s, that changed to fewer, safer pills, and today about 60 per cent of patients take a single tablet, once a day, containing all three medicines."

Though there is still no cure for HIV, having a single medication is a massive leap forward – especially considering the difficulties associated with taking dozens of medications; a regime that was not only hard to adhere to, but one that was also psychologically tough on patients.

"To take 13 tablets, three times a day, was not only a lot of pills, it was three daily reminders that you had HIV," says Carr. "Now many patients get up, take their tablet and forget they have HIV for the rest of the day. And that's the way forward."

Arguably the biggest indicator of Australia's progress in fighting the virus is that in 2007, Ward 17 South closed. Like many diseases, care went from in-hospital treatment to outpatient services - most patients now taking medication at home and checking in with a GP every few months.

"In the 1980s, life expectancy from infection to death was no more than 10 years," says Carr. "Now, the best estimate is



SCREENSHOTS OF REAPER' ADVERT FROM 1987.

that life expectancy is only slightly shorter than average, by between five and 10 years."

It means people are no longer simply dying from HIV - they're living with it; the virus evolving from a death sentence into a chronic, if manageable, condition.

Despite such advances, HIV is on the rise again. In 1998 there were 645 new cases - in 2013 that number was more than 1200.

"For some 21-year-olds who've never seen their friends die of AIDS, unfortunately they don't see getting infected with HIV as much of a big deal," says Carr. "With that lack of firsthand experience, and real complacency in some, we've seen a lot more 'risky behaviour'."

So what does it mean to be HIV-positive in Australia today? To find out, we spoke to two people living with the virus. The first is Simon*, 30, a friendly, funny, gym-fit and well dressed city professional who became infected while in a steady relationship with another man – the same way 30 per cent of infections occur.

The second is Dr Steven Berveling, a barrister at a leading Sydney law firm who's been living with HIV for two decades. In that time, he's not only completed his PhD, but won three gold medals at the 2010 Gay Games and completed the gruelling 5000km Race Across America cycle three times.

These are their stories.

SIMON, 30 **DIAGNOSED: DECEMBER 3, 2013**

"I was planning to go on a tropical holiday, so I had all my vaccinations. Then a couple of days later I felt as sick as a dog. I went to see my GP, she ran some tests, and I had the week off work. The following week, I got a call saying I needed to see her immediately.

An indicator on one of the tests had shown up positive for HIV. My GP arranged an appointment with a leading HIV specialist, and they did some more tests at the clinic. After this initial appointment, I met with a friend who is HIV-positive, and he told me not to worry because more often than not, everything's OK.

Two days later, I was called to come back in. I took my best mate with me, and there were all these doctors in the room. They asked how I'd been dealing with the situation, and I said as though I had it - and if I didn't, then it was a lucky break. Then one of the senior doctors said: 'well you do.' I thought fuck.

My first question was: 'What do I do?' The doctors said to go on holiday, that

considering how good my stats were, nothing could go wrong over the next three months. They assured me it wasn't the '80s and that it wouldn't affect my life. That night I went to dinner and a movie, then home to bed. I thought I would feel different, but I didn't.

I had been in a committed relationship for six months. I was really fastidious with getting tested every three months but everybody takes risks – gay, straight or bi. It's not all sex parties or random hook-ups – a lot of people are getting infected when they're in relationships, they just don't know because they aren't testing regularly.

I expected some negativity from people, but that's probably because I acted that way beforehand. But my friends have been really supportive and understanding, and have really educated themselves on the issues. They've been my backbone. Of course there are those in Sydney who would just love to stick it to you, but it says more about them than me.

Since being diagnosed, I've actually been driven to achieve more career-wise than I did beforehand. Some of my colleagues know I'm HIV-positive, including a member of our senior management team, and she's been incredibly supportive. You don't tell people you have asthma or diabetes – nobody needs to know. But it would be great to be able to open up about it because some people have a really tough time dealing with it, and suicide is common among HIV-positive people. The stigma really kills.

I've been positive for 18 months and I'm not on medication. I've been extremely lucky that my T-cell count [an indicator of the health of one's immune system] is uniquely high and my viral load [the amount of HIV virus in the blood] is negligible. It's an indication of lifestyle factors – we eat better, exercise more, and generally have healthier lifestyles than previous generations who had to deal with this. And I thank those people for all the sacrifices they made. I'm happier and healthier than I've ever been.

In Sydney, HIV is the elephant in the room. Cases are increasing and so many people are being diagnosed, but nobody's talking about it. It worries me how frequently people talk about bareback [unprotected] sex. Not that HIV is going to ruin your life, but you'd rather not have it.

This thing is just a bit of a bitch – but I'm a bigger bitch. You can quit your job, turn to drugs and fuck up your life, or you can just carry on living. The story I want to get out to people is it's not going to change your life, so don't let it define you. I'm not sick – I just have HIV."

DR STEVEN BERVELING, 57 DIAGNOSED: MAY 6, 1996

"For about two months before my diagnosis, I wasn't well at all. I could function, but I was at 80 per cent – I was just feeling low. We did a number of HIV tests and they all came back negative. Then in early May, we did another one and on the Monday morning, my GP rang and told me to go straight to hospital.

By the time I got to St Vincent's Emergency Department half an hour later, I could barely walk. After a quick examination by the emergency doctors, I was sent straight upstairs – and I knew that meant Ward 17. Later that morning it was confirmed I had HIV and my viral load was 2.2 million – 100,000 is considered very high. The virus was having a party in my body.

At lunchtime, I overheard two nurses saying they had made an appointment for me at the morgue. I told them to cancel it. I was in hospital for 13 days, and I also contracted viral meningitis while I was there, which was caused by the virus.

I'd been aware of Ward 17 South and the good things it did because some of my friends had been in there. My perception of the care and compassion was confirmed the instant I arrived as a patient – staff made me feel so comfortable and cared for. They were phenomenal.

In 1996, I had to take medication three times a day, with no food for two hours before and an hour afterwards. I took mine at 10am, 6pm, and every morning the alarm

would ring to take the third dose at 2am. Now I only take two tablets at night when I go to bed, and see my doctor roughly once every six months.

Before my diagnosis, I was always reasonably fit – it didn't occur to me most people don't cycle 50km before work, three times a week. Then 1996 happened, I got sick, I also lost my eyesight and worried what the ambulance people would do if I crashed my bike – so I stopped riding. It took 11 years to return to cycling and it was great when I finally got back into it.

I'd known about the Race Across America, but the turning point was January 2010, when President Obama relaxed visa restrictions for people with HIV [patients were previously banned from entry]. That was when the race became a reality. We had a four-man team and it took six and a half days to cover the 5000km, and then we did it again in 2012, but with two positive and two negative people.

It's still uncommon for people to disclose they have HIV – it's not exactly the kind of thing people talk about at work or with family or friends. I suspect a lot of the stigma has to do with the fact HIV combines three things which our society is not good at discussing: sex, illegal drugs and death. Luckily, the new medications assist greatly and HIV is no longer the death sentence it once was.

The only way to dispel [the stigma] is to show that we're human beings. It's so easy to attribute negative things to a group of people if we don't know anything about them. The general community has come to learn that gay people have jobs, love people, and go to the supermarket – just like everyone else. When you boil it down, there's no difference between us at all, and the same applies for people living with HIV.

The reason I've pushed myself so much is twofold. One is to show that people with HIV can do all this stuff, and the second is to encourage those with HIV to live life. Why let HIV hinder what you love? I've already done the Race Across America three times and I did my doctorate because I have HIV, so personally I don't need to prove anything. But at the same time, I feel I have an awful lot to prove – to be able to say that I can do this too."

"I OVERHEARD
TWO NURSES
SAYING THEY
HAD MADE AN
APPOINTMENT
FOR ME AT THE
MORGUE. I
TOLD THEM TO
CANCEL IT."

DR STEVEN BERVELING

THE BOBBY GOLDSMITH FOUNDATION AND ACON AUSTRALIA RUN PROGRAMS FOR PEOPLE WHO HAVE BEEN NEWLY DIAGNOSED POSITIVE. FOR MORE INFORMATION, VISIT HIVEQUAL.ORG AND AIDSMAP.COM

PHOTOGRAPHY HAROLD DAVID STYLING BARNABY ASH

THE COLLECTIONS

THE SS15 TRENDS AND STANDOUT PIECES FROM THE INTERNATIONAL RUNWAYS.

PRADA

Mohair jacket, \$3610, cotton shirt, \$600, and mohair trousers, \$1100, all by **Prada**.



















PHOTOGRAPHY CARLOTTA MOYE STYLING BARNABY ASH

FRESH



PRINTS

BUSY UP YOUR APPROACH WITH A NEW TAKE ON '70s PATTERNS - CADILLAC OPTIONAL.



 $Cotton/nylon\ bomber\ jacket,\ \$1210,\ and\ cotton\ shirt,\ \$305,\ both\ by\ \textbf{Paul\ Smith};\ cotton\ jeans,\ \$770,\ by\ \textbf{Burberry\ Prorsum}.$







Cotton polo shirt, approx. \$157, by **Orlebar Brown** at **Mr Porter**; cotton pants, POA, by **Salvatore Ferragamo**; gold 'Tank Anglaise XL' watch, \$52,000, by **Cartier**; metal sunglasses, \$200, by **Ray-Ban**.



Mohair 'Tricotina' jacket, \$3320, by **Prada**; cotton shirt, \$240, by **Paul Smith**; wool/silk trousers, \$1775, by **Ermenegildo Zegna**; leather 'Rum & Raisin' belt, \$475, by **Salvatore Ferragamo**; rose gold 'CT60 Chronograph' watch, \$21,400, by **Tiffany & Co**; bracelet, stylist's own.





THE AMBITIOUS MAN'S HANDBOOK on CAREER DEVELOPMENT, FINANCE, SELF IMPROVEMENT and BUSINESS.

THE POWER BOARD

THE SECRETS OF SUCCESS ARE WOVEN INTO THE FABRIC OF THESE MEN. AND THEIR VALUABLE INSIGHT WILL HELP RAISE YOUR PROFESSIONAL GAME.

he world of corporate high-flyers is a jungle enemies at every turn, undercutting your market shares, or folks on the other side of politics seeking to undermine ideas and authority.

Which is why these five power players are, without doubt, alpha males. They have to be, or they'd never survive.

As a rule, alphas get a bad rap - they're assumed aggressive, arrogant and hardwired to win at all costs. Harnessed in the right way, however, Type-A male traits make the business and political world spin. They can inspire, motivate and teach peers around (and beneath) them. Though how such masters of their domains run companies, and their lives, may throw up a few surprises.

We ask six questions of these successful men – so take note and do your best.

THE QUESTIONS: OW DOES E RUN HIS BUSINESS? HOW DOES HE PRESENT **HIMSELF?** HOW DOES • HE SPEAK TO PEOPLE? WHAT FACTORS LENSURE HE HAS A DECENT WORK/ LIFE BALANCE? THOW DOES HE •) PLAN HIS DAY? • HIS BIGGEST POWER PLAY?



3. "I listen to everybody. I ask their opinion, I listen and then I decide and that's what we do."

4. Exercise, either a stroll or a workout with his trainer, takes place first thing. He goes for walks along Bondi Beach and spends weekends with his family.

5. At home in the evening, Triguboff goes over the day's issues and prepares for necessary phone calls in the morning.

6. After finishing his first home (the builder turned out to be hopeless), Triguboff bought a block of land in the Sydney suburb of Tempe and began building a block of eight apartments. "When I bought the land it was next to a rubbish tip," he said. "Naturally, that affected the value of the units. But because planes flew directly over the property and seagulls feeding on the rubbish were always getting sucked into the engines, the council moved the tip. Suddenly the value of the units shot up."

"AFTER A TOUGH SET OF TALKS, IT IS GOOD TO GO **OUT FOR A DRINK** AND GET IT OFF YOUR CHEST."

RICHARD BRANSON

MARK BOURIS

CHAIRMAN, YELLOW BRICK ROAD

- **1.** "I suppose I'm demanding," says Bouris. "I take the view that I get the best people possible to work for our organisation that's number one. And then I basically drive each one of those people. Push them, cajole them, give them a hug when they need a hug."
- **2.** This silver fox rocks a dark tailored Armani suit and a Rolex from LK Boutique. And good looks have helped him become one of the new breed of CEO, whose roles are pushed into the public realm and play with celebrity.
- **3.** "I don't understand small talk. I can do it, but it's more of a performance." For Bouris, clear, concise communication with a purpose is the name of the game, though he's known for being very down to earth. A boy from Western Sydney he's proud of his heritage and knows what it's like to come from little.
- **4.** Family time at their farm near Byron Bay, and watching his beloved Sydney Roosters (he's on the board).
- **5.** Sets the alarm for 4.30am, checks emails, then hits the gym. Doesn't take meetings before 9.30am and finishes most days by 7pm. "I then check my emails again and aim to clock out at 9.30pm."
- **6.** Selling Wizard Home Loans to global giant GE for \$500m in 2004.

RICHARD BRANSON

- 4 /T/L D : 1 1:
- **1.** The Brit believes in surrounding himself with the best people and, "giving them the freedom and encouragement to flourish."
- **2.** As a humble everyman in open-neck shirts. "Mingle like a common man, go ahead like a bullet" is a mantra.
- **3.** Confidently, if inclusive. "After a tough set of talks, it's good to go out for a drink and get it off your chest. You may have a sore head in the morning, but confiding in your team will help put everything into perspective."
- **4.** "All work and no play makes Jack a dull boy." An adventurer with a maintained, childlike sense of wonder it's all about hotair balloons. And spacecraft.
- **5.** Wakes up at 5am to catch up on news and emails, so there's time for his family and exercise. Writes a daily to-do list and works through it each and every day.
- **6.** Signed the Sex Pistols in 1977 Virgin Music went on to become one of the world's top record companies.

ELON MUSK

CEO AND CTO, SPACEX; CEO AND CHIEF PRODUCT ARCHITECT, TESLA MOTORS; CHAIRMAN, SOLARCITY: CO-FOUNDER, PAYPAL

- **1.** The Wall Street Journal reported Tesla staff as saying the South African innovator was inspiring, if exhausting former employee Ricardo Reyes once labelling Musk "very demanding he only wanted 'special forces' working for him. No normal people."
- **2.** A guy who doesn't have time for fashion, often sports T-shirt and jeans, and a blazer to dress up things if speaking publicly.
- **3.** "I will never give up, and I mean *never*," he said to his employees (having blanked the media) after his Falcon 1's third failed launch. Chimed ex-SpaceX employee Dolly Singh: "We'd have followed him into the gates of hell carrying suntan oil after that."
- **4.** Reportedly works 100-plus hours a week, and has taken to 'batching' to fit in time with his five sons responding to emails while playing with them. Also plays tennis (infrequently) and is a voracious reader of books on his smartphone.
- **5.** Musk splits his days between SpaceX's LA HQ and Tesla in San Francisco. Friday is time for both Tesla also has offices close to SpaceX. He walks the factory floor every day when at the rocket technology business.
- **6.** After selling Paypal to eBay for \$1.9bn in 2002, Musk stepped away from internet-based companies and invested in his own businesses. He's also been on *The Simpsons*.

BARACK OBAMA

PRESIDENT OF THE UNITED STATES

- **1.** Leaves the minutiae to others. "I don't want to make decisions about what I'm eating or wearing I have too many other decisions to make," he's said. He also asks that decision-making memos have three check boxes: 'agree', 'disagree' and 'let's discuss'.
- **2.** Classy, yet simple. His signature suit is a dark-toned, single-breasted jacket, single-pleat trouser with three-centimetre cuffs (Chicago's Hart Schaffner Marx is the POTUS's preferred tailor).
- **3.** For oration, the guy gets an A+ always composed and on message. Also unafraid to show empathy.
- **4.** Organises regular basketball games with a group of Washington friends. On the road, he bans news programs from being screened on the television: "We watch *SportsCenter* and argue about that."
- **5.** Three parts of his day are non-negotiable: a 45-minute workout when he wakes at 7am; dinner with his wife, Michelle, and two daughters, Natasha and Malia Ann; the time after his family goes to bed when he catches up on work.
- **6.** "Yes We Can" was a call to arms. The changes to make the US a better place were going to be tough, but he would lead those who were willing to go for it, despite the recent pushback and struggles with the Senate.







THE BUSINESS

NAME JOHN **McGRATH**

McGRATH REAL ESTATE

NAME AN AUSTRALIAN REAL **ESTATE AGENT? YES, INTRODUCING** THE MAN WHO NEEDS NO INTRODUCTION - A HIGH-SCHOOL "FAILURE" WHO'S GONE ON TO BECOME THE COUNTRY'S MOST POWERFUL REALTOR.

I WAS TERRIBLE AT SCHOOL BUT GOOD AT SPORTS.

That was the career I was pursuing, but then my left lung collapsed twice in a month, and I couldn't play rugby league again. Aged 18, I was forced to rethink my career. I stumbled across real estate as something that excited me, and it was also something that quite frankly didn't need a good HSC pass mark, or any pass mark at all. I DIDN'T HAVE INSTANT SUCCESS IN REAL-ESTATE SALES, IT TOOK ME A YEAR OR TWO BEFORE THINGS STARTED MOVING. At that point, I had doubts as to whether I was doing the right thing. But I continued, pursued it, and eventually gathered some momentum. I STARTED THIS BUSINESS WHEN I WAS 24 AND THERE WAS AN EARLY STAGE WHERE I DIDN'T THINK WE WERE GOING TO MAKE IT. It was a couple of years in, and I didn't have sufficient funds to pay all the staff's wages. My accountant rang and said, "We need to go and see the bank asap." That would have been the death of my business. Like a lot of things in life, you look back on dark moments and they end up being your best lessons and the greatest gifts, though they come wrapped in strange packages. **EVEN IF YOU'RE A GOOD PERSON WHO WORKS** HARD AND CREATES GREAT CUSTOMER **EXPERIENCES AND GREAT RESULTS, IT DOESN'T** MEAN YOU'RE GOING TO SURVIVE. Small business can be brutal. Invariably, it's highly competitive - every competitor wants every

THE DIRECTION WE WERE

GOING, but you have times where you wonder if you're going to get through. I never wondered if I was doing the right thing though - and it was exactly where I wanted to be. But you definitely go through the scary feeling at night, when the light's off, and you can't sleep. You're thinking about all the challenges the business is throwing at you.

EVEN IN A BUSINESS THAT'S GROWN SIGNIFICANTLY, YOU NEVER REACH A COMFORT

ZONE, EVER. If you're a dyed-in-the-wool entrepreneur, nothing's ever good enough. I'M NOT AN IDEAL CEO. I'M SURE OTHER CEOs TRAVEL FURTHER, FASTER, BECAUSE THEY **DELEGATE MORE.** Do I really have to know and discuss the menu at the awards night? Maybe not, but I live in the detail. In the process of assessing the detail and challenging people on the small things, hopefully I'm teaching them a certain way of approaching these things. STEVE JOBS WAS THE ORIGINAL INSPIRATION

FOR ME WHEN I STARTED MCGRATH. I'm always looking for people who think outside the box. I saw what he was doing in the world of computers, and I said I want to be the Apple of real estate - to do in our space what he

and technology. There are so many inspiring thinkers and role models around. You just have to open your eves to them. I'VE BEEN FOCUSED ON REAL ESTATE FOR 30 YEARS, SO THERE ARE MANY **INDUSTRIES I DON'T** HAVE A LOT OF **EXPERIENCE WITH.** Listening to the entrepreneurs pitch ideas on Shark Tank [McGrath

did for computers

'sharks' interrogate them, has been a great education to really understand more about a lot of different industries. MY DAYS ARE VERY STRUCTURED. I wake up at 5.30am. I like to do a morning walk to give me a bit of exercise and some thinking time. I often listen to podcasts and audio books while I'm walking, so I kind of multi-task there. Then at 7am I start work – my energy is strongest during the first half of the day.

is a judge on the show], and

listening to the other four

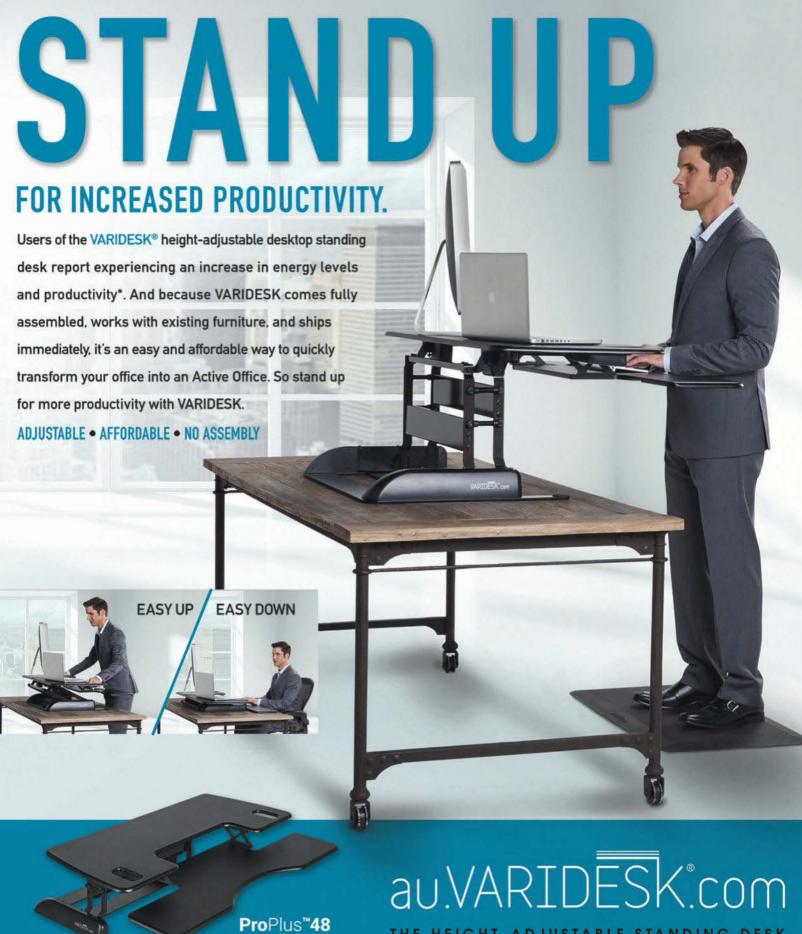
FRIDAY IS MY THINKING DAY. Generally I don't have appointments, and instead focus on reviewing the previous week, preparing for the next one, and giving myself space to think about what we need to be focusing on in the business.

MY ADVICE TO A YOUNGER ME WOULD BE WHATEVER YOU'RE THINKING, THINK MUCH **BIGGER.** I refer to it as 10X. If you're doing \$1m, how do you do \$10m? What's your 10X strategy? How are you going to take a business to a whole new place? Whatever excuse pops into your head, realise it's an excuse and get rid of it as fast as possible.

TWANTED TO DO IN REALESTATE WHAT STEVE **JOBS DID** HTTW APPLE FOR **COMPUTERS.**"

customer you have, and vice versa.

I NEVER LOST FAITH IN WHAT I WAS DOING AND



*According to VARIDESK August 2014 Customer Survey: N=760.

THE HEIGHT-ADJUSTABLE STANDING DESK

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THE 25-MINUTE MEETING

CATCH-UP SHOULDN'T TAKE ANY LONGER. SERIOUSLY.

e've all experienced it the never-ending sitdown where the discussion goes around in circles until someone calls a halt to proceedings despite no clear picture as to what, if anything, has been decided.

Well, a rethink is needed – to claw back time and drive productivity. Introducing the ultimate 25-minute powwow.

Why 25 minutes? It's based on the period made popular by Italian entrepreneur Francesco Cirillo, inventor of the much-lauded 'Pomodoro Technique', where people focus on a task for 25 minutes, break for five, then get back into it. (It's given the Italian name for a tomato because Cirillo used a tomato-shaped timer.) And many leading global institutions, including The Wall Street Journal, have implemented the approach.

Taking this time frame into boardroom meetings means first setting out a clear written agenda. "A stated purpose, both for the overall meeting and for each item on the agenda, will give direction," says Matt Cowdroy from Think Productive.

"Send [the agenda] at least a week before a meeting," chimes Jon Yeo, productivity consultant and curator of TEDxMelbourne, stipulating more time should be given if research is to be done prior. "Otherwise people just wander in not knowing what's going on."

Another factor necessary for highly-productive meetings is a facilitator. And never automatically assume that should be the most senior person in the room.

"I usually run team meetings until I've identified someone in the room who has leadership capabilities or expertise in the area of discussion," says Yeo. The facilitator has to be a strong character respected by others in the room, so if the conversation goes off track they can quickly steer it back.

But what of the occasions when an agenda might not seem appropriate - perhaps a meeting with a potential client or new business partner?

"It's a good idea to start with a five-minute discussion, to define the purpose of the meeting," says Cowdroy of those instances. "That also serves as a good icebreaker and presents an opportunity to learn what the other person wants from the meeting." Over to you.

THE FOUR 'Ps' OF BEING CONCISE

TO GET IN, MAKE A DECISION, AND GET OUT, FOLLOW THESE TIPS FROM RUSSELL SCOTT, **BUSINESS PRODUCTIVITY SPECIALIST** AND AUTHOR.

PURPOSE - Why are you having this meeting? "If you don't know, don't have it," says Scott. "Ask the organiser what the meeting is intended to achieve. If they don't have a decent answer, don't go. Your time is better spent elsewhere."

PREPARATION - What needs to be done beforehand? "If they don't do it, they're wasting everyone's time and should be called out on that. If the prep's been done, the meeting can be shorter

and more effective." PRODUCT - What do you want to achieve? "Do you need a decision on 'x'?

Do you need agreement on options so you can progress? As Stephen Covey **[author of The Seven Habits of Highly** Effective People] says, 'Begin with the end in mind.'

PROCESS - What will be covered in the meeting? "This could either be an agenda or bullet points, noting who leads the discussion on each, and the maximum time they have."





GQ INC.

ARIA MOMENT

"That's from 2012 when we inducted Yothu Yindi into the ARIA Hall of Fame. And that's them on stage with Dan Sultan, Jessica Mauboy and a couple of the Farris brothers [INXS]. It was a very powerful moment."

CERTIFICATE

"I won the Fulbright Scholarship to do my masters in law and business at New York University. Australia's the best country on the planet and New York is one of the best cities – an incredible place to immerse yourself in music, politics and more."

ENGINE ROOM

DAN ROSEN

CEO, AUSTRALIAN RECORDING INDUSTRY ASSOCIATION (ARIA)

THE POLICE SYNCHRONICITY ALBUM

"That's the first album I ever bought – aged eight. And it's been with me wherever I've lived. I love the concept of synchronicity, and it's a great album – I remember Mum telling me that 'Every Breath You Take' won song of the year at the Grammys in 1983 – I was so happy."



TURNTABLE

"Vinyl's made a comeback. Some of that's a reaction against digital and it's also a physical manifestation of a person's fandom. I mostly listen to music digitally, though I still play CDs in the car and for special occasions, I stick on a bit of vinyl."

AFL FOOTBALL

"I love footy and I'm a huge Collingwood man. I grew up going to games with Dad every week and played juniors for Melbourne footy club until I was 18. I also got to play on The Footy Show once – through the great man [Magpies president] Eddie McGuire."

STEP INTO THE OFFICE OF THIS 40-YEAR-OLD FORMER FRONTMAN*, LAWYER AND NEW YORK-BASED DIGITAL MEDIA STRATEGIST – a one-eyed Collingwood fan who's gone from cutting out the ARIA charts as a boy to now ensuring the Australian music body hits all the right notes.

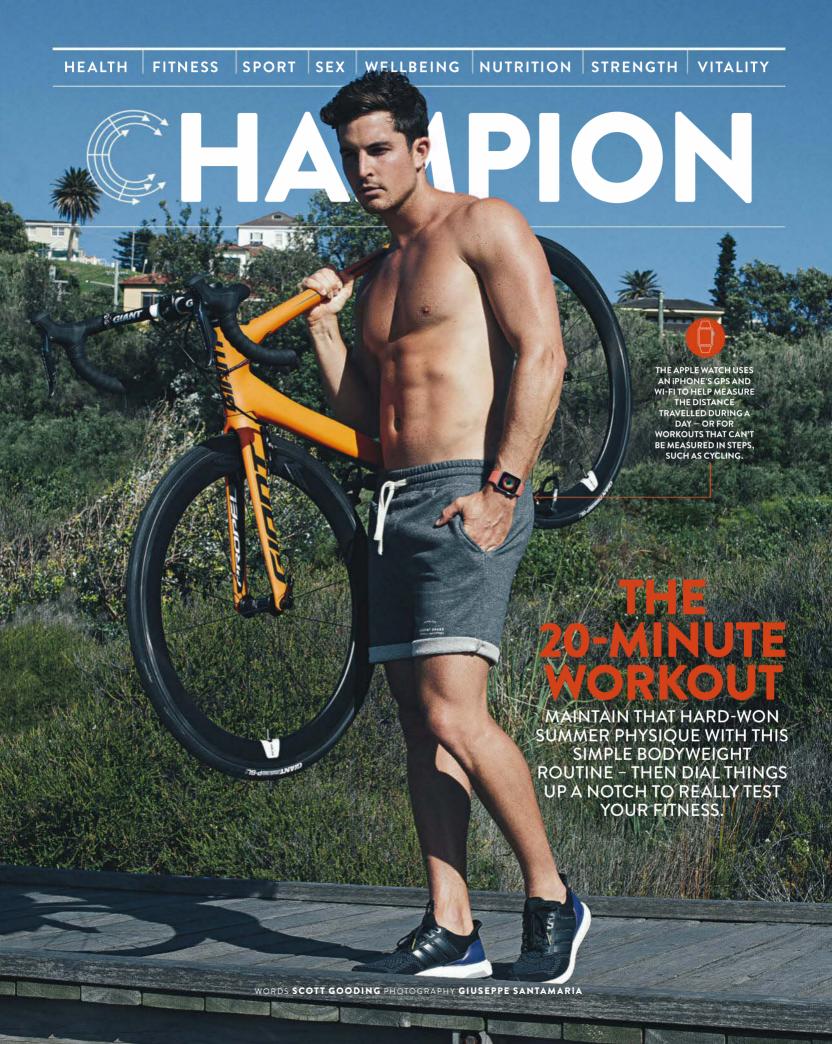
ARIA NUMBER ONE TROPHY

"This is a new innovation we developed last year – something we could give to artists, whether they're Australian or international, as they go to number one. They can then put it on Twitter, Instagram, or post a video. It's been really well-received – and is great for the ARIA brand."

BOOKS

"I'm a massive reader – I have two or three on the go at any one time – fiction, non-fiction. I also read about technology and how that's adapting – whatever industry you're in, you have to understand tech and music really is a digital industry these days."







hen it comes to maintaining fitness, don't try to reinvent the wheel. Instead, belt through this 20-minute routine, aimed at keeping things simple and you in good nick. Do each exercise back-toback, the idea being to complete as many sets as

And in this GQ exclusive, we put the Apple 'Sport' Watch to the test to show how it can take a workout to the next level. Ready? Go.

possible in the allocated time (we managed four).

ELEPHANT WALKS

Five repetitions.

- Stand upright with feet shoulder-width apart.
- Flex at the hips to place hands flat on the ground, while keeping legs as straight as possible.
- · Slowly walk hands away from feet until your two points of contact are as far apart as possible. The end stance is a superman position.
- Hold this momentarily before walking hands back towards feet, keeping legs straight and through to standing.
- · Repeat the exercise.



AIM TO PERFORM INCREMENTAL STEPS WITH YOUR HANDS AND STABILISE THROUGH THE HIPS AS YOU PROGRESS.

VARIATION

ONCE YOU REACH AN END POINT, DROP DOWN ONTO YOUR **FOREARMS BEFORE** RETURNING TO HANDS AND WALKING THEM BACK TO YOUR FEET.



SPIDERMAN PUSH-UPS

10 repetitions on each side.

· Begin facedown in a 'high plank' position, with arms fully extended and feet shoulder-width apart. Don't let your body bow at the hips - there should be a straight line from ankles to shoulders.

• Start by bending elbows and lowering

your body towards the ground.

- · As you descend, raise left leg off the ground, rotate left hip to bring left knee to the outside of left elbow.
- Your foot should be flared out to the side and parallel to
- the ground. As you ascend from the push-up, return foot to the start potion.

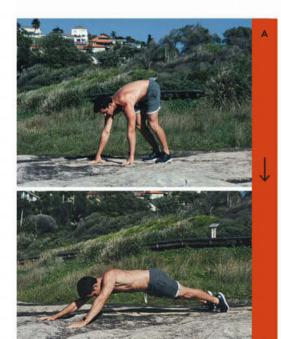


GENTLY TAP YOUR ELBOW WITH YOUR KNEE WHEN DESCENDING INTO THE PUSH-UP POSITION, WHICH REQUIRES **EXTRA STRENGTH** AND MOBILITY.

VARIATION

PERFORM MULTIPLE REPS ON ONE SIDE WHILE KEEPING YOUR LEG OFF THE GROUND.











400m SPRINT One repetition.

• Map out a 200-metre flat stretch to run to and back (or one lap of an athletics track).

· Once finished, start a new set with five elephants walks, and so on.



SPRINTING, EVEN FOR SHORTER DISTANCES (40-50m), IS A GREAT WAY TO IMPROVE FITNESS. IT'LL CAUSE SOME MUSCLE SORENESS AND LACTIC ACID BUT THE BODY WILL ADAPT TO IT OVER TIME.

BROAD JUMPS

10 repetitions.

- Stand with feet shoulder-width apart.
- Soften knees, bend at the hips, with arms extended behind at roughly chest height.
- Drive down and push off the ground pulling

arms in front of your body as they propel you forward and up. • Land with feet shoulder-width apart and cushion the landing ensuring softness in ankles, knees and hips.



THE KEY IS DOING THE JUMP AT MAXIMUM CAPACITY, AS FAR AS POSSIBLE EACH TIME.

VARIATION

AS YOU LAND, DESCEND INTO A BURPEE THEN PUSH UP AND RETURN TO YOUR FEET.





CROSS-BODY MOUNTAIN CLIMBERS

20 repetitions on each side.

- · Start in a 'high plank' position (see Spiderman push-ups).
- · Drive left knee towards right wrist,

rotating through your hips and mid-section.

 Immediately return leg to the start position and bounce instantly onto the opposite side, bringing right knee to left wrist.



THIS IS A HIGH-ENERGY EXERCISE, SO EACH MOVEMENT SHOULD BE PERFORMED QUICKLY.

VARIATION

IMAGINE A LINE RUNNING THROUGH YOUR HANDS AND BEYOND, AND AIM TO GET YOUR TOES ON THERE.



STRENGTH HOT **PILATES**

INTRODUCING THE WORLD'S COOLEST. SWEATIEST FITNESS TREND.

At first, we assumed the studio's aircon was kaput. But turns out the balmy 27°C greeting us wasn't an accident. Nope, welcome to Hot Pilates, a new supercharged version of the original that will have you sweating like a, well, insert your pun of choice.

Combining the heat of Bikram yoga with the slow, strong, core focus of Pilates, the workout is both intense and addictive.

"Adding heat to the equation increases the benefits of Pilates because it ups the work rate," explains Lucinda Mills, founder and instructor at One Hot Pilates in Melbourne, the first Australian studio of its kind, with a clientele that's 40 per cent gents. "There's a real buzz about it."

BENEFITS

"Your heart pumps that much faster to cool you down," says Mills. And instead of spending the first 15 minutes warming up, your muscles are already more limber, so can get straight down to business. "Most men who aren't particularly flexible can go deeper into the positions." Fascia tissue - the connective muscle coating that hurts like a bastard when pressing a thumb into your thigh softens at higher temperatures, and working fascia is what creates longer, leaner muscles.

ADDED EXTRAS

If you're coming back from a minor injury or trying to power up another discipline. Hot Pilates can get you there. "Any Pilates allows you to do whatever else you do with more power and safety," says Mills. "When you're strong and well-connected in the core, you get a lot more out of your body." The body's metabolism also receives a boost, as circulation goes into overdrive.

DOWNSIDE

Whether detoxing is a genuine physiological phenomenon - or something Gwyneth Paltrow made up to sell cookbooks - the benefits of excessive sweating could be mostly psychological. Either way, we'll take it. As with paddleboard yoga, master cleansing and green juicing, Hot Pilates' primary risk is to have devotees sound like tools.

The best solution is to avoid mentioning this new practice at dinner parties - though if you catch yourself using the word 'wellness', you've already

GEAR Wicking and ventilation are key to kit selection. Nike's

gone too far.

'Dri-FIT' tops ('Touch Tailwind' tank, approx. \$50; nike.com) and Lululemon's 'Surge' shorts with a boxer-brief lining, made from ultra-wicking performance fabric (\$79; Iululemon.com.gu) keep you cool, dry and appropriately under wraps. Mat-wise, an absorbent Bikram one with a microfibre top layer is the way to go ('The Tiger Mat', \$75; redtiger.com.au) so once the heavy sweats start, your session doesn't turn into a trip to Wet'n'Wild. A decent chamois towel is also a must ('Microfibre' towel, \$19.99, by Sting; rebelsport.com.au). We also recommend some terry-towelling sweatbands, to channel '80s Andre Agassi - minus the wig. ■

"WHEN YOU'RE STRONG CONNECTED IN YOUR CORE, YOU **GET A LOT** MORE OUT OF YOUR BODY."

MELBOURNE'S ONE HOT PILATES IS THE FIRST OF ITS KIND IN AUSTRALIA, WITH A SYDNEY STUDIO SET TO OPEN NEXT YEAR.

WHERE TO GO



ONE HOT PILATES, 48 RIVER ST, SOUTH YARRA; ONEHOTYOGA.COM.AU





GEAR

RING

FEW WORKOUTS COMPETE WITH BOXING. AND WHILE WE CAN'T **TEACH YOU TO JAB LIKE** MAYWEATHER, HERE'S HOW TO LOOK THE PART - BLING NOT INCLUDED.

1. GEL-INJECTED HAND WRAPS, \$24.95, BY MORGAN.

Throwing a few hundred punches, it's easy to damage knuckles and wrists, even in gloves. These next-gen hand wraps feature gel pods to absorb impact, while an air-cooling system and neoprene body ensure your fists stay cool and dry.

2. 'FREE TRAINER 3.0 V3' SNEAKERS, \$160, BY NIKE.

Don't feel like prancing about the gym in boxing boots? These cross-trainers are great for even the most strenuous workouts. Hexagonal grooves offer six different flex points for responsive movement, while the carbon-rubber outsole resists wear and tear.

3. LEATHER 'ARMALITE' BOXING GLOVES, \$49.99, BY STING.

After 20 minutes in the ring, your arms are going to feel heavier than a Dostoyevsky novel, so choose gloves that offer protection, without too much extra weight.

4. COTTON-BLEND HAND

WRAPS, \$10 (2.5m), BY ADIDAS. If the new gel-style breed of hand wraps feel a bit bulky under gloves, these still offer snugly-bound protection.

5. 'ENDURANCE PRO' FOCUS PADS, \$59.95, BY MORGAN.

Focus pads give punches a forgiving landing spot - and with a 5.5cm multilayered latex core, plus a 4cm wedge for wrist protection, this pair is a must for boxers, trainers or anyone who swaps between the two.

6. 'CLIMACHILL' T-SHIRT,

\$49.99, BY ADIDAS.

Most boxers go shirtless, but this sleeveless top is a happy middle ground. Aluminium cooling dots and the 'Climachill' fabric help beat the heat.

7. 'DELUXE SPEED' SKIPPING ROPE, \$14.95, BY MORGAN.

Nothing will get you fitter faster than a daily skipping session. This rope is made from high-grade nylon, while the wooden handles add retro flair.







THE HUMAN BODY GIVES OFF ENOUGH HEAT EVERY 30 MINUTES TO BOIL NEARLY TWO LITRES OF WATER.



THE

TOY

t's every man's worst fear. Opening their girlfriend's knicker drawer and finding a battery-powered replacement sitting there, waiting to take your place. But vibrators aren't unwanted competition – they're actually on your side. American website Good in Bed found that being sexually adventurous increased couples' satisfaction level – and incorporating a sex toy was the most pleasurable add-on for women. In the right hands, a vibrator will improve your love life, and turn good sex into great sex.

That's a win in our book.

FEELGOOD

CONDOMS

'Have sex, save a life, save the

world'? Sounds like a good

for HERO condoms - for

deal. It's actually the tagline

every one bought in Australia,

another is given out for free in

Botswana, attempting to stop the spread of HIV in a country

where one in four people aged

15-49 live with the virus. Yes,

be such a good idea.

Regular or super-thin

herocondoms.com.au

condoms, \$10 (pack of 12)

really. Rubbering up has never

herocondoms.com.au

SWEDISH SEX-TOY GIANT LELO. AND IT'S PURPOSEFULLY DESIGNED TO WORK WITH - NOT AGAINST -MEN, INSERTING IT DURING SEX **GIVES HER EXTRA CLITORAL AND** G-SPOT STIMULATION (ALWAYS A GOOD THING) WHILE YOU STAY IN CONTROL, TILTING OR TURNING THE REMOTE. SLEEK SCANDI DESIGN ALSO MEANS THE PEARL-CLUTCHING WILL BE KEPT TO A MINIMUM, SHOULD THE CLEANER STUMBLE UPON IT ON THE BEDSIDE TABLE. \$209: LELO.COM



THE HABIT OF COLLECTING TINDER MATCHES WITHOUT ACTUALLY TRYING TO CONNECT WITH A SINGLE ONE OF THEM. YOU WOULD... IT'S JUST THAT YOUR

Tinder A.D.D (v.)

FINGER'S TIRED.

Sex **Podcasts**

SAVAGE LOVE WAS THE KING OF SEX PODCASTS? YOU'RE PROBABLY RIGHT. **BUT DOWNLOAD THESE** THREE FREEBIES TOO.



Kinsey Confidential

The official podcast of Indiana University-based Kinsey Institute - whose mission is to advance sexual knowledge. Presented by one of its lead researchers, Dr Debby Herbenick, it's only a few minutes long but great for tackling sexual insecurities - and learning how to communicate them. kinseyconfidential.org



Sex Nerd Sandra

Part of Chris Hardwick's epic Nerdist Industries, sex educator Sandra's show has been downloaded some nine million times. Aimed at men and women, it features guest stars talking frankly, hilariously and without judgement on everything from the portrayal of sex on TV, to hook-up culture, and golden showers. The usual, then, nerdist.com



Until recently, you had to cough up if you wanted to listen to legendary US call-in show Loveline. Now the pay wall's gone (along with the annoying ads), leaving 90 minutes of real people's sex confessions. Hosted by radio presenter/comedian Mike Catherwood and Dr Drew (of Celebrity Rehab fame), it's filthy, funny - and who knows, you might even learn something. lovelineshow.com

204 GQ.COM.AU MAY 2015



that's LOCATE Super

The smart generation of super is here.

brightday combines superannuation with super advice, online.

Find out what the future of super looks like at brightday.com.au



Super the way you want it



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springcourt.com.au **Sting** rebelsports.com.au

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+GQDIRECTORY

THE MODERN MAN'S DEFINITIVE GUIDE TO ESSENTIAL SHOPPING AND SOPHISTICATED STYLE.

KEEP TIME

The limited-edition 'Engineer Hydrocarbon Hunley' from Ball features a 42mm stainless-steel case with a power-reserve indicator, screw-down crown and luminous ceramic bezel. It's water resistant up to 200m and the bold, masculine look and tapered stainless-steel strap ensure this watch is as stylish as it is practical. ballwatch.com





FACE FACTS

Dr Joseph Elias Hkeik at Sydney's All Saints Cosmedical Clinic offers a range of facial rejuvenation procedures specifically for men. He believes his conservative, individualised approach is key to achieving natural-looking results. *allsaintscosmedical.com.au*

DRIVE AWAY

TaylorMade Golf describes the 'R15' as its 'most technologically advanced driver ever'. It features a low-forward centre of gravity, sliding weights and a new front track system that acts like a speed pocket to reduce spin and increase the size of the sweet spot. For more information, call 1800 700 011 or visit taylormadegolf.com.au





BACK IN BLACK

Antipodean menswear label Joe Black has been dressing discerning gents in well-tailored suits since founder Joseph Macky landed in New Zealand in 1867. The AW15 collection is available from Joe Black stores in Melbourne and from David Jones and select menswear stores in Australia and New Zealand. A made-to-measure service is also available at Joe Black stores. joeblack.com.au



With Dr Warwick Nettle specialising in facial surgery and Dr Amira Sanki providing the latest procedures for the body, Silkwood Medical has all your cosmetic enhancement needs covered. The Sydney clinic also offers innovative non-surgical treatments such as 'CoolSculpting'. silkwoodmedical.com.au

HEROINE CHIC

Wheels & Dollbaby's unique blend of luxurious fabrics and playful style has earned the iconic Sydney label a cult following of cool girls around the world, including Debbie Harry, Georgia May Jagger and Dita Von Teese. The AW15 collection, 'La Belle Heroine', lives up to this rock'n'roll image with catsuits, bodycon pieces and Sgt. Pepper's-style jackets. wheelsanddollbaby.com

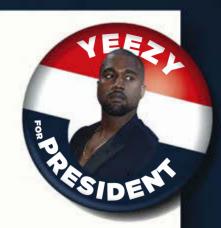




TALLY HO

Inspired by Great Britain's great outdoors, the Ben Sherman AW15 collection combines the brand's signature styles and fabrics with new-season prints, including paisley, tartan, foliage and gingham. There's also a range of accessories for a sharp finishing touch. shop.bensherman.com.au

OPEN LETTER



Dear Kanye,

We need to talk. Hearing this may well be a first for you, but it's time to raise your ambitions. The music and fashion worlds have nothing else to give.

Never has a truer word been rapped than you christening yourself "the most powerful man in pop", but that's just it – why stop at pop? Why not the world?

From Yeezus to POTUS. Yes, with Barack Obama's tenure running down, he's one of only a few individuals who'd make a worthy Kanye opening act. The most esteemed office in the world could definitely do with more swagger, and who better to provide that than 'Ye?

Imagine the reaction when you make Dr Dre minister for health and put Snoop in charge of the DEA. Yeah, that'd be dope. And you can drop that hideous 'Hail To The Chief' song for some fat beats. Or better yet, a Jay-Z 'Empire State Of The Union' mash-up.

Your administration will also slap down those tedious speeches from visiting dignitaries. Just as you've livened up awards ceremonies, who's to stop you from calling bullshit on diplomatic proceedings. Picture it: "Yo Vlad, I'm really happy for you. I'mma let you finish, but Yeltsin had one of the best nuclear proliferation treaties of all time. Ya hear me?"

The presidential wardrobe would get a much-needed makeover too. So long grey and blue suits, hello shell suits, baggy tees and hoods. After all, what president doesn't go jogging in Lanvin? And who says a man can't decide the fate of the free world in drop-crotch pants and \$350 sneakers that he co-created with Adidas. (Major props on the Adidas line, BTW.)

Which brings us to the First Lady in waiting. Kimmy K would usher in glamour and power (not to mention cleavage) – the likes of which haven't been seen since the heady days of Kennedy's Camelot. Because, in KK, America has a role model with entrepreneurial nous and hard-hitting bottom line. Certainly when it comes to a choice of Kims, we're for Kardashian over Jong Un. And think of the live episodes of *KUWTK* pumped direct from the White House – yeah, that'd be more epic than that season when nothing actually happened.

As for baby North, if ever there was a metaphor for the direction in which you're headed, it's there in your own flesh and blood. Man, this is a dynasty to topple all – one that makes the Bush clan look like inbred Texan cattle farmers.

The rest of the world didn't believe it, but you knew you were destined for quasi-messianic status. Now, repeat after us, 'Yes We Kanye.'

Yours truly,

wear it **Mghtorwide**

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